

NCS Meet of Champions - 5/23/2025 to 5/24/2025

Dublin High School

Results

Event 1 Girls 4x100 Meter Relay Varsity

MOC: 45.64 R 1996 James Logan		
47.56 CIF At-Large		
Team	Relay	Prelims
Preliminaries		
1	Pittsburg (Nc)	47.11QCIF
	1) Rockmore, Janai 12	2) Jenkins, Billie 11
	3) Luna, Jacelyn 11	4) Aganju, Amirat Temi 11
2	Castro Valley (Nc)	48.32Q
	1) Lee, Carrie 12	2) Essien, Idara 11
	3) Kovacs, Mia 10	4) Smith, Hailey 12
3	Carondelet (Nc)	48.33Q
	1) Evans, Milan 9	2) Kenion, Kiana 11
	3) Trucks, Tatum 9	4) Velasco, Malia 11
4	Redwood (Nc)	48.42q
	1) Bayon, Julia 10	2) Horn, Annalise 10
	3) Vangorder, Jaden 11	4) Beauchamp, Jenna 12
5	Dublin (Nc)	48.49q
	1) Bayer, Josephine 10	2) Grant-Gurganious, Naeemah 10
	3) Phillips, Kayci 10	4) Hasni, Aaliyah 12
6	St. Marys (Nc)	48.87q
	1) Gant Hatcher, Kira 11	2) Hedgspeth, Berkeley 12
	3) Dwyer, Brooklyn 12	4) Monroe, Mia 9
7	Bishop O'Dowd (Nc)	49.13q
	1) Mitchell, Lanai 11	2) Patterson, Sanai 9
	3) Murphy, Amaria 9	4) DeFlorimonte, Amaya 11
8	Acalanes (Nc)	49.35q
	1) Chinn, Sophia 12	2) Chelemedos, Haley 12
	3) Thornton, Cameron 11	4) Agnost, Isabelle 9
9	Dougherty Valley (Nc)	49.47
	1) Kim, Kaiya 9	2) Caranto, Janika Reese 11
	3) Hernandez, Danielle 12	4) Nishanth, Nikita 10
10	Vallejo (Nc)	49.75
	1) Ashby, Aliyah 12	2) Jejeloye, Gbemisola 12
	3) Midicica, Merisier 9	4) Washington, Zurrie 11
11	California (Nc)	49.83
	1) Love, Lillie 10	2) Lee, Elise 11
	3) Sehring, Kaelah 12	4) Hong, Mia 10
12	Maria Carrillo (Nc)	49.91
	1) Mulligan, Martina 9	2) Carrillo, Tava 9
	3) Morley, Gianna 11	4) Marron, Margarita 10
13	Campolindo (Nc)	49.99
	1) Worster, Sierra 11	2) Graves, Sarah 11
	3) Doane, Eloise 12	4) McCasland, Jasmine 10
14	James Logan (Nc)	50.04
	1) Almaguer, Brianna 10	2) Randhawa, Anaya 10
	3) Castro, Olivia 11	4) Anderson-Brown, Essence 11
15	San Francisc	50.05
	1) Mahdavi, Chloe 10	2) Stelk, Dana 9
	3) Duff, Maggie 9	4) Monks, Sameera 12
16	Alhambra (Nc)	50.11
	1) Miller, Amirah 9	2) Burke, Kylah 9
	3) Palmer, Nina 9	4) Brown, Eva 10

17	Piedmont (Nc)	50.18
	1) Kim, Nia 12	2) Yasar, Ella 12
	3) Williams, Kyla 9	4) Aubrecht, Claire 10
18	Windsor (Nc)	50.47
	1) McMurray, Arielle 12	2) Pell, Kendall 12
	3) Ratliff, Lily 12	4) Malsbary, Kaelyn 12
19	Eureka (Nc)	50.89
	1) Copeland, Aurora 10	2) Ladika, Evelyn 10
	3) Rominger, Elizabeth 10	4) Ortiz, Grecia 11
20	Moreau Catholic (Nc)	50.97
	1) Edwards, Alexa 10	2) Wong, Abigail 10
	3) Okonkwo, Kaakolia 11	4) Walton, Camilla 10
21	Tamalpais (Nc)	51.37
	1) Ulvestad, Tessa 12	2) Karolak, Maja 9
	3) Feher, Anna 11	4) Friedrichsdorf, Johanna 10
22	Montgomery (Nc)	51.81
	1) Rogina, Ariana 12	2) Kinsey, Megan 11
	3) Martin, Mila 11	4) Burgo, Aurelia 11
23	International (Nc)	52.22
	1) Ortiz de Montellano, Zola 11	2) Miller, Marissa 12
	3) Vilderman, Maria 11	4) May, Kaia 11
24	Urban-SF (Nc)	52.34
	1) Weiss, Ruthie 12	2) Rose, Rachel 11
	3) Torres, Ari 11	4) Romano, Oona 11

Event 1 Girls 4x100 Meter Relay Varsity

MOC: 45.64 R 1996 James Logan		
47.56 CIF At-Large		
Team	Relay	Finals
Finals		
1	Pittsburg (Nc)	46.98 CIF
	1) Rockmore, Janai 12	2) Jenkins, Billie 11
	3) Luna, Jacelyn 11	4) Aganju, Amirat Temi 11
2	St. Marys (Nc)	47.62
	1) Gant Hatcher, Kira 11	2) Hedgspeth, Berkeley 12
	3) Dwyer, Brooklyn 12	4) Monroe, Mia 9
3	Redwood (Nc)	48.50
	1) Bayon, Julia 10	2) Horn, Annalise 10
	3) Vangorder, Jaden 11	4) Beauchamp, Jenna 12
4	Carondelet (Nc)	48.56
	1) Evans, Milan 9	2) Kenion, Kiana 11
	3) Trucks, Tatum 9	4) Velasco, Malia 11
5	Dublin (Nc)	48.78
	1) Bayer, Josephine 10	2) Grant-Gurganious, Naeemah 10
	3) Phillips, Kayci 10	4) Hargraves, Mya 10
6	Bishop O'Dowd (Nc)	48.90
	1) Mitchell, Lanai 11	2) Patterson, Sanai 9
	3) Murphy, Amaria 9	4) DeFlorimonte, Amaya 11
7	Castro Valley (Nc)	49.02
	1) Lee, Carrie 12	2) Essien, Idara 11
	3) Kovacs, Mia 10	4) Smith, Hailey 12
8	Acalanes (Nc)	49.39
	1) Chinn, Sophia 12	2) Chelemedos, Haley 12
	3) Thornton, Cameron 11	4) Agnost, Isabelle 9

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Dublin High School

Results

Event 2 Boys 4x100 Meter Relay Varsity

MOC: 41.10 R 1981 Berkeley

41.69 CIF At-Large

Team	Relay	Prelims
Preliminaries		
1 De La Salle (Nc)		41.48QCIF
1) Faavae, Toa 12	2) Jefferson, Jaden 11	
3) Speight, Emery 11	4) Jones-Drew, Duece 10	
2 Pittsburg (Nc)		41.75Q
1) Thompson, Ahmaud 12	2) Searcy, Jamar 12	
3) Bow, Elijah 12	4) Edwards, Tim 12	
3 El Cerrito (Nc)		41.77Q
1) Thompson, Gavin 12	2) Works-Wright, Chad 10	
3) Smallwood, Jaylyn 10	4) Boyer, Michael 10	
4 Cardinal Newman (Nc)		42.07q
1) Carranza, Devon 10	2) Myers, Jesse 12	
3) Bertoli, Jonah 11	4) Cargill, Zion 10	
5 Dublin (Nc)		42.15q
1) Pollard, Miles 12	2) Campbell, Tiras 11	
3) Waiters Jr, Ladell 10	4) Maddox, Nathaniel 12	
6 American Canyon (Nc)		42.45q
1) Locke, Jordan 10	2) Budu, Jona 11	
3) Burse, Jordan 10	4) Baker, Khairee 12	
7 St. Marys (Nc)		42.80q
1) Gabriel, Ahmad 12	2) Jones, Jaden 12	
3) Masket, Reggie 12	4) Fernandez, Jonathan 12	
8 Clayton Valley (Nc)		42.83q
1) Tugbenyoh, Myles 11	2) Dimaurier, Benjamin 10	
3) Smith, Charles 12	4) Okere, Ernest (Ej) 10	
9 Piedmont (Nc)		42.89
1) Mumtaz, Rehan 10	2) Shelby, Sam 12	
3) Ma, Maddox 11	4) Venner, Eric 10	
10 Bishop O'Dowd (Nc)		42.89
1) Sweeney, Ian 11	2) Jones, Cameron P 12	
3) Vu, Spencer 12	4) Ajose, Ayodeji 12	
11 San Ramon Valley (Nc)		43.09
1) Bowring, Webber 12	2) McMullen, Chase 12	
3) Scott, Owen 12	4) Shapiro, Scott 12	
12 Santa Rosa (Nc)		43.20
1) Mills, Daniel 11	2) Thompson, Rashai 11	
3) Cena, Arthur 9	4) Chan, Jalen 12	
13 Heritage (Nc)		43.21
1) Figueroa, Michael 10	2) Douglas-Brown, Wilson 10	
3) Nomeh, Chiemezie 12	4) Baldwin, Gavyn 12	
14 Petaluma (Nc)		43.66
1) Shaw, Daniel 11	2) Horve, Olav 11	
3) Moeckel, Nick 9	4) Garzoli, Jacob 11	
15 Convent and		43.78
1) Syputt, Rhett 12	2) Oenning, Max 12	
3) Hughes, Trey 9	4) Craig, Max 11	
16 Del Norte (Nc)		43.79
1) Velasco, Santiago 11	2) Balent, Landon 10	
3) Ledezma, Mario 12	4) Hanks, Deken 11	

17 Windsor (Nc)	43.98
1) Lopez, Alejandro AJ 11	2) Andreacchi, Domenic 11
3) Zaft, Aspen 12	4) Nowlin, Riley 9
18 Miramonte (Nc)	43.99
1) Chan, Ryan 11	2) Rogers, James 11
3) McManamon, Alex 12	4) Bjornson, Andrew 11
19 Northgate (Nc)	44.10
1) Williamson, Ian 12	2) Kondonijakos, Bodhi 11
3) Simon, Zachary 12	4) Stapf, Trevor 12
20 Berkeley (Nc)	44.12
1) Tombs, Khethani 12	2) Flett, Milo 12
3) Cokes, Finus 10	4) Fahey, Tyler 12
21 James Logan (Nc)	44.62
1) Lealao, Keiden 12	2) Dillon, Asa 11
3) Swamy, Steven 11	4) Phipps, Donovan 9
22 Benicia (Nc)	44.69
1) Espejo, Logan 12	2) Polonia, Aydan 10
3) Wardy, Joseph 9	4) Decatur, Cairo 10
23 Branson (Nc)	45.12
1) Fraser, Whitley 10	2) Armstrong, Braxton 10
3) Fischer, Holden 9	4) Williams, Shiloh 10
24 Sonoma Academy (Nc)	45.30
1) Driscoll, Jack 10	2) Anselmo, Aidan 9
3) Kramer, Liam 10	4) Bouverat, Winslow 12

Event 2 Boys 4x100 Meter Relay Varsity

MOC: 41.10 R 1981 Berkeley

41.69 CIF At-Large

Team	Relay	Finals
Finals		
1 El Cerrito (Nc)		41.02RCIF
1) Thompson, Gavin 12	2) Works-Wright, Chad 10	
3) Smallwood, Jaylyn 10	4) Boyer, Michael 10	
2 De La Salle (Nc)		41.20 CIF
1) Faavae, Toa 12	2) Jefferson, Jaden 11	
3) Speight, Emery 11	4) Jones-Drew, Duece 10	
3 American Canyon (Nc)		42.38
1) Locke, Jordan 10	2) Budu, Jona 11	
3) Burse, Jordan 10	4) Baker, Khairee 12	
4 Cardinal Newman (Nc)		42.45
1) Carranza, Devon 10	2) Myers, Jesse 12	
3) Bertoli, Jonah 11	4) Cargill, Zion 10	
5 St. Marys (Nc)		42.98
1) Gabriel, Ahmad 12	2) Jones, Jaden 12	
3) Diaz-Zepeda, Alejandro 10	4) Fernandez, Jonathan 12	
6 Dublin (Nc)		43.02
1) Pollard, Miles 12	2) Campbell, Tiras 11	
3) Waiters Jr, Ladell 10	4) Maddox, Nathaniel 12	
7 Clayton Valley (Nc)		43.53
1) Tugbenyoh, Myles 11	2) Dimaurier, Benjamin 10	
3) Smith, Charles 12	4) Okere, Ernest (Ej) 10	
8 Pittsburg (Nc)		44.79
1) Thompson, Ahmaud 12	2) Searcy, Jamar 12	
3) Bow, Elijah 12	4) Edwards, Tim 12	

