

## NCS Meet of Champions - 5/19/2023 to 5/20/2023

Dublin High School  
Meet Program - Day 1**Event 1 Girls 4x100 Meter Relay Varsity****8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/19/2023 - 4:30 PM**MOC: 45.64 1996 James Logan  
47.90 CIF At Large

Lane	Team	Relay	Seed Time
<b>Heat 1 of 3 Prelims</b>			
1	Mission San		51.82
	1) Ho, Allison 11	2) Dangca, Andrea 10	
	3) Yu, Stephanie 9	4) Menon, Sophie 11	
2	Acalanes		50.07
	1) Lyons, Natalie 11	2) Hiatt, Victoria 9	
	3) Seymour, Portia 12	4) Chinn, Sophia 10	
	5) Young Harriman, Carly 12	6) Green, Danica 9	
	7) Chelemedos, Haley 10		
3	Marin Cathol		49.41
	1) Gorham, Lea 11	2) Weitz, Millie 12	
	3) Etcheber, Alivia 12	4) Addae, Angelique 10	
	5) Stallings Jaber, Zeina 10	6) Dennis, Remi 10	
4	Dublin		48.69
	1) Champion, Leila 12	2) Gomes, Angelica 11	
	3) Hasni, Aaliyah 10	4) Doria, Hannah 10	
	5) Gomes, Angelina 11	6) Chee, Kathryn 11	
	7) Inamdar, Ria 9	8) Chavarria Gomez, Alely 12	
5	Carondelet		48.95
	1) Reese, Amaya 9	2) David, Paige 12	
	3) Castagnetto, Carli 12	4) Kenion, Kiana 9	
	5) Margate, Ayla 10	6) Orthmann, Jessica 10	
	7) Meredith, Brianna 12	8) Mcdonough, Kate 11	
6	Castro Valle		49.41
	1) Smith, Hailey 10	2) Sims, Lynee 12	
	3) Sawyer, Savannah 10	4) Essien, Idara 9	
	5) Lee, Carrie 10	6) Li, Zoie 10	
7	Foothill (Nc)		50.13
	1) Kamble, Aditi 12	2) Xu, Alisia 11	
	3) Van Horn, Claire 12	4) Fraher, Elizabeth 10	
	5) Burstein, Ariel 11	6) Diwan, Reva 11	
	7) Patterson, Ella 12	8) Oh, Allison 11	
8	Urban-SF (Nc)		51.90
	1) Hoe, Dawson 12	2) Richter, Chiara 10	
	3) Torres, Ari 9	4) Romano, Oona 9	
	5) Monty, Ellis 11		

**Heat 2 of 3 Prelims**

1	Cardinal New		51.10
	1) Maida, Hannah 9	2) D'Amico, Bella --	
	3) Jordan, Vivien 12	4) Mullins, Abbie 12	
	5) Carinalli, Lily 12	6) Saunders, Hennessey 11	
2	Liberty		50.02
	1) Bouskila, Noy 12	2) Shedd, Mersayis 12	
	3) Oji, Nicole 10	4) Simms, Selah 10	
	5) Zimmerman, Sabella 12	6) Oji, Michelle 11	
	7) Hawkins, Kendall 10	8) Acosta, Lola 9	
3	San Ramon Va		49.39
	1) Noden, Holly 10	2) Bogdan, Julia 11	
	3) Hansen, Kyra 9	4) Harvey, India 9	
	5) Guerrero, Izabella 10	6) Giacomelli, Gabriell 11	
	7) Norman, Sierra 10	8) Lee, Marielle 10	
4	Maria Carrillo		48.65
	1) Mulligan, Lily 12	2) DeMange, Elianah 12	
	3) Moore, Sydney 11	4) O'Malley, Kathryn 12	
	5) Bronston, Bailey 12	6) Morley, Gianna 9	
5	St. Mary's		49.10
	1) Gant Hatcher, Kira 9	2) Fettig, Taryn 12	
	3) Hedgspeth, Dylan 12	4) Jackson, Sofia 12	
	5) Dwyer, Brooklyn 10	6) Reed, Jaiden 10	
	7) Rogers, Georgia 12	8) Lawson, Alexa 10	
6	San Leandro		49.47
	1) Pringle-Hamilton, Rymiyah 12	2) Tharp, Ariana 11	
	3) Lopez, Stephanie 10	4) Taylor, Maleah 12	
	5) Horwitz, Eden 9		
7	American Can		50.59
	1) Brown, Kennedy 12	2) Diouf, Sadia 12	
	3) King, Lauren 11	4) Acero, Angela 12	
8	Internationa		52.32
	1) May, Kaia 9	2) Ortiz de Montellano, Zola 9	
	3) Troussset, Bella 11	4) Smith, Nairobi 11	
	5) Zemlin, Nisha 9	6) Viess, Hannah 11	

## NCS Meet of Champions - 5/19/2023 to 5/20/2023

## Dublin High School

## Meet Program - Day 1

## Heat 3 of 3 Prelims...(Event 1 Girls 4x100 Meter Relay Varsity)

1	Eureka	50.81
	1) Ortiz, Grecia 9	2) Pesch, Emily 11
	3) Gaither, Samara 10	4) Brooks, Ginny 12
	5) Plessinger, Avery 9	6) Bennett, Ava 12
	7) Dunn, Bridgette 12	
2	Campolindo	49.80
	1) Testa, Mari 12	2) Arnswald, Charlotte 12
	3) Kennedy, Meagan 12	4) Graves, Sarah 9
	5) Doane, Eloise 10	6) Worster, Sierra 9
	7) Stankus, Georgia 10	8) Ross, Sidney 11
3	James Logan	49.33
	1) Vuong, Heidi 12	2) Anderson-Brown, Nyarah 11
	3) Jones, Lena 11	4) Mendoza, Michaelah 10
	5) Austria, Rebecca 12	6) Vuong, Heather 12
	7) Anderson-Brown, Essence 9	
4	Pittsburg	47.10 CIF
	1) Jenkins, Billie 9	2) Bell, Milani 11
	3) Rockmore, Janai 10	4) Aganju, Amirat (Temi) 9
	5) Russell, Anaya 10	6) Tims, Nyla 10
5	Washington	49.22
	1) Hsieh, Katherine 12	2) Easley, Myla 11
	3) Pineda Aliamus, Paige 12	4) Francisco, Emmalene 12
	5) Razi, Ariana 11	6) Lau, Vivian 11
6	California	49.60
	1) Young, Olivia 10	2) Ziblatt, Mia 12
	3) Lanza, Jasmine 12	4) Okorie, Jessica 11
	5) Osicka, Rachael 9	6) Dutta, Kria 10
	7) Simmons, Samantha 10	8) Contreras, Samantha 11
7	Justin-Siena	50.72
	1) Pham, Haley 10	2) Davis, Gabriella 12
	3) Balmaceda, Isabella 12	4) Hobaugh, Liliana 12
8	San Francisc	52.34
	1) Martell, Claiborne 12	2) Miles, Georgia 10
	3) Sappenfield, Alice 12	4) Conner, Alison 11
	5) Ong, Isabella 11	

## Event 2 Boys 4x100 Meter Relay Varsity

## 8 Advance: Top 1 Each Heat plus Next 4 Best Times

Friday 5/19/2023 - 4:45 PM

MOC: 41.10 1981 Berkeley

41.85 CIF At Large

Lane	Team	Relay	Seed Time
<b>Heat 1 of 4 Prelims</b>			
2	San Francisc		44.58
	1) Tarm, Trevor 11	2) Perkins, Will 11	
	3) Donovan, Dash 11	4) Dah, Ohene 11	
	5) Lu, Hunter		
3	Campolindo		43.14
	1) Myers, Josh 12	2) Nelson, Garrett 12	
	3) Fossen, Kyle 11	4) Comerford, Brendan 12	
	5) Berg, Thomas 9	6) Ahearn, Quinn 12	
	7) Young, Ben 11	8) Dong, Andrew 10	
4	Heritage		42.22
	1) Odhiambo, Jordan 12	2) Davis, Brooks 11	
	3) Campbell, Teyo 12	4) Wilson, Jaxson 10	
	5) Adanandus, Mekhi 10	6) Baldwin, Gayvn 10	
	7) Ruffin, Jeremiah 12		
5	Pittsburg		42.32
	1) Tezeno, La'Rico 11	2) Stallworth, Michael 11	
	3) King, Mykel 12	4) Shivers, Tramayne 12	
	5) Calhoun, Dominik 10	6) Edwards, Tim 10	
	7) Higgins, Keynan 12		
6	San Leandro		43.29
	1) Bryant, Jayden 10	2) Perry, Jamal 11	
	3) Gilder, Myles 12	4) Daniels, Devan 12	
	5) Challenger, Michael 12	6) Garrick, Evan 12	
	7) Ferguson, Martis 11		
7	Jesse Bethel		44.65
	1) Dixon, Cassel 10	2) Momon, Jason 10	
	3) Ratchford, Jordan 12	4) Usher, Cameron 10	
	5) McNeal, Kylan 9	6) Parker, Tashamii 12	

## NCS Meet of Champions - 5/19/2023 to 5/20/2023

## Dublin High School

## Meet Program - Day 1

**Heat 2 of 4 Prelims...(Event 2 Boys 4x100 Meter Relay Varsity)**

2	Irvington	44.45
	1) Nguyen, Ethan 12	2) Lim, Kyle 12
	3) Retika, Kyle 12	4) Devadason, Samuel 10
	5) Chao, Abraham 10	6) Insiengmay, Ethan 9
3	San Ramon Va	43.00
	1) LeBeau, Noah 12	2) Kasthuri, Arjun 12
	3) Padrid, Caleb 12	4) Williams, Seane 12
	5) Kumar, Nishad 11	6) Stern, Matthew 10
	7) Ralston, Liam 11	8) Dessoye, Nathan 9
4	El Cerrito	42.18
	1) Avery, Micah 11	2) Bolds, Jayvon 11
	3) Harper, Daniel 11	4) Stitts, Robert 12
	5) Shelton, Zion 11	6) Thompson, Gavin 10
	7) Lewis, Donavyn 11	
5	Freedom	42.41
	1) Edmon, Taylor 11	2) Reed, Tai 12
	3) Tomlin, Dominick 12	4) Kalmon, Demi 11
	5) Featherstone, Samaje 12	6) Callen, Austin 10
	7) Smith, Isaiah 11	8) Richards, Christian 10
6	Maria Carrillo	43.60
	1) Gleeson, Beau 11	2) Ferrari, Cohen 12
	3) Ong, Alexander 12	4) Gray, Jai 12
	5) Holiday, Nehemiah 11	6) Olsen, Wyatt 11
7	Convent and	44.72
	1) Lui, John 11	2) Urruty, Iban 12
	3) Oenning, Max 10	4) Holsman, Oliver 12
	5) Perkins, Johnny 12	

**Heat 3 of 4 Prelims**

2	Marin Cathol	44.43
	1) Serafin, Elijah 9	2) Barrett, Reece 10
	3) Geissberger, Jarred 9	4) Bosch, JR 12
	5) Rosai, Andrew 12	6) Tuttle, Robert 12
3	Redwood	42.90
	1) Bunch, Baden 12	2) Cleary, Anthony 11
	3) Putney, John 12	4) Grossman, Miles 12
	5) Ghalam, William 11	6) Guerrero, Paolo 11
4	De La Salle	41.47 CIF
	1) Jefferson, Jaden 9	2) Udeh, Chukwunonso 12
	3) Guerrero, Johnathan 11	4) Faavae, Toa 10
	5) Harris, Keon 10	6) Funk, Lucas 11
	7) Udeh, Ikembuchukwu 10	8) Kelly, Dominic 10
5	California	42.53
	1) Taylor, Luke 9	2) Browne, Ethan 12
	3) Fox, Nicholas 10	4) Love, Devan 11
	5) Swamy, Ishan 12	6) Lee, Patrick 12
	7) Williams, Aiden 9	8) Fasshauer, Nick 11
6	Rancho Cotat	43.96
	1) Martinez, Gio 10	2) Vadrawale, Sai 12
	3) Halle, Tupotu 11	4) Pruitt, Jacob 11
	5) Brooke, Adarius 10	6) Jordan, Kai 9
7	St. Mary's	44.87
	1) Tanisaki, Logan 12	2) Gabriel, Ahmad 10
	3) Kettler, Myles` 11	4) Swanson, Luke 11
	5) Owens, Devin 11	