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Results

Event 3 Girls 1600 Meter Run Varsity

MOC: 4:42.79 R 1997 Julia Stamps
4:52.17 CIF At-Large

Name	Yr	School	Prelims
Preliminaries			
1	Lacefield, Amrie	12 Montgomery	5:01.64Q
2	Stieg, Anali (Ani)	11 Archie Williams	5:01.90Q
3	Allen, Farah	10 Branson	5:01.76Q
4	Mogannam, Ella	11 Lick-Wilmerd	5:02.08Q
5	Thomsen, Hanne	12 Montgomery	5:01.79Q
6	Lee, Brooke	11 Archie Williams	5:02.30Q
7	Mallon, Ashlin	10 Cardinal New	5:03.45Q
8	Middleton, Sydney	11 Redwood	5:05.04Q
9	Bumpus, Sade	10 Granada	5:04.36q
10	Kozubik, Kate	10 Redwood	5:06.36q
11	McMahon, Ava	9 Tamalpais	5:09.09q
12	Mullins, Macy	9 Foothill (Nc)	5:09.30q
13	Chhabra, Neha	9 Dougherty Valley	5:09.62
14	Saenz, Dakota	9 Berkeley	5:09.72
15	Nichol, Sophia	11 San Francisc	5:12.25
16	Gill, Meeran	12 Campolindo	5:14.52
17	Mand, Leighton	10 Piedmont	5:23.46
18	Murphy, Nevis	11 Acalanes	5:27.92
19	Audrey, Vilaivan	9 Irvington	5:29.59
20	Nordenholz, Audrey	12 Albany	5:31.15
21	Nacco, Marley	12 Redwood	5:32.22
22	Taylor, Caroline	12 Piedmont	5:32.76
23	Buttitta, Samantha	12 Heritage	5:34.61
24	Pacheco, Paige	10 Castro Valle	5:35.77

Event 3 Girls 1600 Meter Run Varsity

MOC: 4:42.79 R 1997 Julia Stamps
4:52.17 CIF At-Large

Name	Yr	School	Finals
Finals			
1	Thomsen, Hanne	12 Montgomery	4:47.25 CIF
2	Allen, Farah	10 Branson	4:50.49 CIF
3	Stieg, Anali (Ani)	11 Archie Williams	4:51.12 CIF
4	Mogannam, Ella	11 Lick-Wilmerd	4:53.58
5	Lacefield, Amrie	12 Montgomery	4:55.11
6	Lee, Brooke	11 Archie Williams	4:56.00
7	Bumpus, Sade	10 Granada	5:01.34
8	Middleton, Sydney	11 Redwood	5:01.47
9	Kozubik, Kate	10 Redwood	5:01.67
10	McMahon, Ava	9 Tamalpais	5:11.11
11	Mullins, Macy	9 Foothill (Nc)	5:12.98
12	Mallon, Ashlin	10 Cardinal New	5:21.79

Event 4 Boys 1600 Meter Run Varsity

MOC: 4:02.40 R 1974 Rich Kimball
4:12.98 CIF At-Large

Name	Yr	School	Prelims
Preliminaries			
1	Barron, Nicolai	11 Granada	4:26.55Q
2	Griffin-Yeh, Nate	12 Las Lomas	4:30.55Q

3	Langridge, Stefan	12 Internationa	4:26.78Q
4	Fillat, Gilby	12 Tamalpais	4:31.00Q
5	Mulliken, William	12 Archie Williams	4:26.93Q
6	Sagiraju, Arrin	12 Dougherty Valley	4:31.02Q
7	Schmitt, Javin	12 St. Mary's	4:28.27Q
8	Kraska, Ethan	10 San Francisc	4:31.41Q
9	Catanach, Justin	11 San Marin	4:28.55q
10	Dawson, Owen	11 Analy (Nc)	4:29.78q
11	Luong, Issac	11 Kennedy-Fremont	4:29.87q
12	Gaylord, Cormac	12 Analy (Nc)	4:31.75q
13	Alexander, Evan	12 Washington	4:31.88
14	Bertrand, Matthew	11 Granada	4:31.92
15	Moore, Liam	12 College Park	4:32.29
16	Mesa, Taino	11 Granada	4:33.05
17	Post, Corbin	10 Windsor (Nc)	4:33.08
18	Ehrhorn, Caden	9 Campolindo	4:33.08
19	Docherty, Everett	12 Eureka	4:33.35
20	Zimmerman, Harry	11 Acalanes	4:33.55
21	Tesfai, Jmel	11 San Leandro	4:34.54
22	Price, Devin	12 San Domenico	4:35.95
23	Petersen III, Lars	12 Alameda	4:37.76
24	Demissie, Jacob	12 St. Mary's	4:41.85

Event 4 Boys 1600 Meter Run Varsity

MOC: 4:02.40 R 1974 Rich Kimball
4:12.98 CIF At-Large

Name	Yr	School	Finals
Finals			
1	Sagiraju, Arrin	12 Dougherty Valley	4:10.46 CIF
2	Mulliken, William	12 Archie Williams	4:12.20 CIF
3	Langridge, Stefan	12 Internationa	4:13.44
4	Schmitt, Javin	12 St. Mary's	4:14.30
5	Griffin-Yeh, Nate	12 Las Lomas	4:14.50
6	Barron, Nicolai	11 Granada	4:14.79
7	Fillat, Gilby	12 Tamalpais	4:21.25
8	Kraska, Ethan	10 San Francisc	4:27.20
9	Catanach, Justin	11 San Marin	4:30.18
10	Gaylord, Cormac	12 Analy (Nc)	4:32.72
11	Dawson, Owen	11 Analy (Nc)	4:32.78
12	Luong, Issac	11 Kennedy-Fremont	4:38.77

Event 5 Girls 100 Meter Hurdles Varsity

MOC: 13.38 R 2011 Trinity Wilson
14.37 CIF At-Large

Name	Yr	School	Prelims
Preliminaries			
1	Diekmann, Hope	11 San Ramon Va	14.63Q0.9
2	Velasco, Malia	11 Carondelet	15.03Q-0.7
3	San, Emma	12 Dublin	15.24Q1.7
4	Warner, Soleil	11 Bay School o	14.85q 0.9
5	Kim, Nia	12 Piedmont	15.30q 1.7
6	Trucks, Tatum	9 Carondelet	15.34q -0.7
7	Thomas, Jakarah	10 Pittsburg	15.49q 0.9
8	Bey, Maleah	11 St. Mary's	15.64q 0.9
9	Sanders, Daia	10 Bishop O'Dowd	15.79 -0.7
10	Bruntlett, Elaina	10 Sonoma Acade	15.95 -0.7

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Preliminaries ... (Event 5 Girls 100 Meter Hurdles Varsity)

Name	Yr	School	Prelims
11 Osicka, Rachael	11	California	16.06 1.7
12 Mace, Makayla	12	Middletown	16.19 -0.7
13 Carrillo, Tava	9	Maria Carrillo	16.27 1.7
14 Rogina, Ariana	12	Montgomery	16.48 1.7
15 Seefeldt, Adele	10	Alameda	16.55 -0.7
16 Sheehan, Grace	11	Casa Grande	16.56 1.7
17 Belt, Beatrice	11	Maria Carrillo	16.61 -0.7
18 Carey, Samantha	12	Justin-Siena	16.69 0.9
19 Heffner, Helen	10	Vintage	16.69 -0.7
20 Yeung, Cynthia	12	American	16.86 0.9
21 Ritter, Avrey	10	Del Norte	17.39 0.9
22 Countryman Walsh, Amelia	10	Alameda	17.98 1.7
23 Garcia, Halle	11	Fort Bragg	18.11 0.9

Event 5 Girls 100 Meter Hurdles Varsity

MOC: 13.38 R 2011 Trinity Wilson
14.37 CIF At-Large

Name	Yr	School	Finals
Finals			
1 San, Emma	12	Dublin	14.59 1.3
2 Trucks, Tatum	9	Carondelet	14.73 1.3
3 Diekmann, Hope	11	San Ramon Va	14.76 1.3
4 Warner, Soleil	11	Bay School o	14.82 1.3
5 Thomas, Jakarah	10	Pittsburg	15.01 1.3
6 Kim, Nia	12	Piedmont	15.19 1.3
7 Velasco, Malia	11	Carondelet	15.48 1.3
8 Bey, Maleah	11	St. Mary's	15.62 1.3

Event 6 Boys 110 Meter Hurdles Varsity

MOC: 13.4h R 1975 Dedy Cooper
14.45 CIF At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Maddox, Nathaniel	12	Dublin	14.32QCIF
2 Young, Chase	10	De La Salle	14.34QCIF
3 Bayon, Antonio	12	Redwood	14.35QCIF
4 Adamos, Aaron	12	Dublin	14.35q CIF
5 Sandhu, Krish	11	Moreau Catho	14.78q 4.0
6 Powell, Larry	12	Berkeley	14.88q 2.7
7 Bridgeman, Devyn	12	De La Salle	14.96q 4.0
8 Boeschstein, Edward	12	Foothill (Nc)	15.07q 0.6
9 bennett, cayden	11	Dublin	15.08 2.7
10 Finn, Desmond	12	Amador Valley	15.22 2.7
11 Narayan, Rithik	12	Campolindo	15.64 0.6
12 Sorcher, Shea	12	Tamalpais	15.66 2.7
13 Connolly, Kiernan	12	Tamalpais	15.73 4.0
14 Kasso, Anthony		Ferndale	15.94 0.6
15 Abraham, Chao	12	Irvington	16.11 4.0
16 Evans, Seth	11	Moreau Catho	16.22 0.6
17 Vu, Spencer	12	Bishop O'Dowd	16.35 0.6
18 Smith, Van	12	Cloverdale	16.48 2.7
19 Dennis, Nicholas	12	Petaluma	16.69 2.7
20 Hatch, Leonardo	11	California S	16.71 4.0
21 Mitchell, Parker	11	Ukiah	16.72 0.6

22 McNeil, Andrew	12	Ukiah	17.50 0.6
23 Robinson, Ahmari	11	San Leandro	20.18 4.0
--- Ranjit, Dhruv	10	Amador Valley	DQ 4.0

Event 6 Boys 110 Meter Hurdles Varsity

MOC: 13.4h R 1975 Dedy Cooper
14.45 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Young, Chase	10	De La Salle	14.04 CIF
2 Maddox, Nathaniel	12	Dublin	14.49 3.3
3 Adamos, Aaron	12	Dublin	14.50 3.3
4 Bayon, Antonio	12	Redwood	14.60 3.3
5 Sandhu, Krish	11	Moreau Catho	14.61 3.3
6 Bridgeman, Devyn	12	De La Salle	14.66 3.3
7 Boeschstein, Edward	12	Foothill (Nc)	15.07 3.3
--- Powell, Larry	12	Berkeley	DQ 3.3

Event 7 Girls 400 Meter Dash Varsity

MOC: 52.69 R 5/26/2018 Tierra Robinson-Jones
55.95 CIF At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Enoru, Eden	12	Heritage	57.08Q
2 Reiter, Lainey	11	Justin-Siena	57.19Q
3 Washington, Zurrie	11	Vallejo	57.82Q
4 Moriyama, Isabella	12	Monte Vista	57.52q
5 Friedrichsdorf, Johanna	10	Tamalpais	58.08q
6 McCasland, Jasmine	10	Campolindo	58.33q
7 Bayer, Josephine	10	Dublin	58.53q
8 Liu, Jaylin	9	Albany	58.85q
9 Miller, Marissa	12	Internationa	58.91
10 Phillips, Kayci	10	Dublin	58.98
11 Lee, Nadia	10	Alameda	59.17
12 Brown, Imogen	12	Branson	59.64
13 Lee, Elise	11	California	59.74
14 Nishanth, Nikita	10	Dougherty Valley	59.78
15 Jefferson, Avery	11	Head Royce	59.90
16 Perez, Haley	12	Castro Valle	59.97
17 Hernandez, Danielle	12	Dougherty Valley	60.11
18 Tummala, Bhavya	11	Dougherty Valley	60.47
19 Rominger, Elizabeth	10	Eureka	60.82
20 Campbell, Ava	10	Cardinal New	61.04
21 Ortiz, Grecia	11	Eureka	61.06
22 Aravindhan, Varsha	12	Irvington	61.13
23 Malsbary, Kaelyn	12	Windsor (Nc)	61.78
24 DeFlorimonte, Amaya	11	Bishop O'Dowd	62.76

Event 7 Girls 400 Meter Dash Varsity

MOC: 52.69 R 5/26/2018 Tierra Robinson-Jones
55.95 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Reiter, Lainey	11	Justin-Siena	57.07
2 Enoru, Eden	12	Heritage	57.19
3 Moriyama, Isabella	12	Monte Vista	57.54

NCS Meet of Champions - 5/23/2025 to 5/24/2025

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Finals ... (Event 7 Girls 400 Meter Dash Varsity)

Name	Yr	School	Finals
4 McCasland, Jasmine	10	Campolindo	58.03
5 Washington, Zurrie	11	Vallejo	58.13
6 Liu, Jaylin	9	Albany	58.45
7 Bayer, Josephine	10	Dublin	58.58
8 Friedrichsdorf, Johanna	10	Tamalpais	58.79