**Heat 4 of 4 Prelims**

1	Cloverdale	46.64
	1) Demattei, Santino 10	2) Rosas, Gabe
	3) Munoz, Hector 11	4) Muro, Ivan 11
	5) Glasson, Logan 10	
2	Del Norte	44.41
	1) Mintonye, Aden 10	2) Hanks, Deken 9
	3) Price, Bryson 12	4) Harrison, Caden 11
3	Clayton Vall	42.88
	1) Wilson, Kai 10	2) Perez, Fernando 11
	3) Cox III, Charles 12	4) Christy, Ryan 11
	5) Brown, Kilwin 11	6) Watts, Andres 9
4	Acalanes	41.28 CIF
	1) Torres, Ethan 12	2) Bielawski, Kyle 12
	3) Rogers, Trevor 11	4) Kuhner, Paul 11
	5) Mathias, Luca 12	6) Glick, Collin 11
	7) Foster, Kiran 11	8) Lockwood, River 9
5	Liberty	42.60
	1) Searcy, Jamar 10	2) Pratcher, Larry 11
	3) Cruz, Frankie 12	4) Carr II, Darrell 12
	5) Isenburg, Carson 12	6) Joe, Chris 10
	7) Velez, Emilio 11	8) Robinson, Ju'si 9
6	Tamalpais	44.11
	1) Wanger, Nate 10	2) Peterson, Quincy 12
	3) Freas, William 10	4) Engel, Harrison 11
	5) Burnett, Dexter 9	6) Keane, David 9
7	Washington	45.15
	1) Redd, Cameron 9	2) Haastrup, Casey 11
	3) Ponssen, Derek 11	4) Razi, Aaron 11
	5) Perkins, Ben 11	

**Event 3 Girls 1600 Meter Run Varsity****12 Advance: Top 4 Each Heat plus Next 4 Best Times**

Friday 5/19/2023 - 5:05 PM

MOC: 4:42.79 1997 Julia Stamps

4:52.85 CIF At Large

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 2 Prelims</b>				
1	Buckley, Ellie	12	Campolindo	5:00.46
2	Volkmer, Shea	11	Campolindo	5:00.50
3	Lee, Liana	11	Dougherty Valley	5:05.72
4	Johnson, Adeline	12	Branson	5:06.92
5	Mogannam, Ella	9	Lick-Wilmerd	5:13.24
6	Nacco, Marley	10	Redwood	5:13.31
7	Smith, Alexandra	9	San Ramon Va	5:14.87
8	Kabenina, Kate	11	Campolindo	5:15.60
9	Yee, Megan	11	Acalanes	5:16.91
10	Nottingham, Carina	9	Berkeley	5:17.64
11	Wong, Ania	11	Mission San	5:21.91
12	Pioroda, Julia	12	Newark Memor	5:22.31

## NCS Meet of Champions - 5/19/2023 to 5/20/2023

Dublin High School  
Meet Program - Day 1**Heat 2 of 2 Prelims...(Event 3 Girls 1600 Meter Run Varsity)**

1	Thomsen, Hanne	10	Montgomery	4:52.58	CIF
2	Ryan, Athena	11	Sonoma Acade	5:03.07	
3	Dolan, Peyton	11	Monte Vista	5:03.44	
4	Lacefield, Amrie	10	Montgomery	5:09.97	
5	Silverstein, Alyssa	9	Archie Willi	5:11.47	
6	Kreutz, Reilly	11	Petaluma	5:14.48	
7	Laughlin, Lucinda	11	San Francisc	5:14.74	
8	Green, Talia	11	College Prep	5:16.38	
9	Trenam, Gracie	11	Maria Carrillo	5:16.46	
10	Hougan, Magnolia	10	Berkeley	5:17.66	
11	Punz, Annika	11	St. Mary's	5:19.77	
12	Keating, Chloe	9	Bishop O'Dow	5:36.19	

**Event 4 Boys 1600 Meter Run Varsity****12 Advance: Top 4 Each Heat plus Next 4 Best Times**

Friday 5/19/2023 - 5:21 PM

MOC: 4:02.40 1974 Rich Kimball  
4:13.89 CIF At Large

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 2 Prelims**

1	Cohen, Lucas	11	Albany	4:11.23	CIF
2	Hupke, Jacob	12	Moreau Catho	4:12.03	CIF
3	Gurusamy, Dheeraj	12	Granada	4:19.11	
4	Patel, Asher	11	Miramonte	4:19.53	
5	Monteleone, Niall	11	El Cerrito	4:20.92	
6	Walker, Alex	12	Clayton Vall	4:21.84	
7	Kirrane, Brian	12	California	4:23.57	
8	Werner, Ethan	11	Redwood	4:23.76	
9	Mulliken, William	10	Archie Willi	4:23.87	
10	Richards, Andrew	12	Dougherty Valley	4:23.97	
11	Dinan, Damian	11	McKinleyvill	4:24.44	
12	Thomasson, Alex	11	Campolindo	4:25.43	
13	Mullen, Mason	11	Berkeley	4:26.86	
14	Hillis, Liam	11	Lick-Wilmerd	4:29.67	

**Heat 2 of 2 Prelims**

1	Malko-Allen, Mateo	12	St. Mary's	4:10.65	CIF
2	Devries, Jude	12	Montgomery	4:15.69	
3	Lamoureux, Alex	12	College Park	4:17.09	
4	Lodewick, Alexander	12	Campolindo	4:20.70	
5	Taylor, Christian	12	Piedmont	4:20.77	
6	Singh, Eshaan	11	Granada	4:22.15	
7	Nacco, Ziggy	12	Marin Cathol	4:23.12	
8	McGhee, Connor	12	Campolindo	4:23.85	
9	Benard, Elias	11	Foothill (Nc)	4:23.86	
10	Fippin, Jacob	12	Las Lomas	4:24.00	
11	Stevens, Andrew	12	Santa Rosa (Nc)	4:24.03	
12	Rattary, Jack	10	College Park	4:25.48	
13	Griffin-Yeh, Nate	10	Las Lomas	4:25.53	
14	Ong, Bruno Kai	12	Lick-Wilmerd	4:29.78	
15	Hahn, Gavin	12	Mendocino	4:30.16	

**Event 5 Girls 100 Meter Hurdles Varsity****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Friday 5/19/2023 - 5:37 PM

MOC: 13.38 2011 Trinity Wilson  
14.56 CIF At Large

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Sappenfield, Alice	12	San Francisc	17.47
2	Okwudiafor Johnson, Rachel	12	Dublin	16.89
3	Luna, Gabriela	10	Clayton Vall	16.46
4	Rogina, Ariana	10	Montgomery	15.90
5	Lyon, Charlotte	11	Convent and	16.04
6	Rogers, Georgia	12	St. Mary's	16.58
7	Armswald, Charlotte	12	Campolindo	16.92
8	Yeung, Cynthia	10	American	17.52

**Heat 2 of 3 Prelims**

1	Wilmarth, Natalie	12	Montgomery	17.39
2	Busch, Abigail	11	Casa Grande	16.86
3	Hauth, Ruby	11	Redwood	16.28
4	Ionescu-Zanetti, Alessandra	12	Berkeley	15.67
5	Notaro, Sophia	12	Vintage	16.04
6	Russell, Anaya	10	Pittsburg	16.77
7	Oh, Allison	11	Foothill (Nc)	16.93
8	Brack, Lilia	11	Alameda	17.91

**Heat 3 of 3 Prelims**

1	Mcdonagh, Kate	12	Carondelet	17.10	
2	Tims, Nyla	10	Pittsburg	16.86	
3	Florvilus, Laila	10	St Bernard C	16.23	
4	Testa, Mari	12	Campolindo	14.49	CIF
5	Brooks, Ginny	12	Eureka	16.08	
6	Bui, Annie	11	Washington	16.81	
7	Xu, Alisia	11	Foothill (Nc)	16.95	
8	Miles-Wang, Annika	11	Berkeley	18.06	

**Event 6 Boys 110 Meter Hurdles Varsity****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Friday 5/19/2023 - 5:49 PM

MOC: 13.4h 1975 Dedy Cooper  
14.36 CIF At Large

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Ahearn, Quinn	12	Campolindo	16.33
2	Sorensen-Wald, Spencer	11	Piedmont	16.10
3	Vu, Spencer	10	Bishop O'Dow	15.84
4	Vadrawale, Sai	12	Rancho Cotat	15.00
5	Holden, Jeffery	12	Vallejo	15.11
6	Robert, NJ	12	Piner	15.86
7	Murali, Vijay	12	American	16.11
8	Raunegger, Sam	11	St. Helena	16.35

## NCS Meet of Champions - 5/19/2023 to 5/20/2023

## Dublin High School

## Meet Program - Day 1

**Heat 2 of 3 Prelims...(Event 6 Boys 110 Meter Hurdles Varsity)**

1	Dang, Evan	11 Washington	16.31
2	Go, Isaac	12 Foothill (Nc)	16.07
3	Cenido, Darrell	11 De La Salle	15.78
4	Miller, Drake	12 Tamalpais	14.97
5	Shelton, Zion	11 El Cerrito	15.28
6	Newman, Xander	11 Montgomery	15.90
7	Cloughley, Andrew	12 Archie Willi	16.12
8	Gutierrez, Erick	12 Healdsburg	16.44

**Heat 3 of 3 Prelims**

1	Perkins, Johnny	12 Convent and	16.31
2	King, Markese	10 De La Salle	15.95
3	Maddox, Nathaniel	10 Dublin	15.51
4	Udeh, Chukwunonso	12 De La Salle	14.47
5	Tezeno, La'Rico	11 Pittsburg	15.50
6	Kasso, Isaak	11 Ferndale	15.90
7	Scheil, Orlando	12 San Francisc	16.26
8	Ruffin, Elijah	10 Heritage	16.57

**Event 7 Girls 400 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Friday 5/19/2023 - 6:01 PM

MOC: 52.69 5/26/2018 Tierra Robinson-Jones  
55.84 CIF At Large

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Farese, Sarah	10 Redwood	60.59
2	Williams, Camille	11 Heritage	59.90
3	Anderson-Brown, Essence	9 James Logan	58.58
4	Beiswanger, Elizabeth	12 Montgomery	56.65
5	Miller, Cate	10 Monte Vista	57.16
6	Hedgspeth, Dylan	12 St. Mary's	58.66
7	Gutierrez-Zamudio, Maya	12 Arroyo	59.96
8	Reiter, Lainey	9 Justin-Siena	60.60

**Heat 2 of 3 Prelims**

1	Ong, Isabella	11 San Francisc	60.40
2	Washington, Zurie	9 Vallejo	59.85
3	Kennedy, Meagan	12 Campolindo	58.56
4	Enoru, Eden	10 Heritage	56.64
5	DeMange, Elianah	12 Maria Carrillo	57.70
6	Harris, Savannah	10 Lick-Wilmerd	58.80
7	Oji, Michelle	11 Liberty	59.98
8	Monty, Ellis	11 Urban-SF (Nc)	60.86