Event 8 Boys 400 Meter Dash Varsity

MOC: 46.89 R 1995 Corey Nelson
48.35 CIF At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Edwards, Tim	12	Pittsburg	47.71QCIF
2 McMullen, Chase	12	San Ramon Va	48.94Q
3 Sweeney, Ian	11	Bishop O'Dowd	49.07Q
4 Wanger, Nate	12	Tamalpais	48.92q
5 Payne, Zach	12	Foothill (Nc)	49.28q
6 Shelby, Sam	12	Piedmont	49.64q
7 Espejo, Logan	12	Benicia	49.68q
8 Udeh, Ikembuchukwu	12	De La Salle	49.96q
9 Boyd, Bryce	10	Dublin	50.15
10 Duffin, Ben	12	San Francisc	50.72
11 He, Luis	11	Mission San	50.73
12 Vanden Heuvel, Bear	12	Analy (Nc)	50.99
13 Howard, Chase	11	Monte Vista	51.14
14 Mickelson, Benjamin	10	Acalanes	51.19
15 Budu, Jona	11	American Canyon	51.42
16 McNeal, Kylan	11	Jesse Bethel	51.45
17 Borrayo, Angel	11	Vintage	51.45
18 Andreacchi, Domenic	11	Windsor (Nc)	51.61
19 Williams, Tyson	11	El Cerrito	51.78
20 Dewald, Dominic	11	Technology (Nc)	52.06
21 Carr, Christopher	12	El Cerrito	53.40
--- Rogers, David	12	Redwood Chri	FS
--- Burnett, Dexter	11	Tamalpais	DQ
--- Clements, Tyler	11	Heritage	DQ

Event 8 Boys 400 Meter Dash Varsity

MOC: 46.89 R 1995 Corey Nelson
48.35 CIF At-Large

Name	Yr	School	Finals
Finals			
1 McMullen, Chase	12	San Ramon Va	48.90
2 Sweeney, Ian	11	Bishop O'Dowd	49.19
3 Udeh, Ikembuchukwu	12	De La Salle	49.88
4 Payne, Zach	12	Foothill (Nc)	50.33
5 Wanger, Nate	12	Tamalpais	60.78
6 Edwards, Tim	12	Pittsburg	72.62
--- Shelby, Sam	12	Piedmont	DQ

Event 9 Girls 100 Meter Dash Varsity

MOC: 11.42 R 1980 Sharon Ware
11.84 CIF At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Aganju, Amirat Temi	11	Pittsburg	12.01Q0.5
2 Bayon, Julia	10	Redwood	12.02Q0.1
3 Magu, Vivienne	12	Clayton Vall	12.11Q+0.0
4 Shedd, London	10	Liberty	12.14Q1.3
5 Monroe, Mia	9	St. Mary's	12.27q 0.1
6 Anderson-Brown, Essence	11	James Logan	12.31q +0.0
7 Smith, Hailey	12	Castro Valle	12.33q 0.5
8 Rockmore, Janai	12	Pittsburg	12.40q 1.3
9 Jenkins, Billie	11	Pittsburg	12.42 +0.0
10 Hedgspeth, Berkeley	12	St. Mary's	12.44 0.5
11 Taschian, Milena	12	Terra Linda	12.47 0.1
12 Monks, Sameera	12	San Francisc	12.48 0.5
13 Ali, Santia	12	Clayton Vall	12.53 1.3
14 Kenion, Kiana	11	Carondelet	12.56 +0.0
15 Grasso, Sicily	12	San Marin	12.62 +0.0
16 Essien, Idara	11	Castro Valle	12.63 1.3
17 Javidi Parsijani, Armita	11	Northgate	12.67 0.1
18 Carroll, Ashleigh		Berean Chris	12.68 +0.0
19 Patterson, Sanai	9	Bishop O'Dowd	12.70 0.5
20 Chinn, Sophia	12	Acalanes	12.75 1.3
21 Brown, Aalanah	11	American Canyon	12.77 0.5
22 Kim, Isabella	11	Athenian	12.88 0.1
23 McMurray, Arielle	12	Windsor (Nc)	12.90 0.1
24 Lunceford, Lucy	10	Ukiah	12.92 1.3
25 Hansen, Kyra	11	San Ramon Va	13.17 0.1

Event 9 Girls 100 Meter Dash Varsity

MOC: 11.42 R 1980 Sharon Ware
11.84 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Aganju, Amirat Temi	11	Pittsburg	11.78 CIF
2 Shedd, London	10	Liberty	11.90 0.1
3 Bayon, Julia	10	Redwood	11.98 0.1
4 Magu, Vivienne	12	Clayton Vall	12.09 0.1
5 Monroe, Mia	9	St. Mary's	12.28 0.1
6 Anderson-Brown, Essence	11	James Logan	12.31 0.1
7 Rockmore, Janai	12	Pittsburg	12.39 0.1
8 Smith, Hailey	12	Castro Valle	16.63 0.1

Event 10 Boys 100 Meter Dash Varsity

MOC: 10.40 R 1980 Ken Robinson
10.59 CIF At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Jefferson, Jaden	11	De La Salle	10.58QCIF
2 Works-Wright, Chad	10	El Cerrito	10.59QCIF
3 Baker, Khairee	12	American Canyon	10.70Q-0.2
4 Hanks, Deken	11	Del Norte	10.93Q2.5
5 Thompson, Gavin	12	El Cerrito	10.72q -0.2

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Preliminaries ... (Event 10 Boys 100 Meter Dash Varsity)

Name	Yr	School	Prelims
6 Smallwood, Jaylyn	10	El Cerrito	10.87q -0.2
7 Ajose, Ayodeji	12	Bishop O'Dowd	10.89q 1.8
8 Cleary, Marco	11	Redwood	10.92q 1.8
9 San Pedro, Isaiah	11	Newark Memor	10.94 1.8
10 Speight, Emery	11	De La Salle	10.94 -0.2
11 Meraz, Kazuma	10	Emerald	10.98 1.3
12 Tugbenyoh, Myles	11	Clayton Vall	10.99 1.3
13 Cargill, Zion	10	Cardinal New	11.01 2.5
14 Jones-Drew, Duece	10	De La Salle	11.01 -0.2
15 Campbell, Tiras	11	Dublin	11.02 1.3
16 Mattiuzzo, Leo	11	San Marin	11.04 2.5
17 Oenning, Max	12	Convent and	11.04 1.8
18 Bolden, Kavi	11	Fortuna	11.08 2.5
19 Douglas-Brown, Wilson	10	Heritage	11.09 1.8
20 Waiters Jr, Ladell	10	Dublin	11.11 2.5
21 Thompson, Ahmaud	12	Pittsburg	11.12 -0.2
22 Rogers, Dylan	11	De La Salle	11.13 -0.2
23 Dillon, Asa	11	James Logan	11.19 1.3
24 Kaplanes Jones, Illias	11	Acalanes	11.20 1.3
25 Garzoli, Jacob	11	Petaluma	11.26 1.8
26 Baldwin, Gavyn	12	Heritage	11.27 2.5
27 Gannon, Liam	9	Summerfield	11.39 2.5
28 Chen, Brandon	12	San Francisc	11.53 -0.2
29 Boyer, Michael	10	El Cerrito	13.39 1.3

Event 10 Boys 100 Meter Dash Varsity

MOC: 10.40 R 1980 Ken Robinson
10.59 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Jefferson, Jaden	11	De La Salle	10.30RCIF
2 Works-Wright, Chad	10	El Cerrito	10.43 CIF
3 Baker, Khairee	12	American Canyon	10.68 1.9
4 Thompson, Gavin	12	El Cerrito	10.73 1.9
5 Smallwood, Jaylyn	10	El Cerrito	10.75 1.9
6 Cleary, Marco	11	Redwood	10.80 1.9
7 Ajose, Ayodeji	12	Bishop O'Dowd	10.82 1.9
8 Hanks, Deken	11	Del Norte	11.02 1.9

Event 11 Girls 800 Meter Run Varsity

MOC: 2:08.37 R 5/27/2017 Alyssa Brewer
2:12.54 CIF At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Padilla, Ava	9	Monte Vista	2:11.97QCIF
2 Harris, Savannah	12	Lick-Wilmerd	2:16.93Q
3 Hill, Josie	10	Technology (Nc)	2:12.69Q
4 Yakaitis, Gretchen	11	Carondelet	2:17.11Q
5 Mallon, Ashlin	10	Cardinal New	2:14.04Q
6 Chapman, Allison	11	Foothill (Nc)	2:17.14Q
7 Hempel, Lanie	11	Livermore (N	2:16.28Q
8 Sellers, Hailey	10	Branson	2:17.43Q
9 Bawden, Kendall	11	Vintage	2:17.06q
10 Andrzejek, Claire	11	Campolindo	2:18.50q

11 Nichol, Sophia	11	San Francisc	2:18.62q
12 Fox, Emma	10	Northgate	2:18.65q
13 Woods, Sakina	12	Analy (Nc)	2:19.63
14 Gardner, Emma	12	Tamalpais	2:20.56
15 Carmona, Annie	12	Terra Linda	2:20.58
16 Roberts, Katelyn	11	College Prep	2:21.49
17 Nierengarten, Iliana	10	Castro Valle	2:22.27
18 Teo, Kaylin	10	Mission San	2:22.40
19 Bellinger, Emily	10	California	2:23.13
20 Schuemann, Hailey	12	Justin-Siena	2:25.23
21 Potter, Madison	12	St. Mary's	2:26.06
22 Henrikson, Hazel	11	Alameda	2:26.12
23 Owens, Gianna	12	San Leandro	2:27.27
24 Tejada, Chantelle	11	Pinole	2:28.26

Event 11 Girls 800 Meter Run Varsity

MOC: 2:08.37 R 5/27/2017 Alyssa Brewer
2:12.54 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Hill, Josie	10	Technology (Nc)	2:10.16 CIF
2 Sellers, Hailey	10	Branson	2:12.25 CIF
3 Harris, Savannah	12	Lick-Wilmerd	2:12.66
4 Padilla, Ava	9	Monte Vista	2:12.80
5 Yakaitis, Gretchen	11	Carondelet	2:14.48
6 Chapman, Allison	11	Foothill (Nc)	2:16.77
7 Andrzejek, Claire	11	Campolindo	2:18.18
8 Fox, Emma	10	Northgate	2:18.25
9 Nichol, Sophia	11	San Francisc	2:19.79
10 Hempel, Lanie	11	Livermore (N	2:26.19
11 Mallon, Ashlin	10	Cardinal New	2:27.15

Event 12 Boys 800 Meter Run Varsity

MOC: 1:49.36 R 1995 Aaron Richberg
1:53.64 CIF At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Dufour, Jack	11	Casa Grande	1:55.68Q
2 Hekl, Thomas	11	Amador Valley	1:56.95Q
3 Gardner, Caeden	12	Tamalpais	1:56.64Q
4 Swain, Sebastien	10	Piedmont	1:57.08Q
5 Prater, James	10	Bishop O'Dowd	1:56.72Q
6 Jones, Cameron	10	Maria Carrillo	1:57.80Q
7 Dube, Aidan	12	California	1:57.32Q
8 Wright, Liam	11	Bishop O'Dowd	1:57.88Q
9 Hatch, Cooper	12	Tamalpais	1:58.01q
10 Nickens, Chase	9	De La Salle	1:58.89q
11 Tellez, Michael	12	Newark Memor	1:59.56q
12 Cook, Maxson	12	Campolindo	1:59.77q
13 Gowda, Samvrat	12	American	1:59.89
14 DeCoite, Brennan	12	Foothill (Nc)	2:00.44
15 Diehl, Archer	12	Archie Williams	2:00.63
16 Mainaris, Dylan	12	Casa Grande	2:00.96
17 Terrell, Reese	10	Convent and	2:01.32
18 Langford, Grayson	11	College Park	2:01.56
19 Rath, Jonathan	11	Maria Carrillo	2:01.61

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Preliminaries ... (Event 12 Boys 800 Meter Run Varsity)

Name	Yr	School	Prelims
20 Zimmerman, Harry	11	Acalanes	2:01.68
21 Rendall-Jackson, Emiya	12	College Prep	2:02.74
22 Derango, Aaron	11	Technology (Nc)	2:03.55

Event 12 Boys 800 Meter Run Varsity

MOC: 1:49.36 R 1995 Aaron Richberg

1:53.64 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Gardner, Caeden	12	Tamalpais	1:54.62
2 Swain, Sebastien	10	Piedmont	1:54.67
3 Hekl, Thomas	11	Amador Valley	1:54.74
4 Prater, James	10	Bishop O'Dowd	1:55.03
5 Dufour, Jack	11	Casa Grande	1:55.75
6 Tellez, Michael	12	Newark Memor	1:56.72
7 Wright, Liam	11	Bishop O'Dowd	1:56.73
8 Dube, Aidan	12	California	1:57.44
9 Hatch, Cooper	12	Tamalpais	1:57.79
10 Cook, Maxson	12	Campolindo	1:58.88
11 Jones, Cameron	10	Maria Carrillo	1:59.09
12 Nickens, Chase	9	De La Salle	1:59.22