**Heat 3 of 3 Prelims**

1	O'Neal, Isharie	11 Heritage	60.25
2	King, Elena	12 Analy (Nc)	59.84
3	DeFlorimonte, Amaya	9 Bishop O'Dow	58.20
4	Bell, Milani	11 Pittsburg	55.90
5	Shedd, Mersayis	12 Liberty	58.10
6	Gohlke, Hanna	12 Berkeley	59.71
7	Marino, Kayla	11 Heritage	60.02
8	Etcheber, Alivia	12 Marin Cathol	60.93

**Event 8 Boys 400 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Friday 5/19/2023 - 6:13 PM

MOC: 46.89 1995 Corey Nelson  
48.53 CIF At Large

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Ghalam, William	11 Redwood	50.97
2	Sweeney, Ian	9 Bishop O'Dow	50.36
3	Currie, Liam	11 Cardinal New	50.09
4	Pott, Sebastian	12 Kennedy (Joh	48.81
5	Ajose, Ayodeji	10 Bishop O'Dow	49.18
6	Foley, Owen	11 Analy (Nc)	50.11
7	Ponsen, Derek	11 Washington	50.44
8	Smith, Jakobi	11 Internationa	51.31

**Heat 2 of 3 Prelims**

1	Honda, Caden	12 Monte Vista	50.72
2	Arendt, Dylan	11 Analy (Nc)	50.30
3	Bowser, Joseph	12 Montgomery	49.97
4	Franco, Alexander	12 Dublin	48.72
5	Hubbard, Harrison	12 Benicia	49.58
6	Lewis, Donavyn	11 El Cerrito	50.19
7	Donovan, Dash	11 San Francisc	50.46
8	Wanger, Nate	10 Tamalpais	51.31

**Heat 3 of 3 Prelims**

1	Udeh, Ikembuchukwu	10 De La Salle	50.55
2	Calhoun, Dominik	10 Pittsburg	50.27
3	Christy, Ryan	11 Clayton Vall	49.89
4	Thomas, Bryce	12 Moreau Catho	48.69
5	Jones, Anthony	12 Encinal	49.85
6	Kalmon, Demi	11 Freedom	50.25
7	Payne, Zach	10 Foothill (Nc)	50.51
8	Velasco, Andrew	11 St. Helena	52.80

**Event 9 Girls 100 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Friday 5/19/2023 - 6:25 PM

MOC: 11.42 1980 Sharon Ware  
11.96 CIF At Large

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Harvey, India	9 San Ramon Va	12.73
2	Troendly, Paris	11 Vintage	12.61
3	Mendoza, Michaelah	10 James Logan	12.49
4	Champion, Leila	12 Dublin	12.06
5	Aganju, Amirat (Temi)	9 Pittsburg	12.12
6	Szylko, Sabine	10 Tamalpais	12.52
7	Rockmore, Janai	10 Pittsburg	12.62
8	Sims, Lynee	12 Castro Valle	12.76

## NCS Meet of Champions - 5/19/2023 to 5/20/2023

Dublin High School  
Meet Program - Day 1**Heat 2 of 3 Prelims...(Event 9 Girls 100 Meter Dash Varsity)**

1	Smith, Morgan	10	Freedom	12.72
2	Kenion, Kiana	9	Carondelet	12.58
3	Jenkins, Billie	9	Pittsburg	12.33
4	Spokes, Sophie	12	Lick-Wilmerd	12.06
5	Fettig, Taryn	12	St. Mary's	12.16
6	Staples, Jasmine	11	Heritage	12.56
7	O'Malley, Kathryn	12	Maria Carrillo	12.67
8	Hasselquist, Sydney	12	Arcata	12.78

**Heat 3 of 3 Prelims**

1	Hobaugh, Liliana	12	Justin-Siena	12.70
2	Addae, Angelique	10	Marin Cathol	12.57
3	Monks, Sammy	10	San Francisc	12.33
4	Testa, Mari	12	Campolindo	11.87 CIF
5	Anderson-Brown, Nyarah	11	James Logan	12.27
6	Taylor, Maleah	12	San Leandro	12.57
7	Smith, Hailey	10	Castro Valle	12.69
8	Romano, Oona	9	Urban-SF (Nc)	12.81

**Event 10 Boys 100 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Friday 5/19/2023 - 6:37 PM

MOC: 10.40 1980 Ken Robinson  
10.66 CIF At Large

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 4 Prelims**

2	Hansen, Elijah	11	Santa Rosa (Nc)	11.11
3	Stallworth, Michael	11	Pittsburg	10.93
4	Browne, Ethan	12	California	10.78
5	Minnieweather Jr., Truedell	11	Benicia	10.79
6	Daniels, Devan	12	San Leandro	10.95
7	Putney, John	12	Redwood	11.13

**Heat 2 of 4 Prelims**

1	Raunegger, Sam	11	St. Helena	11.28
2	Pruitt, Jacob	11	Rancho Cotat	11.08
3	Wilson, Jaxson	10	Heritage	10.91
4	Jefferson, Jaden	9	De La Salle	10.77
5	Harper, Daniel	11	El Cerrito	10.79
6	Dessaure, Bryson	12	Moreau Catho	10.98
7	Bunch, Baden	12	Redwood	11.17

**Heat 3 of 4 Prelims**

1	Engel, Harrison	11	Tamalpais	11.23
2	Searcy, Jamar	10	Liberty	11.01
3	Thompson, Gavin	10	El Cerrito	10.89
4	Nelson, Garrett	12	Campolindo	10.69
5	Shivers, Tramayne	12	Pittsburg	10.82
6	Guerrero, Johnathan	11	De La Salle	10.99
7	Tarm, Trevor	11	San Francisc	11.17

**Heat 4 of 4 Prelims**

1	Lloyd, Trenton	12	Cardinal New	11.22
2	Lyons, Taeshaun	12	Tennyson	10.99
3	Davis, Brooks	11	Heritage	10.86
4	Stitts, Robert	12	El Cerrito	10.45 CIF
5	Myers, Josh	12	Campolindo	10.82
6	Faavae, Toa	10	De La Salle	10.99
7	Stewart, Ronen	12	Drew	11.20