Event 13 Girls 300 Meter Hurdles Varsity

MOC: 41.23 R 1997 Natasha Neal

MOC: 41.23 R 2007 Jamesha Youngblood

43.78 CIF At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Warner, Soleil	11	Bay School o	42.58QCIF
2 Aganju, Amirat Temi	11	Pittsburg	45.02Q
3 Wanliss, Janelle	12	Santa Rosa (	45.09Q
4 Heffner, Helen	10	Vintage	45.83q
5 Sawyer, Savannah	12	Ygnacio Vall	45.86q
6 Trucks, Tatum	9	Carondelet	46.42q
7 Bruntlett, Elaina	10	Sonoma Acade	46.85q
8 Lebreton, Lia	12	Amador Valley	47.30q
9 Carrillo, Tava	9	Maria Carrillo	47.39
10 Velasco, Malia	11	Carondelet	47.47
11 Lawson, Alexa	12	St. Mary's	47.72
12 Balumbu, Emaia	10	Heritage	47.79
13 Stimmler, Emma	9	Campolindo	47.92
14 Sanders, Daia	10	Bishop O'Dowd	47.98
15 Russell, Anaya	12	Pittsburg	48.19
16 Belt, Beatrice	11	Maria Carrillo	48.26
17 Love, Lillie	10	California	48.56
18 Li, Zoie	12	Castro Valle	48.59
19 Wong, Abigail	10	Moreau Catho	48.88
20 Kenny, Fiona	11	Convent and	49.11
21 Yu, Stephanie	11	Mission San	49.62
22 Carollo, Sofia	9	Maria Carrillo	49.65
23 Erving, Emerson	12	Novato	49.75
24 Aravindhan, Varsha	12	Irvington	50.04

Event 13 Girls 300 Meter Hurdles Varsity

MOC: 41.23 R 1997 Natasha Neal

MOC: 41.23 R 2007 Jamesha Youngblood

43.78 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Wanliss, Janelle	12	Santa Rosa (	43.74 CIF
2 Aganju, Amirat Temi	11	Pittsburg	44.36
3 Warner, Soleil	11	Bay School o	45.11
4 Sawyer, Savannah	12	Ygnacio Vall	45.36
5 Heffner, Helen	10	Vintage	46.15
6 Lebreton, Lia	12	Amador Valley	47.91
7 Trucks, Tatum	9	Carondelet	48.28

Event 14 Boys 300 Meter Hurdles Varsity

MOC: 36.47 R 2006 David Klech

38.68 CIF At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Kane-Ross, Cameron	12	Emery	39.76Q
2 Boeschstein, Edward	12	Foothill (Nc)	40.15Q
3 Lockwood, River	11	Acalanes	40.59Q
4 Adamos, Aaron	12	Dublin	40.87Q
5 Young, Chase	10	De La Salle	39.77q
6 Sandhu, Krish	11	Moreau Catho	40.40q
7 Williams, Omar	11	San Domenico	40.69q
8 Powell, Larry	12	Berkeley	40.96q
9 Sorcher, Shea	12	Tamalpais	41.05
10 Thompson, Ahmaud	12	Pittsburg	41.11
11 Bridgeman, Devyn	12	De La Salle	41.17
12 Evans, Seth	11	Moreau Catho	41.41
13 Manjrekar, Shriyan	12	Dublin	41.41
14 Johnson, Jack	10	Las Lomas	41.59
15 Wineinger, Wesley	12	California	41.60
16 bennett, cayden	11	Dublin	41.83
17 Brown, Garrett	10	Amador Valley	42.09
18 Pope, Shaheem	12	Vallejo	42.11
19 Ware, Tristan	10	Heritage	42.31
20 Cole, Malachi	11	Maria Carrillo	42.62
21 Ferguson, Nick	11	Archie Williams	42.87
22 DePalma, Benjamin	12	Novato	42.94
23 Jackson, Alijah	11	Moreau Catho	43.15
24 Dennis, Nicholas	12	Petaluma	43.37
25 Sanchez, Ivan	11	Fort Bragg	43.38
26 Mitchell, Parker	11	Ukiah	44.14

Event 14 Boys 300 Meter Hurdles Varsity

MOC: 36.47 R 2006 David Klech

38.68 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Boeschstein, Edward	12	Foothill (Nc)	38.90
2 Young, Chase	10	De La Salle	39.20
3 Sandhu, Krish	11	Moreau Catho	39.53
4 Lockwood, River	11	Acalanes	39.68

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Finals ... (Event 14 Boys 300 Meter Hurdles Varsity)

Name	Yr	School	Finals
5 Powell, Larry	12	Berkeley	40.23
6 Kane-Ross, Cameron	12	Emery	40.24
7 Adamos, Aaron	12	Dublin	40.37
8 Williams, Omar	11	San Domenico	40.71

Event 15 Girls 200 Meter Dash Varsity

MOC: 23.56 R 5/26/2018 Tierra Robinson-Jones
24.48 CIF At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Bayon, Julia	10	Redwood	24.92Q2.3
2 Magu, Vivienne	12	Clayton Vall	25.26Q0.2
3 Enoru, Eden	12	Heritage	25.34Q0.6
4 Grant-Gurganious, Naeemah	10	Dublin	25.73Q1.0
5 Shedd, London	10	Liberty	25.35q 2.3
6 Moriyama, Isabella	12	Monte Vista	25.36q 0.6
7 Washington, Zurrie	11	Vallejo	25.52q 2.3
8 Hedgspeth, Berkeley	12	St. Mary's	25.70q 0.6
9 Rockmore, Janai	12	Pittsburg	25.77 1.0
10 Luna, Jacelyn	11	Pittsburg	25.83 2.3
11 Jenkins, Billie	11	Pittsburg	25.84 0.2
12 Monks, Sameera	12	San Francisc	25.87 2.3
13 Diekmann, Hope	11	San Ramon Va	25.89 0.2
14 Grasso, Sicily	12	San Marin	25.97 0.6
15 Miller, Marissa	12	Internationa	26.00 1.0
16 Madrid, Chloe	11	Terra Linda	26.14 0.2
17 Essien, Idara	11	Castro Valle	26.17 2.3
18 Anderson-Brown, Essence	11	James Logan	26.32 1.0
19 Thomas, Jakarah	10	Pittsburg	26.33 1.0
20 Warner, Soleil	11	Bay School o	26.38 1.0
21 Carroll, Ashleigh		Berean Chris	26.52 0.6
22 Lawson, Zoe	9	Pittsburg	26.59 0.2
23 Rominger, Elizabeth	10	Eureka	26.64 2.3
24 Marron, Margarita	10	Maria Carrillo	27.03 1.0
25 Lunceford, Lucy	10	Ukiah	27.17 0.6
--- Patterson, Sanai	9	Bishop O'Dowd	DQ 0.6
--- Monroe, Mia	9	St. Mary's	DQ 0.2

Event 15 Girls 200 Meter Dash Varsity

MOC: 23.56 R 5/26/2018 Tierra Robinson-Jones
24.48 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Bayon, Julia	10	Redwood	24.63 0.5
2 Shedd, London	10	Liberty	24.78 0.5
3 Moriyama, Isabella	12	Monte Vista	24.90 0.5
4 Magu, Vivienne	12	Clayton Vall	24.95 0.5
5 Washington, Zurrie	11	Vallejo	25.16 0.5
6 Grant-Gurganious, Naeemah	10	Dublin	25.17 0.5
7 Enoru, Eden	12	Heritage	25.24 0.5
8 Hedgspeth, Berkeley	12	St. Mary's	25.39 0.5

Event 16 Boys 200 Meter Dash Varsity

MOC: 20.92 R 2007 Jahvid Best
21.44 CIF At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Works-Wright, Chad	10	El Cerrito	21.62Q0.7
2 Jefferson, Jaden	11	De La Salle	21.77Q-0.5
3 Edwards, Tim	12	Pittsburg	21.83Q1.7
4 Smallwood, Jaylyn	10	El Cerrito	21.97q 0.7
5 Thompson, Gavin	12	El Cerrito	21.98q 1.7
6 San Pedro, Isaiah	11	Newark Memor	22.11q -0.5
7 Sweeney, Ian	11	Bishop O'Dowd	22.26q 1.7
8 Udeh, Ikembuchukwu	12	De La Salle	22.41q 0.7
9 Rogers, Dylan	11	De La Salle	22.44 -0.5
10 Harte, Levi	12	Encinal	22.45 1.7
11 Parker, Ayden	10	Dougherty Valley	22.45 0.7
12 Cleary, Marco	11	Redwood	22.73 1.7
13 Tugbenyoh, Myles	11	Clayton Vall	22.78 1.7
14 Cargill, Zion	10	Cardinal New	22.88 -0.5
15 Foley, Evan	11	Analy (Nc)	22.99 -0.5
16 Mattiuzzo, Leo	11	San Marin	23.02 1.7
17 Barrett, Reece	12	Marin Cathol	23.17 0.7
18 Hanks, Deken	11	Del Norte	23.19 0.7
19 Chen, Brandon	12	San Francisc	23.22 0.7
20 Gannon, Liam	9	Summerfield	23.39 -0.5
21 Rogers, David	12	Redwood Chri	23.70 0.7
22 Boyer, Michael	10	El Cerrito	26.39 -0.5
--- Espejo, Logan	12	Benicia	DQ 1.7

Event 16 Boys 200 Meter Dash Varsity

MOC: 20.92 R 2007 Jahvid Best
21.44 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Jefferson, Jaden	11	De La Salle	21.11 CIF
2 Works-Wright, Chad	10	El Cerrito	21.28 CIF
3 Smallwood, Jaylyn	10	El Cerrito	21.69 0.6
4 Sweeney, Ian	11	Bishop O'Dowd	21.88 0.6
5 Udeh, Ikembuchukwu	12	De La Salle	22.18 0.6
6 San Pedro, Isaiah	11	Newark Memor	22.20 0.6
7 Thompson, Gavin	12	El Cerrito	22.39 0.6

Event 17 Girls 3200 Meter Run Varsity

MOC: 10:06.30 R 1978 Cheri Williams
10:30.96 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Thomsen, Hanne	12	Montgomery	10:19.56 CIF
2 Lacefield, Amrie	12	Montgomery	10:25.52 CIF
3 Montilla, Lily	12	Las Lomas	10:29.01 CIF
4 Stieg, Anali (Ani)	11	Archie Williams	10:34.50
5 Kittelstrom, Seelah	12	Montgomery	10:43.82
6 Randolph, Helen	12	Campolindo	10:44.26
7 Saenz, Dakota	9	Berkeley	10:54.32
8 Peterson, Lucy	12	Bay School o	10:56.55

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Finals ... (Event 17 Girls 3200 Meter Run Varsity)			
Name	Yr	School	Finals
9 Silverstein, Alyssa	11	Archie Williams	10:57.34
10 Kozubik, Kate	10	Redwood	11:00.09
11 Smith, Alexandra	11	San Ramon Va	11:02.37
12 McCarty, Alice	11	Newark Memor	11:03.16
13 Powell, Alexandra	12	Monte Vista	11:03.72
14 Nottingham, Carina	11	Berkeley	11:06.89
15 Middleton, Sydney	11	Redwood	11:07.64
16 Mullins, Macy	9	Foothill (Nc)	11:13.84
17 Chen, Owena	10	Mission San	11:15.80
18 Randolph, Jillian	9	Campolindo	11:17.40
19 Frank, Mattea	12	Albany	11:42.25
20 Veloza, Grace	12	Newark Memor	11:51.14
21 Cort, Zoe	12	San Francisc	11:51.17
22 Dapice, Sophie	11	College Prep	11:53.40
23 Choe, Katherine	12	Maria Carrillo	12:05.22

Event 18 Boys 3200 Meter Run Varsity			
MOC: 8:55.06 R 2009		Erik Olson	
9:03.03		CIF At-Large	
Name	Yr	School	Finals
Finals			
1 Caldwell, Trey	12	De La Salle	9:08.91
2 Murray, Tadhg	12	De La Salle	9:09.75
3 de Chalus, Djali	10	St. Mary's	9:14.43
4 Rattary, Jack	12	College Park	9:17.58
5 Langridge, Stefan	12	Internationa	9:17.93
6 Presnell, Tucker	11	St. Mary's	9:18.00
7 Harrington, Finn	11	Tamalpais	9:18.09
8 Ikeda, Sevan	12	California S	9:25.16
9 Sharp, Ian	12	Archie Williams	9:26.72
10 Mullen, Preston	12	Berkeley	9:29.66
11 Taylor, Sebastian	11	Bishop O'Dowd	9:30.52
12 Gill Gulati, Arran	12	Amador Valley	9:31.07
13 Post, Corbin	10	Windsor (Nc)	9:32.98
14 Dawson, Naveen	12	Alameda	9:38.43
15 Gaber, Dillon	11	De La Salle	9:38.59
16 Feng, Justin	11	Dublin	9:39.66
17 Friedland, Ben	10	San Francisc	9:41.75
18 Mesfen, Nathaniel	11	Bishop O'Dowd	9:41.86
19 Zink, Marco	12	Tamalpais	9:42.00
20 Ajeesh, Neil	11	Granada	9:42.39
21 Fillat, Gilby	12	Tamalpais	9:42.85
22 Gunn, Gavin	10	Campolindo	9:51.12
23 Letulle, Logan	11	Miramonte	9:55.25
24 Petrik, Austin	11	Maria Carrillo	10:00.44