**Event 11 Girls 800 Meter Run Varsity****12 Advance: Top 3 Each Heat plus Next 3 Best Times**

Friday 5/19/2023 - 6:53 PM

MOC: 2:08.37 5/27/2017 Alyssa Brewer  
2:13.20 CIF At Large

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Ryan, Athena	11	Sonoma Acade	2:23.59
2	Kenny, Deirdre	11	Convent and	2:21.99
3	Horwitz, Eden	9	San Leandro	2:19.80
4	Addison, Jayla	11	Carondelet	2:18.33
5	Ruff, Isabelle	12	Clayton Vall	2:18.51
6	Stieg, Ani	9	Archie Willi	2:19.86
7	Lawson, Alexa	10	St. Mary's	2:22.15
8	Todaro, Lindsay	11	Alameda	2:24.53

**Heat 2 of 3 Prelims**

1	Boardman, Isabella	10	Windsor (Nc)	2:23.41
2	Chukwu, Simdi	10	Bishop O'Dow	2:21.94
3	Greenwald, Alexandra	11	Archie Willi	2:19.64
4	Chisar, Jessica	12	College Park	2:16.55
5	Orr, Charlotte	10	Las Lomas	2:18.52
6	Smit, Lea	11	Justin-Siena	2:20.24
7	Carra, Mia	11	Maria Carrillo	2:22.58
8	Kreutz, Reilly	11	Petaluma	2:25.22

**Heat 3 of 3 Prelims**

1	Schwarz, Jamie	11	Piedmont	2:23.05
2	Hempel, Lanie	9	Livermore (N	2:21.39
3	Krummel, Elsa	11	Bay School o	2:19.63
4	Peters, Cate	12	Monte Vista	2:16.38
5	Zibblatt, Mia	12	California	2:18.81
6	Espino, Katelyn	11	Foothill (Nc)	2:21.11
7	DeMartini, Mary	12	Carondelet	2:22.95
8	Teo, Estee	11	Mission San	2:25.50

## NCS Meet of Champions - 5/19/2023 to 5/20/2023

Dublin High School  
Meet Program - Day 1**Event 12 Boys 800 Meter Run Varsity****12 Advance: Top 3 Each Heat plus Next 3 Best Times****Friday 5/19/2023 - 7:08 PM**MOC: 1:49.36 1995 Aaron Richberg  
1:53.96 CIF At Large

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Badcock, Shane	12	Dougherty Valley	1:56.07
2	Hubbard, Harrison	12	Benicia	1:56.22
3	Long, Parker	12	Piedmont	1:57.42
4	Soriano, Farin	12	Granada	1:57.46
5	Hayes, Jared	12	Piner	1:58.68
6	Kunze, George	11	San Domenico	1:58.74
7	Tobin, Calvin	12	Marin Cathol	2:00.63
8	Biruk, Nahum	10	Castro Valle	2:00.79

**Heat 2 of 3 Prelims**

1	Schade, Aleksander	11	Granada	1:55.74
2	Solari, Alan	12	Clayton Vall	1:56.38
3	Hunt, Tyler	12	Acalanes	1:57.35
4	Boussut-Ugarte, Mateo	11	Bishop O'Dow	1:57.56
5	Boutaleb, Elias	10	Dougherty Valley	1:58.38
6	Camacho, Jacob	11	Amador Valley	1:58.79
7	Grijalba, David	11	Terra Linda	2:00.55
8	Bazzone, Evan	11	Mission San	2:01.04

**Heat 3 of 3 Prelims**

1	Foster, Joaquin	11	San Domenico	1:54.91
2	Sagiraju, Arrin	10	Dougherty Valley	1:57.12
3	Kuglen, Matthew	11	Urban-SF (Nc)	1:57.29
4	Chiappetta, Giuseppe	12	Berkeley	1:57.77
5	Calegari, Luke	12	Archie Willi	1:58.38
6	Zeit, Gavin	11	Convent and	1:59.12
7	Bull, Jacob	12	Castro Valle	1:59.62
8	Mainaris, Dylan	10	Casa Grande	2:01.65
9	Carmona, Alan	12	Analy (Nc)	2:01.73

**Event 13 Girls 300 Meter Hurdles Varsity****8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/19/2023 - 7:23 PM**MOC: 41.23 1997 Natasha Neal  
MOC: 41.23 2007 Jamesha Youngblood  
43.92 CIF At Large

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Yeung, Cynthia	10	American	50.06
2	Brooks, Ginny	12	Eureka	48.50
3	Mendoza, Meleana	12	Heritage	47.66
4	Ionescu-Zanetti, Alessandra	12	Berkeley	46.50
5	Notaro, Sophia	12	Vintage	46.61
6	Xu, Alisia	11	Foothill (Nc)	48.03
7	Williams, Camille	11	Heritage	48.53
8	Lewis, Kim	12	McKinleyvill	50.19

**Heat 2 of 3 Prelims**

1	Yasar, Ella	10	Piedmont	49.56
2	Li, Zoie	10	Castro Valle	48.34
3	McGarva, Payton	12	Maria Carrillo	47.59
4	Lyon, Charlotte	11	Convent and	46.29
5	McDonald, Kimora	11	Clayton Vall	46.70
6	Bowen, Eva	12	St. Helena	48.21
7	Busch, Abigail	11	Casa Grande	48.88
8	Bui, Annie	11	Washington	50.39

**Heat 3 of 3 Prelims**

1	Gaither, Samara	10	Eureka	49.32
2	Russell, Anaya	10	Pittsburg	48.30
3	Stock, Jesse	12	Monte Vista	47.49
4	Aganju, Amirat (Temi)	9	Pittsburg	46.06
5	Villanueva, Jasper	12	Heritage	46.80
6	Casey, Morgan	11	Las Lomas	48.24
7	Chen, Dalene	10	Arroyo	49.05
8	Hall, Courtney	11	Convent and	51.25

**Event 14 Boys 300 Meter Hurdles Varsity****8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/19/2023 - 7:35 PM**MOC: 36.47 2006 David Klech  
38.66 CIF At Large