Event 19 Girls 4x400 Meter Relay Varsity		
MOC: 3:43.39 R 1996		James Logan
3:53.73		CIF At-Large
Team	Relay	Prelims
Preliminaries		
1 Pittsburg (Nc)		3:56.32Q
1) Rockmore, Janai 12	2) Luna, Jacelyn 11	
3) Lawson, Zoe 9	4) Aganju, Amirat Temi 11	

2 Clayton Valley (Nc)	3:58.82Q
1) Ali, Santia 12	2) Ramos, Kaelyn 12
3) Buechter, Katherine 10	4) Magu, Vivienne 12
3 Campolindo (Nc)	4:00.53Q
1) Doane, Eloise 12	2) Worster, Sierra 11
3) Graves, Sarah 11	4) McCasland, Jasmine 10
4 San Ramon Valley (Nc)	3:59.07q
1) Coupland, Merryn 11	2) Noden, Holly 12
3) Diekmann, Hope 11	4) Guerrero, Izabella 12
5 Dublin (Nc)	4:02.49q
1) Bayer, Josephine 10	2) Inamdar, Ria 11
3) Hargraves, Mya 10	4) Phillips, Kayci 10
6 Dougherty Valley (Nc)	4:03.86q
1) Caranto, Janika Reese 11	2) Tummala, Bhavya 11
3) Hernandez, Danielle 12	4) Nishanth, Nikita 10
7 Justin-Siena (Nc)	4:06.28q
1) Wilsey, Blake 12	2) Schuemann, Hailey 12
3) Martin, Aldyn 11	4) Reiter, Lainey 11
8 San Leandro (Nc)	4:06.52q
1) Donawa, Cayla 12	2) Owens, Gianna 12
3) Ware, Kaniyah 11	4) Gaffney, Zoe 12
9 St. Marys (Nc)	4:07.50
1) Lawson, Alexa 12	2) Dwyer, Brooklyn 12
3) Jackson, Sabrina	4) Potter, Madison 12
10 Windsor (Nc)	4:07.84
1) Malsbary, Kaelyn 12	2) Malsbary, Annaleigh 9
3) Pell, Kendall 12	4) McMurray, Arielle 12
11 Foothill (Nc)	4:08.21
1) Chapman, Allison 11	2) Fraher, Elizabeth 12
3) McHugh, Avery 11	4) Tilley, Maya 9
12 Vintage (Nc)	4:08.30
1) Fiene, Sophia 11	2) Martin, Gabriella 12
3) Heffner, Helen 10	4) Bawden, Kendall 11
13 Piedmont (Nc)	4:09.06
1) Kim, Nia 12	2) Aubrecht, Claire 10
3) Lucaccini, Daniela 10	4) Yasar, Ella 12
14 International (Nc)	4:12.24
1) May, Kaia 11	2) Ortiz de Montellano, Zola 11
3) Vilderman, Maria 11	4) Miller, Marissa 12
15 Castro Valley (Nc)	4:12.26
1) Kovacs, Mia 10	2) Louie, Sora 12
3) Perez, Haley 12	4) Smith, Hailey 12
16 Maria Carrillo (Nc)	4:14.09
1) Carollo, Sofia 9	2) Marron, Margarita 10
3) Morley, Gianna 11	4) Carrillo, Tava 9
17 Moreau Catholic (Nc)	4:14.55
1) Walton, Camilla 10	2) Edwards, Alexa 10
3) Cotten, Sadie 11	4) Stifanos, Sneet 11
18 Head Royce (Nc)	4:15.16
1) Vann, Kiran 9	2) Kadlic, Anika 11
3) Smith, Maya 9	4) Walker-Lund, Geneva 9
19 Encinal (Nc)	4:15.82
1) Shafer, Katelyn 12	2) Yap, Violet 9
3) Marston, Lauren 11	4) Song, Lana 9

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Preliminaries ... (Event 19 Girls 4x400 Meter Relay Varsity)

Team	Relay	Prelims
20 Las Lomas (Nc)		4:17.06
1) Sadigh, Ava 10	2) Galicia, Kahli 11	
3) Shreve, Nina 12	4) Rajendran, Amita 10	
21 Redwood (Nc)		4:18.52
1) McKenna, Cara 10	2) Nacco, Marley 12	
3) Valiente, Dulce 11	4) Vangorder, Jaden 11	
22 Branson (Nc)		4:22.14
1) Lacy, Anna 9	2) Wood, Lauren 9	
3) White, Harper 9	4) Brown, Imogen 12	
23 Tamalpais (Nc)		4:28.61
1) Klovville, Margaux 10	2) Wong, Estella 12	
3) Popper, Natalie 12	4) Lee, Plum 12	
--- Sonoma Academy (Nc)		DNF
1) Bruntlett, Elaina 10	2) Hang, Ashlyn 10	
3) Flocco, Carina 9	4) Bilal, Kate 10	

Event 19 Girls 4x400 Meter Relay Varsity

MOC: 3:43.39 R 1996 James Logan
3:53.73 CIF At-Large

Team	Relay	Finals
1 Pittsburg (Nc)		3:53.33 CIF
1) Rockmore, Janai 12	2) Luna, Jacelyn 11	
3) Lawson, Zoe 9	4) Aganju, Amirat Temi 11	
2 Dublin (Nc)		3:55.54
1) Bayer, Josephine 10	2) Inamdhar, Ria 11	
3) Grant-Gurganious, Naeemah 10	4) Phillips, Kayci 10	
3 Clayton Valley (Nc)		3:57.59
1) Ali, Santia 12	2) Ramos, Kaelyn 12	
3) Magu, Audrey 9	4) Magu, Vivienne 12	
4 Dougherty Valley (Nc)		4:00.13
1) Caranto, Janika Reese 11	2) Tummala, Bhavya 11	
3) Hernandez, Danielle 12	4) Nishanth, Nikita 10	
5 Campolindo (Nc)		4:01.76
1) Doane, Eloise 12	2) Worster, Sierra 11	
3) Graves, Sarah 11	4) McCasland, Jasmine 10	
6 San Leandro (Nc)		4:07.19
1) Donawa, Cayla 12	2) Owens, Gianna 12	
3) Ware, Kaniyah 11	4) Gaffney, Zoe 12	
7 Justin-Siena (Nc)		4:10.25
1) Cutler, Mackenzie 10	2) Schuermann, Hailey 12	
3) Martin, Aldyn 11	4) Reiter, Lainey 11	
--- San Ramon Valley (Nc)		DQ
1) Coupland, Merryn 11	2) McMullen, Riley 10	
3) Diekmann, Hope 11	4) Guerrero, Izabella 12	

Event 20 Boys 4x400 Meter Relay Varsity

MOC: 3:11.70 R 1981 Berkeley
3:20.42 CIF At-Large

Team	Relay	Prelims
1 Tamalpais (Nc)		3:23.49Q
1) Burnett, Dexter 11	2) Hatch, Cooper 12	
3) Gardner, Caeden 12	4) Wanger, Nate 12	

2 De La Salle (Nc)		3:23.81Q
1) Udeh, Ikembuchukwu 12	2) Young, Chase 10	
3) Kelley, Dominic 12	4) Faavae, Toa 12	
3 Piedmont (Nc)		3:27.66Q
1) Ma, Maddox 11	2) Venner, Eric 10	
3) Swain, Sebastien 10	4) Shelby, Sam 12	
4 Clayton Valley (Nc)		3:25.27q
1) Dimaurier, Benjamin 10	2) Pitts, Braylon 9	
3) Okere, Ernest (Ej) 10	4) Smith, Charles 12	
5 Foothill (Nc)		3:26.22q
1) Payne, Zach 12	2) DeCoite, Brennan 12	
3) Baylis, Adam 10	4) Brigham, Christian 10	
6 Windsor (Nc)		3:27.31q
1) Andreacchi, Domenic 11	2) Zaft, Aspen 12	
3) Woolman, Preston 12	4) Soto, Marco 11	
7 Amador Valley (Nc)		3:27.66q
1) Kundu, Shriyan 11	2) Samanta, Reyansh 12	
3) Brown, Garrett 10	4) Hekl, Thomas 11	
8 San Francisc		3:27.89q
1) Picazo, Thomas 10	2) Chen, Brandon 12	
3) Garner, Lucas 12	4) Duffin, Ben 12	
9 American (Nc)		3:28.27
1) Zhang, Aden 10	2) Saravanakumar, Arun 10	
3) Durani, Imran 10	4) Gowda, Samvrat 12	
10 California (Nc)		3:29.11
1) Williams, Aiden 11	2) Dube, Aidan 12	
3) Nudo, Francesco 11	4) Wineinger, Wesley 12	
11 Northgate (Nc)		3:29.53
1) Makedonsky, David 12	2) Edussuriya-Essl, Viran 10	
3) Stapf, Trevor 12	4) Bloxham, Benen 12	
12 San Ramon Valley (Nc)		3:29.73
1) Dellinger, Ashlan 12	2) Houston, Noah 12	
3) Chang, Andrew 10	4) Runfolia, Cole 10	
13 Acalanes (Nc)		3:30.02
1) Hood, Julian 11	2) Mickelson, Benjamin 10	
3) Lurie, Bryan 10	4) Lockwood, River 11	
14 Berkeley (Nc)		3:30.40
1) Morin, Noah 10	2) Powell, Larry 12	
3) Foster, Cruz 11	4) Flett, Milo 12	
15 Casa Grande (Nc)		3:31.72
1) Lomas, Sebastian 12	2) Mainaris, Dylan 12	
3) Metzler, Jackson 11	4) Dufour, Jack 11	
16 Marin Catholic (Nc)		3:35.09
1) Colletto, Jake 12	2) Barrett, Reece 12	
3) Hadsell, Robert 12	4) Silloway, Will 12	
17 Sonoma Academy (Nc)		3:35.24
1) Bouverat, Winslow 12	2) Driscoll, Jack 10	
3) Kramer, Liam 10	4) Anselmo, Aidan 9	
18 Moreau Catholic (Nc)		3:35.56
1) Sandhu, Krish 11	2) Edrada, Sebastian 12	
3) Lillard, Kalil 9	4) Bryant, Jayden 12	
19 San Leandro (Nc)		3:36.13
1) Gomez Sanchez, Angel 12	2) King, Anthony 12	
3) Woodbury, Micaiah 11	4) Miles, Davion 12	

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Preliminaries ... (Event 20 Boys 4x400 Meter Relay Varsity)

Team	Relay	Prelims
20 Santa Rosa (Nc)		3:37.98
1) Rodriguez, Eric 12	2) Cena, Arthur 9	
3) Sauter, Quinlan 12	4) Schott, Patrick 12	
21 Del Norte (Nc)		3:39.36
1) Balent, Landon 10	2) Hanks, Deken 11	
3) Garcia-Levy, Jayden 9	4) Rodriguez, Dylan 12	
22 Bishop O'Dowd (Nc)		3:48.92
1) Jones, Cameron P 12	2) Lacsamana, Calvin 10	
3) Wright, Liam 11	4) Sweeney, Ian 11	
--- Dublin (Nc)		DQ
1) Boyd, Bryce 10	2) Addala, Srivishnu 12	
3) Lane, Logan 10	4) Waiters Jr, Ladell 10	

Event 20 Boys 4x400 Meter Relay Varsity

MOC: 3:11.70 R 1981 Berkeley
3:20.42 CIF At-Large

Team	Relay	Finals
1 De La Salle (Nc)		3:20.78
1) Udeh, Ikembuchukwu 12	2) Young, Chase 10	
3) Kelley, Dominic 12	4) Faavae, Toa 12	
2 Tamalpais (Nc)		3:21.92
1) Burnett, Dexter 11	2) Hatch, Cooper 12	
3) Gardner, Caeden 12	4) Wanger, Nate 12	
3 Acalanes (Nc)		3:24.75
1) Hood, Julian 11	2) Mickelson, Benjamin 10	
3) Schwarz, Matthew 11	4) Lockwood, River 11	
4 Windsor (Nc)		3:25.99
1) Andreacchi, Domenic 11	2) Zaft, Aspen 12	
3) Woolman, Preston 12	4) Soto, Marco 11	
5 San Francisc		3:26.03
1) Picazo, Thomas 10	2) Chen, Brandon 12	
3) Garner, Lucas 12	4) Duffin, Ben 12	
6 Foothill (Nc)		3:26.12
1) Payne, Zach 12	2) DeCoite, Brennan 12	
3) Baylis, Adam 10	4) Brigham, Christian 10	
7 Clayton Valley (Nc)		3:27.50
1) Dimaurier, Benjamin 10	2) Pitts, Braylon 9	
3) Okere, Ernest (Ej) 10	4) Smith, Charles 12	
8 American (Nc)		3:29.24
1) Zhang, Aden 10	2) Saravanakumar, Arun 10	
3) Durani, Imran 10	4) Gowda, Samvrat 12	
9 Piedmont (Nc)		3:30.57
1) Ma, Maddox 11	2) Venner, Eric 10	
3) Swain, Sebastien 10	4) Shelby, Sam 12	
10 Amador Valley (Nc)		3:32.55
1) Kundu, Shriyan 11	2) Samanta, Reyansh 12	
3) Brown, Garrett 10	4) Hekl, Thomas 11	

Event 21 Girls High Jump Varsity

MOC: 5-11 R 1981 Maggie VanZeeland
MOC: 5-11 R 2005 Mindi Wiley

5-06.00 CIF At-Large

Name	Yr	School	Finals
1 McMullen, Riley	10	San Ramon Va	5-06.00 CIF
1 Hirahara, Kimiko	12	Las Lomas	5-06.00 CIF
3 Vail, Dulcinea	12	Acalanes	5-05.00
4 Osicka, Rachael	11	California	J5-05.00
5 Chelememos, Haley	12	Acalanes	5-02.00
6 Moalla, Sireen	10	Maria Carrillo	5-00.00
7 Petersen, Arlie	9	Redwood	4-10.00
7 Harris, Anya	9	Amador Valley	4-10.00
9 Wright, Kendal	12	Benicia	J4-10.00
9 Phipps Parnay, Aubrey	9	Windsor (Nc)	J4-10.00
9 Morrison, Esme	12	Marin Academ	J4-10.00
12 Winston, Ella	9	San Francisc	J4-10.00
--- Shofstall, Chloe	11	Livermore (N	NH
--- Stimmler, Emma	9	Campolindo	NH
--- Advincula, Taytum	12	Moreau Catho	NH
--- Yang, Sarah	9	Castro Valle	NH
--- Deepika, Chandrahasan	11	Irvington	NH
--- Rivera, Isabella	12	Arroyo	NH
--- Countryman Walsh, Amelia	10	Alameda	NH
--- Koch-Bergen, Ayla	12	Tamalpais	NH
--- Sloat, Ada	10	Santa Rosa (	NH
--- Cornilsen, Delainey	9	Healdsburg	NH
--- Garcia, Halle	11	Fort Bragg	NH
--- Sangalang, Zoe	11	American Canyon	NH

Event 22 Girls Pole Vault Varsity

MOC: 14-01 R 5/17/2024 Jathiyah Muhammad
12-03.00 CIF At-Large

Name	Yr	School	Finals
1 Miles, Olivia	12	San Francisc	12-00.00
2 Hancock, Kaitlyn	11	Washington	10-11.00
3 Howeth, Miranda	11	Dublin	J10-11.00
4 Howe, Dacey-Faye	12	Santa Rosa (	10-07.00
4 Worster, Sierra	11	Campolindo	10-07.00
4 Walling, Lucille	10	Petaluma	10-07.00
7 Nudo, Grace	12	California	10-01.00
8 Szeto, Elisabeth	12	American	J10-01.00
9 Krombholz, Nell	11	Maria Carrillo	J10-01.00
10 Sirrisouk, Maylody	10	Rancho Cotat	9-07.00
11 Evans, Kendra	12	Tamalpais	J9-07.00
12 Corey, Lee	12	Santa Rosa (	J9-07.00
13 Huo, Sinnie	11	Dublin	J9-07.00
13 Jackson, Mayleah	12	Arcata	J9-07.00
15 Rain, Juniper	10	Fort Bragg	9-01.00
15 Velasquez, Marlo	11	San Ramon Va	9-01.00
17 Matilda, Wong	11	Irvington	J9-01.00
17 Spiegel, Kathryn	12	Justin-Siena	J9-01.00
19 Herbelin, Alex	10	Berkeley	J9-01.00

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Results

Finals ... (Event 22 Girls Pole Vault Varsity)

Name	Yr	School	Finals
20 Lin, Cynthia	11	Dublin	8-07.00
21 Howard, Adriana	10	Moreau Catho	J8-07.00
--- Maldonado, Vanessa	12	Heritage	NH
--- Chau, Shayna	10	Piedmont	NH
--- Garza-Hillman, Rinah	10	Fort Bragg	NH

Event 23 Girls Long Jump Varsity

MOC: 20-02 R 2007 Jamesha Youngblood
18-03.50 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Gant Hatcher, Kira	11	St. Mary's	19-04.75 CIF
2 Horn, Annalise	10	Redwood	19-00.00 CIF
3 Essien, Idara	11	Castro Valle	18-02.00 2.4
4 Chelemedos, Haley	12	Acalanes	17-11.25 2.6
5 Kenion, Kiana	11	Carondelet	17-09.25 1.0
6 San, Emma	12	Dublin	17-08.00 1.7
7 DeFlorimonte, Amaya	11	Bishop O'Dowd	17-06.25 0.8
8 Shedd, London	10	Liberty	17-02.50 -0.3
9 Rogge, Gabrielle	9	Castro Valle	16-11.00 2.0
10 Jones, Corinne	10	St. Mary's	16-09.00 -3.8
11 Daly, Alana	11	San Leandro	16-08.50 2.8
12 Mulligan, Martina	9	Maria Carrillo	16-07.25 1.4
13 Mitchell, Lanai	11	Bishop O'Dowd	16-04.25 0.8
14 Sheehan, Grace	11	Casa Grande	16-03.00 0.4
15 Smith, Jaycelin	9	Heritage	15-11.50 1.5
16 Weiss, Ruthie	12	Urban-SF (Nc)	15-08.50 5.8
17 Mathews, Rachel	12	Dougherty Valley	15-03.75 1.7
18 McLaughlin, Anna	11	Arcata	15-02.75 3.6
19 Lunceford, Lucy	10	Ukiah	14-11.00 0.8
20 Hughes, Saphira	11	Upper Lake	14-03.00 4.4

Event 24 Girls Triple Jump Varsity

MOC: 42-08 R 2007 KeNayia Richardson
37-06.00 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Gant Hatcher, Kira	11	St. Mary's	40-10.50 CIF
2 Ali, Santia	12	Clayton Vall	39-11.00 CIF
3 Jones, Corinne	10	St. Mary's	39-05.50 CIF
4 DeFlorimonte, Amaya	11	Bishop O'Dowd	38-07.00 CIF
5 Sanders, Daia	10	Bishop O'Dowd	37-11.00 CIF
6 Horn, Annalise	10	Redwood	37-09.75 CIF
7 Mitchell, Lanai	11	Bishop O'Dowd	37-07.50 CIF
8 San, Emma	12	Dublin	37-00.50 2.6
9 Carey, Samantha	12	Justin-Siena	35-05.25 3.0
10 Weiss, Ruthie	12	Urban-SF (Nc)	35-03.50 NWI
11 Sheehan, Grace	11	Casa Grande	34-11.50 1.3
12 Martin, Gabriella	12	Vintage	34-08.25 3.9
13 Hansen, Kyra	11	San Ramon Va	34-07.00 4.5
14 Santos, Helen	12	Amador Valley	34-00.50 1.6
15 Corey, Lee	12	Santa Rosa (	33-06.50 1.5
16 Beck, Elizabeth	12	Granada	33-01.75 3.4
17 Johns, Nia	11	Castro Valle	33-01.50 0.9

18 Claitman, Alison	11	Foothill (Nc)	32-10.50 2.7
19 Smith, Jaycelin	9	Heritage	32-09.75 2.7
20 Lee, Elise	11	California	32-09.50 1.6
21 Tran, Natalie	12	Mission San	32-08.25 2.1
22 Bramble, Grace	11	Marin Academ	32-07.50 3.3
23 Crehan, Catie	12	Urban-SF (Nc)	31-06.75 0.5
24 White, Annabelle	9	Del Norte	30-05.00 0.7

Event 25 Girls Shot Put Varsity

MOC: 50-03.25 R 1993 Kristin Heaston
40-05.50 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Walls, Damysia	12	San Francisc	40-10.00 CIF
2 Jeffress, Thea	12	Clayton Vall	39-05.00
3 Boblitt, Nina	12	Rancho Cotat	39-00.00
4 Carlson, Alexys	12	Monte Vista	38-11.00
5 Nelsen, Savannah	12	Ukiah	36-04.25
6 Ohrbach, Milla	11	Miramonte	36-00.50
7 Claussen, Isabella	12	Eureka	36-00.00
8 Johnson, Lauryn	10	American Canyon	35-09.00
9 Comerford, Aislinn	12	Campolindo	34-08.00
10 Cannon, Ariana	12	Las Lomas	34-06.00
11 Billig, Kaylah	12	Clear Lake	33-07.50
12 Johnson, Saniyah	11	Piedmont	33-05.00
13 Mitchell, Nayonni	11	American Canyon	33-03.00
14 Suacci, Kaylin	11	Cardinal New	33-01.00
15 Thompson, Neiyah	12	St. Mary's	32-11.50
16 Ross, Morgan	12	Head Royce	32-10.00
17 De Frenchi, Sophie	11	Granada	32-02.50
18 Friedman, Molly	9	Cardinal New	31-10.00
19 Larson, Jayde	9	Livermore (N	31-01.50
20 Pereira, Samantha	10	Castro Valle	30-07.00
21 Parker, Laney	12	Amador Valley	30-04.00
22 Cruz, Maillani	12	El Cerrito	30-03.50
23 Williams-Brown, Nyah	11	Encinal	29-11.00
24 Cooks, Jamilla	12	Bishop O'Dowd	28-02.50

Event 26 Girls Discus Throw Varsity

MOC: 165-02 R 2002 Kamiya Warren
135-07 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Suacci, Kaylin	11	Cardinal New	138-02.00 CIF
2 Ohrbach, Milla	11	Miramonte	125-05.00
3 Jeffress, Thea	12	Clayton Vall	121-02.00
4 Carlson, Alexys	12	Monte Vista	118-02.00
5 Nelsen, Savannah	12	Ukiah	117-03.00
6 Walls, Damysia	12	San Francisc	J117-03.00
7 Jones-Tezeno, Ka'lani	12	Pittsburg	117-02.00
8 Williams-Brown, Nyah	11	Encinal	115-05.00
9 Claussen, Isabella	12	Eureka	111-06.00
10 Torres, Mia	12	San Lorenzo	108-11.00
11 Allen, Grace	12	Campolindo	107-09.00
12 Steinhorst, Kya	12	Heritage	106-08.00
13 Kenney, Rachel	12	Benicia	105-08.00

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Finals ... (Event 26 Girls Discus Throw Varsity)

Name	Yr	School	Finals
14 Jasper, Siena	9	Healdsburg	104-06.00
15 McLaughlin, Natalie		St. Bernard (Nc)	104-02.00
16 Pereira, Samantha	10	Castro Valle	103-09.00
17 Billig, Kaylah	12	Clear Lake	100-11.00
18 Shaw, Grace	12	Windsor (Nc)	99-10.00
19 Russell, Natalie	12	Vintage	99-04.00
20 Birmingham, Alafair	11	Petaluma	J99-04.00
21 Johnson, Saniyah	11	Piedmont	93-03.00
22 Naidu, Arushi	11	American	91-10.00
23 Siquig, Payton	10	Kennedy-Fremont	89-06.00
24 Kobayashi, Audrey	12	Novato	85-08.00

Event 27 Boys High Jump Varsity

MOC: 7-00 R 1989 Gabe Manville
6-06.00 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Wachob, Grady	12	Benicia	6-06.00 CIF
2 Stout, Benjamin	12	Amador Valley	J6-06.00 CIF
3 Bayon, Antonio	12	Redwood	6-04.00
4 Tse, Jourdan	12	Dougherty Valley	6-02.00
5 King, Dylan	10	Liberty	J6-02.00
6 Jones, Jaden	12	St. Mary's	J6-02.00
6 Donaville, Aiden	12	Heritage	J6-02.00
8 Woodson, Jay	11	American Canyon	J6-02.00
9 Walker, Julian	11	Clayton Vall	6-00.00
9 Watson, Zachary	12	Castro Valle	6-00.00
9 Cole, Malachi	11	Maria Carrillo	6-00.00
12 Marshall, Kyree	12	Marin Cathol	J6-00.00
13 Shuga, Max	10	Foothill (Nc)	J6-00.00
13 Eneh, Kingsley	11	San Lorenzo	J6-00.00
15 Khunkhun, Amar	12	Washington	J6-00.00
16 Deily, Landon	11	Acalanes	5-10.00
16 Jackson, Miles	12	San Leandro	5-10.00
18 Lomas, Sebastian	12	Casa Grande	J5-10.00
18 Urban, Cody	12	San Marin	J5-10.00
20 Williams, Omar	11	San Domenico	J5-10.00
20 Jinks, Izaac	12	College Park	J5-10.00
--- Cermenelli-Johnson, Christi	11	Monte Vista	NH
--- Pollard, Miles	12	Dublin	NH
--- Hockert, Daniel	12	Santa Rosa (	NH
--- Morris, Jason	12	San Francisc	NH
--- Earnest, Jermanie	12	Pittsburg	NH
--- McManamon, Alex	12	Miramonte	NH