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Kane-Ross, Cameron	10	Emery	43.04
2	Cenido, Darrell	11	De La Salle	41.81
3	Cloughley, Andrew	12	Archie Willi	41.45
4	Ong, Alexander	12	Maria Carrillo	39.76
5	Robert, NJ	12	Piner	40.53
6	Mintonye, Aden	10	Del Norte	41.48
7	Sorcher, Shea	10	Tamalpais	41.86
8	Letson, Aiden	12	Encinal	43.18

**Heat 2 of 3 Prelims**

1	Ortiz-Gudeman, Nico	11	Head Royce	42.76
2	Xiao, Henry	12	Sonoma Acade	41.78
3	Maldonado, Jordan	12	Heritage	41.23
4	Foley, Owen	11	Analy (Nc)	39.33
5	Shelton, Zion	11	El Cerrito	40.60
6	Richards, Michael	11	Vintage	41.51
7	Sorensen-Wald, Spencer	11	Piedmont	42.21
8	Chao, Abraham	10	Irvington	43.52

**Heat 3 of 3 Prelims**

1	Smith, Isaiah	11	Freedom	42.53
2	Ahearn, Quinn	12	Campolindo	41.75
3	Newman, Xander	11	Montgomery	41.02
4	Tezeno, La'Rico	11	Pittsburg	39.22
5	King, Markese	10	De La Salle	40.96
6	Tochilnik, Daniel	11	Monte Vista	41.53
7	Holden, Jeffery	12	Vallejo	42.36
8	Murali, Vijay	12	American	43.62

## NCS Meet of Champions - 5/19/2023 to 5/20/2023

Dublin High School  
Meet Program - Day 1**Event 15 Girls 200 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Friday 5/19/2023 - 7:47 PM

MOC: 23.56 5/26/2018 Tierra Robinson-Jones  
24.50 CIF At Large

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Hasselquist, Sydney	12	Arcata	26.21
2	Troendly, Paris	11	Vintage	25.91
3	Smith, Morgan	10	Freedom	25.64
4	Chatter, Victoria	10	Miramonte	25.01
5	Smith, Nairobi	11	Internationa	25.23
6	Staples, Jasmine	11	Heritage	25.69
7	Easley, Myla	11	Washington	25.95
8	Smith, Hailey	10	Castro Valle	26.25

**Heat 2 of 3 Prelims**

1	Harris, Savannah	10	Lick-Wilmerd	26.18
2	McGowan, Natalia	11	Monte Vista	25.84
3	Fettig, Taryn	12	St. Mary's	25.53
4	Champion, Leila	12	Dublin	24.95
5	Monks, Sammy	10	San Francisc	25.24
6	Sanders, Sadie	10	Montgomery	25.74
7	Taylor, Maleah	12	San Leandro	25.97
8	Mendoza, Michaelah	10	James Logan	26.40

**Heat 3 of 3 Prelims**

1	Addae, Angelique	10	Marin Cathol	26.12
2	Okorie, Jessica	11	California	25.81
3	Jenkins, Billie	9	Pittsburg	25.41
4	Testa, Mari	12	Campolindo	24.62
5	Enoru, Eden	10	Heritage	25.40
6	Grasso, Sicily	10	San Marin	25.76
7	King, Elena	12	Analy (Nc)	26.08
8	Essien, Idara	9	Castro Valle	26.49

**Event 16 Boys 200 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Friday 5/19/2023 - 7:59 PM

MOC: 20.92 2007 Jahvid Best  
21.66 CIF At Large

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 4 Prelims**

2	Rogers, Trevor	11	Acalanes	22.45
3	Gray, Jai	12	Maria Carrillo	22.31
4	Nelson, Garrett	12	Campolindo	21.78
5	Jefferson, Jaden	9	De La Salle	21.84
6	Faavae, Toa	10	De La Salle	22.32
7	Searcy, Jamar	10	Liberty	22.46

**Heat 2 of 4 Prelims**

2	Wilson, Jaxson	10	Heritage	22.43
3	Daniels, Devan	12	San Leandro	22.23
4	Stitts, Robert	12	El Cerrito	21.74
5	Thomas, Bryce	12	Moreau Catho	21.93
6	Pruitt, Jacob	11	Rancho Cotat	22.36
7	Dessaure, Bryson	12	Moreau Catho	22.46

**Heat 3 of 4 Prelims**

1	Perkins, Will	11	San Francisc	22.90
2	Lyons, Taeshaun	12	Tennyson	22.43
3	Pratcher, Larry	11	Liberty	22.21
4	Minnieweather Jr., Truedell	11	Benicia	21.67
5	Bowser, Joseph	12	Montgomery	22.02
6	Engel, Harrison	11	Tamalpais	22.37
7	Smith, Jakobi	11	Internationa	22.64

**Heat 4 of 4 Prelims**

1	Lui, John	11	Convent and	22.82
2	Bunch, Baden	12	Redwood	22.39
3	Higgins, Keynan	12	Pittsburg	22.11
4	Kuhner, Paul	11	Acalanes	21.50 CIF
5	Davis, Brooks	11	Heritage	22.02
6	Pott, Sebastian	12	Kennedy (Joh	22.38
7	Pologeorgis, Silas	12	Petaluma	22.79