Event 28 Boys Pole Vault Varsity

MOC: 17-00 R 1987 Brent Burns
15-02.00 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Muhammad, Khaliq	12	Pittsburg	17-01.00RCIF
2 Freas, William	12	Tamalpais	15-06.00 CIF
3 Bayon, Antonio	12	Redwood	14-02.00
4 Loo, Matthew	12	Dublin	13-10.00

5 Gilbert, Nathaniel	12	Monte Vista	13-06.00
6 McGowan, Miles	12	Dublin	J13-06.00
6 Li, Malik	11	Campolindo	J13-06.00
8 Ong, Jeffrey	12	Maria Carrillo	13-00.00
9 Chang, Leo	11	Dublin	12-06.00
10 Clark, Keegan	10	Piner	12-00.00
10 Newman, Nathan	11	Moreau Catho	12-00.00
10 Flett, Milo	12	Berkeley	12-00.00
10 Buskirk, Andrew	11	San Ramon Va	12-00.00
14 Powers, John Stephen	12	Eureka	J12-00.00
15 Logan, Julian	10	Fort Bragg	J12-00.00
15 Shah, Kishor	11	San Rafael	J12-00.00
17 Dascalo, Roece	11	Las Lomas	J12-00.00
18 Moon, Cooper	12	Fort Bragg	J12-00.00
19 Foster, Meg	12	Piedmont	11-00.00
20 Wong, Elijah	10	Washington	10-06.00
--- Lim, Joshua	12	Las Lomas	NH
--- Ely, Ian	12	Berkeley	NH
--- Caviness, Dylan	10	Middletown	NH
--- Deol, Emmitt	9	Moreau Catho	NH

Event 29 Boys Long Jump Varsity

MOC: 24-09.25 R 1954 Monte Upshaw
22-11.25 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Okere, Ernest (Ej)	10	Clayton Vall	23-04.75 CIF
2 Harte, Levi	12	Encinal	23-00.75 CIF
3 Pleis, Kaleb	12	San Ramon Va	22-06.00 3.6
4 Traylor, Barry	11	Salesian	22-03.00 4.2
5 Fernandez, Jonathan	12	St. Mary's	21-11.75 1.2
6 Swamy, Steven	11	James Logan	J21-11.75 2.4
7 Boeschstein, Edward	12	Foothill (Nc)	21-11.50 3.3
8 Kaplanes Jones, Illias	11	Acalanes	21-08.25 2.5
9 Maddox, Nathaniel	12	Dublin	21-00.75 5.7
10 Drummond III, James	10	Liberty	20-11.75 4.6
11 Donaville, Aiden	12	Heritage	20-10.00 3.9
12 King, Anthony	12	San Leandro	20-09.25 1.9
13 McManamon, Alex	12	Miramonte	20-07.75 4.4
14 Eng, Sovonn	11	Montgomery	20-07.25 1.0
15 Garzoli, Jacob	11	Petaluma	20-05.00 1.8
16 Hinton-Clark, Kaori	12	Petaluma	20-03.75 1.3
17 Earnest, Jermanie	12	Pittsburg	20-02.00 0.5
18 Leen, Michael	11	Eureka	19-11.00 2.7
19 Sanderson, Evan	11	Technology (Nc)	19-07.75 3.2
20 Rogers, David	12	Redwood Chri	19-06.00 0.4
21 Jasper, Teague	9	Healdsburg	19-05.75 2.6
22 Woodson, Jay	11	American Canyon	17-01.25 1.0
--- Moratti, Leo	12	Willits	FOUL

Event 30 Boys Triple Jump Varsity

MOC: 50-04 R 2013 Jeffrey Prothro
45-10.50 CIF At-Large

Name	Yr	School	Finals
Finals			
1 Dean, Anthony	12	De La Salle	47-11.00 CIF

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Finals ... (Event 30 Boys Triple Jump Varsity)

Name	Yr	School	Finals
2 Jones, Cameron P	12	Bishop O'Dowd	46-10.50 CIF
3 Maddox, Nathaniel	12	Dublin	45-11.50 CIF
4 Parker, Sean	11	Campolindo	45-10.00 0.7
5 Long, Miguel	12	Piedmont	45-01.50 2.3
6 McManamon, Alex	12	Miramonte	44-04.00 +0.0
7 Greenberg, Jonah	12	Head Royce	44-00.00 4.7
8 Lacsamana, Calvin	10	Bishop O'Dowd	43-05.00 4.4
9 Sanderson, Evan	11	Technology (Nc)	43-04.50 +0.0
10 Donaville, Aiden	12	Heritage	43-00.00 0.7
11 Quinn, Caden	11	Analy (Nc)	42-04.50 2.7
12 Webber, Aristotle	12	Emery	42-01.75 0.1
13 Tippit, Kevin	11	Foothill (Nc)	42-01.00 -0.4
14 Baugh, Tyson	12	San Ramon Va	41-11.75 -1.6
15 Fernandez, Jonathan	12	St. Mary's	41-09.50 0.8
16 Marshall, Kyree	12	Marin Cathol	41-08.00 1.7
17 Garzoli, Jacob	11	Petaluma	41-03.00 +0.0
18 Ricker, Grant	11	Acalanes	41-02.00 1.4
19 Nomeh, Chiemezie	12	Heritage	40-09.50 -0.3
20 Creedman-Ho, Colby	12	Tamalpais	40-08.00 -1.4
21 Khattak, Hannan	10	Mission San	40-04.50 0.2
22 Srinivas, Ankith	12	Mission San	39-06.25 1.6
23 Crowder, Peyton	10	American Canyon	38-03.50 1.2

Event 31 Boys Shot Put Varsity

MOC: 66-04 R 5/27/2016 Nathan Esparza			
55-04.50 CIF At-Large			
Name	Yr	School	Finals
Finals			
1 Bertoli, Devon	11	Cardinal New	59-03.75 CIF
2 Ihe, Chibuike	12	Pittsburg	55-10.25 CIF
3 Collenberg, Skyler	11	Arcata	55-06.25 CIF
4 Imasuen, Bethel	12	Acalanes	52-06.00
5 Bruce, Zach	11	California	51-06.00
6 Littlejohn, Deonte	11	Acalanes	51-04.00
7 Remington, Logan	12	Clayton Vall	50-09.50
8 Fesseha, Samuel	11	Berkeley	50-05.25
9 Paongo, Tevita	11	Hayward	49-01.75
10 Espinoza, Sebastian	11	Del Norte	46-08.00
11 Gravelin, Daniel	10	Fort Bragg	46-05.00
12 Belli, Nathaniel	12	Castro Valle	46-02.00
13 Armas, Emmanuel	10	Dublin	45-11.50
14 Adan, Vicente	10	Cardinal New	45-08.50
15 Lopez, Israel	11	San Leandro	45-01.00
16 Uk, Kai	11	American	44-09.00
17 Strait, Kyle	12	Granada	44-08.75
18 Lundholm, Alexander	12	Las Lomas	44-07.25
19 Theunissen, Cooper	11	Clayton Vall	43-07.75
20 Matacia, Matthew	12	Casa Grande	42-11.25
21 Turner, Holden	12	Redwood	42-11.00
22 Paongo, Mateaki	12	Hayward	42-07.00
23 Ma, Sam	9	College Prep	40-07.50
24 Elsakkar, Adam	10	Convent and	34-09.00

Event 32 Boys Discus Throw Varsity

MOC: 194-02 R 1974 Darrell Elder			
175-05 CIF At-Large			
Name	Yr	School	Finals
Finals			
1 Adan, Vicente	10	Cardinal New	159-02.00
2 Littlejohn, Deonte	11	Acalanes	156-03.00
3 Bruce, Zach	11	California	154-00.00
4 Belli, Nathaniel	12	Castro Valle	153-02.00
5 Arias, Andrew	12	Castro Valle	153-01.00
6 Remington, Logan	12	Clayton Vall	153-00.00
7 Jepma, Trenton	12	San Marin	150-02.00
8 Smoak, chandler	12	Livermore (N	146-08.00
9 McCord, Aaron	12	California	145-03.00
10 Howe, Alex	10	Miramonte	135-08.00
11 Houston, Noah	12	San Ramon Va	135-04.00
12 Paongo, Tevita	11	Hayward	135-00.00
13 Woods, Aidan	12	Cardinal New	134-01.00
14 Schwarm, Jordan	11	Ukiah	132-00.00
15 Myers, Jesse	12	Cardinal New	130-00.00
16 Hall, Kohlton		St. Bernard (Nc)	126-08.00
17 Ouzounian, Anthony	12	Monte Vista	125-02.00
18 Bertoli, Devon	11	Cardinal New	124-03.00
19 Jensen, Joshua	12	Montgomery	122-11.00
20 May-Fanane, Easton	12	Castro Valle	122-10.00
21 Parikh, Om	11	James Logan	121-03.00
22 McDonald, Quincy		Hoopa Valley	119-00.00
23 Paongo, Mateaki	12	Hayward	118-11.00
24 Weitzel, Ethan		Ferndale	117-08.00

Event 33 Girls 4x800 Meter Relay Varsity

MOC: 9:10.30 R 5/17/2024 Granada (Nc)		
E Ruckmann-Barnes, S Bumpus, M Lnenicka, J Barron		
Team	Relay	Finals
Finals		
1 Monte Vista (Nc)		9:13.96
1) Miller, Cate 12	2) Makarova, Nadya 9	
3) Fernandez, Sofia 12	4) Padilla, Ava 9	
2 Branson (Nc)		9:14.07
1) Gidney, Maya 9	2) Brown, Imogen 12	
3) Allen, Farah 10	4) Sellers, Hailey 10	
3 Las Lomas (Nc)		9:21.02
1) Malick, Ella 9	2) Montilla, Lily 12	
3) Hurd, Shaina 11	4) Orr, Charlotte 12	
4 Lick-Wilmerding (Nc)		9:26.59
1) Jameson, Lucy 10	2) Adams-Teoh, Ella 9	
3) Mogannam, Ella 11	4) Harris, Savannah 12	
5 Campolindo (Nc)		9:35.47
1) McCasland, Kiona 10	2) Randolph, Helen 12	
3) Randolph, Jillian 9	4) Andrzejek, Claire 11	
6 Castro Valley (Nc)		9:50.91
1) Nierengarten, Iliana 10	2) Perez, Haley 12	
3) Rodriguez, Isabella 11	4) Kryuchkova, Maria (Masha) 9	

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Finals ... (Event 33 Girls 4x800 Meter Relay Varsity)		
Team	Relay	Finals
7 Northgate (Nc)		9:53.21
1) York, Grace 9	2) Fox, Emma 10	
3) Palmer, Maddison 10	4) Ahonen-Lytal, Maren 10	
8 Dublin (Nc)		9:55.97
1) Reddi, Leila 10	2) Sullivan, Taylor 9	
3) Geraghty, Isabella 9	4) Prenton, Melia 12	
9 Tamalpais (Nc)		9:58.04
1) Lee, Plum 12	2) Wong, Estella 12	
3) Gardner, Emma 12	4) McMahon, Ava 9	
10 Maria Carrillo (Nc)		10:04.16
1) Szczekocki, Brooke 12	2) Schubert, Carley 12	
3) Crocker, Quinne 11	4) Fogg, Andi 11	
11 Granada (Nc)		10:05.44
1) Lim, Ena 11	2) Gurusamy, Esha 11	
3) Espinoza, Grace 10	4) Sauder, Kerrigan 12	
12 Piedmont (Nc)		10:07.73
1) Gorelik, Nikita 9	2) Best, Skylar 11	
3) Taylor, Caroline 12	4) Mand, Leighton 10	
13 San Ramon Valley (Nc)		10:14.37
1) McDermott, Payton 9	2) Larson, Katelyn 12	
3) Mustin, Ila 10	4) Gunderson, Hailey 12	
14 Dougherty Valley (Nc)		10:18.20
1) Richards, Sara 11	2) Chhabra, Neha 9	
3) Kumar, Ananya 11	4) Shah, Alyssa 11	
15 San Francisc		10:19.83
1) Nichol, Stella 9	2) Agnoli, Anna 10	
3) Smit, Finny 11	4) Cort, Zoe 12	
16 St. Marys (Nc)		10:37.13
1) Bird, Evelyn 9	2) Sullivan, Lia 12	
3) Ruppert, Catherine 9	4) Scannell, Katherine 12	

Event 34 Boys 4x800 Meter Relay Varsity
MOC: 7:49.76 R 5/17/2024 Granada (Nc)

Team	Relay	Finals
Finals		
1 Las Lomas (Nc)		7:53.64
1) Springer, Zack 12	2) Sonoda, Joshua 11	
3) Freitag, Porter 12	4) Griffin-Yeh, Nate 12	
2 Analy (Nc)		7:57.04
1) Vanden Heuvel, Bear 12	2) Dawson, Owen 11	
3) Gaylord, Cormac 12	4) Holman, Quince 11	
3 Heritage (Nc)		8:03.97
1) Nair, Aadit 10	2) Sooch, Sanjog 11	
3) Sarwari, Tameem 12	4) Woolery, Nicholas 12	
4 San Francisc		8:08.44
1) Rutter, Wyatt 12	2) Kost, Charlie 10	
3) Jones, Ben 12	4) Garner, Lucas 12	
5 Bishop O'Dowd (Nc)		8:15.71
1) Wright, Liam 11	2) Smith, Jayden 11	
3) Blout, Dylan 10	4) Prater, James 10	
6 Dublin (Nc)		8:15.84
1) Gan, Tristan 12	2) Imbo, Jeremy 10	
3) Jain, Akash 11	4) Martinez-Fernandez, Jorge 11	

7 Archie Williams (Nc)	8:15.89
1) Berberich, Leo 10	2) Cross, Reid 12
3) Diehl, Archer 12	4) Finley, William 12
8 Vintage (Nc)	8:17.64
1) Eichner, Teddy 11	2) Heffner, Jack 12
3) Frye, Grayson 12	4) Hernandez, Elian 10
9 Monte Vista (Nc)	8:18.79
1) Sachdeva, Rishab 12	2) Lowe, Cooper 11
3) Tieu, Leo 12	4) Brandeis, Owen 12
10 Dougherty Valley (Nc)	8:19.46
1) Jones, Nicholas 12	2) Bliss, Carter 12
3) Lee, Matthew 12	4) Rosicker, Arunas 10
11 San Ramon Valley (Nc)	8:24.86
1) Williams, Jack 12	2) Dunn, Hayden 10
3) Benhamida, Abbas 12	4) Burleson, Ben 11
12 Amador Valley (Nc)	8:25.29
1) Raju, Sattvik 11	2) Versteeg, Aiden 11
3) Mak, Callan 11	4) Klokkenga, Alex 12
13 St. Marys (Nc)	8:26.65
1) Mazin, Mika 11	2) Tarango, Joaquin 12
3) Demissie, Jacob 12	4) Hall, Adrian 11
14 De La Salle (Nc)	8:33.81
1) Caldwell, Trey 12	2) Murray, Tadhg 12
3) Gaber, Dillon 11	4) Nickens, Chase 9
15 College Prep (Nc)	8:35.62
1) Martinovsky, Andrew 10	2) Rendall-Jackson, Emiya 12
3) Skarbinski, Isan 11	4) Petajisto, Noah 10
16 Granada (Nc)	8:40.24
1) Bertrand, Matthew 11	2) Mikhael, George 12
3) Mesa, Taino 11	4) Barron, Nicolai 11

Event 35 Girls 100 Meter Dash Unified

Name	Yr	School	Finals
Finals			
1 Fernandez, Liliana	11	Heritage	J13.28 1.8
1 Hodgins, Imoni	12	Heritage	J14.16 1.8
2 Balumbu, Emaia	10	Heritage	J13.67 1.8
2 Miller, Sharde	11	Heritage	J17.68 1.8
3 Diaz, Isabella	9	Benicia	J13.64 1.8
3 Williams, Valentina	10	Benicia	J18.43 1.8
4 Decredico, Malory	10	Acalanes	J28.28 1.8
4 Quintella, Leah	10	Acalanes	J28.32 1.8

Event 36 Boys 100 Meter Dash Unified

Name	Yr	School	Finals
Finals			
1 Kent, Laprell	11	Dublin	J12.34 1.1
1 calander, Gabriel	11	Dublin	J12.55 1.1
2 Prabhu, Rohan	11	California	J11.62 1.1
2 Waters, Cooper	11	California	J13.68 1.1
3 Newell, Leron	12	Hayward	J12.68 1.1
3 Hourel Flores, Michael	12	Hayward	J13.62 1.1
4 Mourning, Demarion	11	Freedom	J12.27 1.1
4 Fowler, Nathaniel	11	Freedom	J15.38 1.1
5 Ibarra, Elias	12	Hayward	J12.89 1.9
5 Albanesi, Jackson	11	Hayward	J14.72 1.9

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Finals ... (Event 36 Boys 100 Meter Dash Unified)				
Name	Yr	School	Finals	
6 Tahiliani, Aarush	11	Amador Valley	J12.58	1.9
6 Vathul, Anuraag	11	Amador Valley	J16.56	1.9
7 Amin, Zawaad	11	Heritage	J13.54	1.9
7 Witt, Carlos	9	Heritage	J17.41	1.9
8 Romrell, Xander	10	Benicia	J12.91	1.9
8 Paterno, Lucas	11	Benicia	J19.14	1.9
9 Nelson, Lawrence	12	Benicia	J12.84	1.4
9 Berg, Quinnlan	13	Benicia	J20.60	1.4
10 Mehta, Pratham	11	Amador Valley	J13.74	1.4
10 Naizghi, Yacob	9	Amador Valley	J21.00	1.4
11 Sandrich, Cole	10	Redwood	J73.03	1.4
11 Acker, John Paul		Redwood	J73.80	1.4

Event 37 Girls Long Jump Unified				
Name	Yr	School	Finals	
Finals				
1 Wright, Kendal	12	Benicia	J12-04.50	NWI
1 Williams, Valentina	10	Benicia	J9-01.25	NWI

Event 38 Boys Long Jump Unified				
Name	Yr	School	Finals	
Finals				
1 Newell, Leron	12	Hayward	J19-00.25	NWI
1 Hourel Flores, Michael	12	Hayward	J14-06.50	NWI
2 Prabhu, Rohan	11	California	J20-01.50	NWI
2 Waters, Cooper	11	California	J11-06.25	NWI
3 Li, Evan	9	Dublin	J17-09.00	NWI
3 Kent, Laprell	11	Dublin	J12-03.50	NWI
4 Campanile, Joseph	12	Benicia	J19-00.75	NWI
4 Paterno, Lucas	11	Benicia	J10-00.00	NWI
5 Sandoval, Ariadna	12	Hayward	J12-10.25	NWI
5 Albanesi, Jackson	11	Hayward	J12-00.50	NWI
6 Ricker, Grant	11	Acalanes	J11-11.25	NWI
6 Lee, Isaac	9	Acalanes	J5-01.25	NWI
7 Mehta, Pratham	11	Amador Valley	J10-08.00	NWI
7 Naizghi, Yacob	9	Amador Valley	J4-03.75	NWI
8 Vathul, Anuraag	11	Amador Valley	J10-04.75	NWI
--- Tahiliani, Aarush	11	Amador Valley	FOUL	

Event 39 Girls 4x100 Meter Relay Unified				
MOC: 58.90 R 5/18/2024 Pittsburg (Nc)				
J Batiste, S Leonard, L Jamison, L Hatcher				
Team	Relay	Finals		
Finals				
1 Heritage (Nc)		60.04		
1) Blomseth, Stevie 10	2) Hodgins, Imoni 12			
3) Baluyut, Olivia 12	4) Miller, Sharde 11			
2 Acalanes (Nc)		74.55		
1) Decredico, Malory 10	2) DeCredico, Alyvia 12			
3) Sekhon, Asha 10	4) Merrill, Sylvie 9			

Event 40 Boys 4x100 Meter Relay Unified				
MOC: 53.73 R 5/18/2024 Pittsburg (Nc)				
J Martinez, C Imoka, S Moffett, S Green				
Team	Relay	Finals		
Finals				
1 Hayward (Nc)		52.49R		
1) Ibarra, Elias 12	2) Hourel Flores, Michael 12			
3) Newell, Leron 12	4) Albanesi, Jackson 11			
2 Dublin (Nc)		56.73		
1) Kakollu, Akhil 12	2) Kent, Laprell 11			
3) Wan, Rex 10	4) calander, Gabriel 11			
3 Amador Valley (Nc)		65.17		
1) Naizghi, Yacob 9	2) Vathul, Anuraag 11			
3) Mehta, Pratham 11	4) Tahiliani, Aarush 11			
4 Benicia (Nc)		74.54		
1) Paterno, Lucas 11	2) Berg, Quinnlan 13			
3) Nelson, Lawrence 12	4) Zuniga, Elias 12			

Event 41 Girls Shot Put Unified				
Name	Yr	School	Finals	
Finals				
1 Grigsby, Norah	10	Heritage	J27-03.50	
1 Miller, Sharde	11	Heritage	J12-09.50	

Event 42 Boys Shot Put Unified				
Name	Yr	School	Finals	
Finals				
1 Sega, Elijah	12	Hayward	J43-00.00	
1 Hourel Flores, Michael	12	Hayward	J39-06.25	
2 Battaglia, Francesco	12	Benicia	J46-00.50	
2 Berg, Quinnlan	13	Benicia	J18-04.00	
3 Calixto, Nathaniel	11	Hayward	J31-10.75	
3 Albanesi, Jackson	11	Hayward	J30-05.50	
4 Tillman-Mims, Pierre	11	Benicia	J38-06.00	
4 Zuniga, Elias	12	Benicia	J14-05.00	
5 Brooks, Jeramiah	12	Heritage	J35-06.75	
5 Witt, Carlos	9	Heritage	J14-02.00	

Event 43 Boys 100 Meter Dash Ambulatory				
Name	Yr	School	Finals	
Finals				
1 Kakollu, Akhil	12	Dublin	21.09	NWI

Event 44 Boys 200 Meter Dash Ambulatory				
Name	Yr	School	Finals	
Finals				
1 Kakollu, Akhil	12	Dublin	43.23	NWI

Women - Varsity - Team Rankings - 17 Events Scored	
1) Pittsburg (NC)	40
2) St. Marys (NC)	36
2) Clayton Valley (NC)	36
4) Monte Vista (NC)	34
5) Montgomery (NC)	32
6) Redwood (NC)	31

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7) Dublin (NC)	28	17) Clayton Valley (NC)	11
8) Branson (NC)	24	18) Piedmont (NC)	10
9) San Francisco University	21	18) Benicia (NC)	10
9) Las Lomas (NC)	21	20) California (NC)	8
11) Liberty (NC)	16	20) Moreau Catholic (NC)	8
11) Carondelet (NC)	16	20) Archie Williams (NC)	8
13) San Ramon Valley (NC)	15	20) Analy (NC)	8
14) Lick-Wilmerding (NC)	14	20) International (NC)	8
15) Santa Rosa (NC)	12.3333	20) Encinal (NC)	8
16) Acalanes (NC)	12	26) Heritage (NC)	6.5
17) Campolindo (NC)	11.3333	27) San Francisco University	6
18) Archie Williams (NC)	11	27) Castro Valley (NC)	6
19) Cardinal Newman (NC)	10	27) Arcata (NC)	6
19) Technology (NC)	10	30) Campolindo (NC)	4.5
19) Bay School of San Francisco	10	31) Salesian (NC)	4
19) Justin-Siena (NC)	10	31) College Park (NC)	4
23) Miramonte (NC)	9	31) Windsor (NC)	4
24) Washington (NC)	8	34) Newark Memorial (NC)	2
24) Heritage (NC)	8	34) Berkeley (NC)	2
26) Bishop O'Dowd (NC)	7	34) Casa Grande (NC)	2
26) Castro Valley (NC)	7		
28) Rancho Cotate (NC)	6		
29) Vallejo (NC)	4		
29) Ukiah (NC)	4		
29) California (NC)	4		
29) Dougherty Valley (NC)	4		
29) Ygnacio Valley (NC)	4		
34) Petaluma (NC)	2.33333		
35) Vintage (NC)	2		
36) Piedmont (NC)	1		
36) Foothill (NC)	1		
36) Albany (NC)	1		
36) James Logan (NC)	1		
36) San Leandro (NC)	1		
36) Maria Carrillo (NC)	1		
36) Amador Valley (NC)	1		

Women - Unified - Team Rankings - 4 Events Scored

1) Heritage (NC)	38
2) Benicia (NC)	16
3) Acalanes (NC)	12

Men - Varsity - Team Rankings - 17 Events Scored

1) De La Salle (NC)	93
2) El Cerrito (NC)	38
3) Tamalpais (NC)	28
4) Dublin (NC)	26.5
5) Bishop O'Dowd (NC)	26
6) Cardinal Newman (NC)	24
7) Acalanes (NC)	23
8) Pittsburg (NC)	19
9) Redwood (NC)	17
10) San Ramon Valley (NC)	16
11) St. Marys (NC)	15.5
12) Foothill (NC)	15
13) Amador Valley (NC)	14
13) Dougherty Valley (NC)	14
15) American Canyon (NC)	12
15) Las Lomas (NC)	12

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34) Monte Vista (NC)	2
34) Liberty (NC)	2
39) Granada (NC)	1
39) Emery (NC)	1
39) James Logan (NC)	1
39) Miramonte (NC)	1

Men - Unified - Team Rankings - 4 Events Scored

1) Hayward (NC)	46
2) Dublin (NC)	24
3) Benicia (NC)	20
4) California (NC)	16
5) Amador Valley (NC)	7
6) Freedom (NC)	4
7) Heritage (NC)	2
8) Acalanes (NC)	1