## NCS Meet of Champions - 5/19/2023 to 5/20/2023

Dublin High School  
Meet Program - Day 1

## Event 33 Girls 4x800 Meter Relay Varsity

Friday 5/19/2023 - 8:15 PM

MOC: 9:44.02 5/25/2018 Lick-Wilmerding

M Drew, A Savage Brooks, M Terdiman, V Donohoe

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Clayton Vall		9:36.71
	1) McDonald, Kimora 11	2) Bennett, Skylar 11	
	3) Lahanas, Zoe 11	4) Ruff, Isabelle 12	
	5) Pugh, Katherine 12	6) Fung, Victoria 11	
	7) Magu, Vivienne 10	8) Jeandheur, Corinne 10	
2	Monte Vista		9:37.81
	1) Binder, Sally 12	2) Fernandez, Sofia 10	
	3) Dolan, Peyton 11	4) Peters, Cate 12	
	5) Amare, Maraki 11	6) Turns, Allie 10	
	7) Powell, Alexandra 10	8) Tang, Emilyn 9	
3	Granada		9:44.19
	1) Sauder, Kerrigan 10	2) Barron, Jana 11	
	3) Lnenicka, Mia 11	4) Ruckmann-Barnes, Evelyn 11	
	5) Stein, Abby 10	6) Herscu, Jenna 10	
	7) Gurusamy, Esha 9	8) Beamon, Susie 9	
4	Montgomery		9:47.75
	1) Thomsen, Hanne 10	2) Kittelstrom, Seelah 10	
	3) Lacefield, Amrie 10	4) Martin, Hope 12	
	5) Mansfield, Jasmine 10	6) Karres, Serena 9	
5	Carondelet		9:54.36
	1) DeMartini, Mary 12	2) Addison, Jayla 11	
	3) Foxworthy, Kendall 11	4) Kelley, Jade 10	
	5) Zachary, Lillian 9	6) Condon, Kaitlyn 9	
	7) Zachary, Ruby 9		
6	Lick-Wilmerd		9:57.50
	1) Mogannam, Ella 9	2) Lee, Saskia 10	
	3) Choi, Nora 11	4) Maltz, Amelie 12	
	5) Theodosopoulos, Tea 9	6) Stein, Sofia 12	
7	Las Lomas		10:00.77
	1) Montilla, Lily 10	2) Wilson, Ava 11	
	3) Shic, Annabel 11	4) Orr, Charlotte 10	
	5) Tracey, Shae 11	6) Bellanca, Lark 9	
	7) Casey, Morgan 11	8) Madigan, Genevieve 11	
8	Northgate		10:03.30
	1) Malloy, Megan 12	2) Manning, Gabriela 11	
	3) Thomas, Reagan 11	4) Kopper, Ella 11	
	5) Carcamo, Elena 9	6) Leininger, Lucy 10	
9	San Ramon Va		10:08.94
	1) Gunderson, Hailey 10	2) Larson, Katelyn 10	
	3) Smith, Alexandra 9	4) Noden, Holly 10	
	5) Roesgen, Grace 11	6) Schultz, Margot 9	
	7) Long, Alexandra 9	8) Porter, Aya 9	
10	St. Mary's		10:09.39
	1) Lawson, Alexa 10	2) Jackson, Sofia 12	
	3) Hedgspeth, Dylan 12	4) Punz, Annika 11	
	5) Potter, Madison 10	6) Sullivan, Lia 10	
	7) Tarango, Olivia 12	8) Li-Chou, Jing 10	
11	Amador Valley		10:09.48
	1) Pettersson, Erika 11	2) Jennings, Tessa 11	
	3) Lebreton, Lia 10	4) Versteeg, Dahlia 12	
	5) Burleson, Kaitlin 10	6) Wong, Kacie 9	
	7) Yoon, Heejee 12	8) Goyal, Juhi 11	
12	Campolindo		10:11.50

	1) Guthrie, Quinn 12	2) McKenzie, Anneliese 12
	3) Houston, Anya 9	4) Koehler, Emily 9
	5) Kabenina, Kate 11	6) Volkmer, Shea 11
	7) Buckley, Ellie 12	8) McCool, Caroline 12
13	College Prep	10:13.85
	1) Green, Talia 11	2) Roberts, Katelyn 9
	3) Beltran, Maia 12	4) Maguire, Adelaide 11
14	Archie Willi	10:15.34
	1) Silverstein, Alyssa 9	2) Greenwald, Alexandra 11
	3) Stieg, Ani 9	4) Adams, Jane 11
	5) Lee, Brooke 9	6) Creedon, Taryn 9
15	Bay School o	10:15.66
	1) Peterson, Lucy 10	2) Tan, Vicky 11
	3) Andrzejek, Claire 9	4) Krummel, Elsa 11
	5) Malloy, Coco 10	6) Santel, Meg 9
16	Newark Memor	10:23.35
	1) Anguiano, Destiny 12	2) Fa'i, Taliilagi 12
	3) McCarty, Alice 9	4) Pioroda, Julia 12
	5) Pinedo, Jimena 10	6) Fekadu, Rahwa 10
	7) Rojas, Leslie 10	8) Irwin, Ava 11
17	Maria Carrillo	10:24.35
	1) Trenam, Gracie 11	2) Szczekocki, Brooke 10
	3) Chong, Ella 12	4) Fogg, Andi 9
	5) Moe, Kira 11	6) Schubert, Carley 10
18	Castro Valle	10:27.03
	1) Murry, Hannah 10	2) Garcia, Hailey 12
	3) Huynh, Cameron 12	4) Leber, Samantha 10
	5) Choy, Abigail 10	6) Li, Zoie 10
19	Redwood	10:34.84
	1) McKenna, Sophie 12	2) Nacco, Marley 10
	3) Novia, Olivia 12	4) Churton, Ruby 12
	5) MacLean, Audrey 12	6) Stolte, Erin 11
	7) Britt, Siena 9	
20	Casa Grande	10:38.64
	1) Fields, Addison 10	2) Doyle, Bryn 9
	3) Garcia, Sarah 9	4) Bendzick, Emily 9
	5) Codington, Avery 10	6) Alvarenga, Stella 11
21	Santa Rosa (Nc)	10:50.50
	1) Geffner, Gavriella 10	2) Smith, Kristi 11
	3) Cena, Cheyann 10	4) Cederborg, Leah 12
	5) Arseneau, Cooper 10	6) Trione, Ruby 11
22	Alameda	10:51.29
	1) Todaro, Lindsay 11	2) Henrikson, Hazel 9
	3) Jenks, Billie 10	4) Wu, Leomi 12
	5) McCants, Ariana 10	6) Bostrom, Alyson 11
	7) Mills, Alexandra 11	8) Carpenter, Sophia 12
23	Berkeley	10:59.13
	1) Kohlmeyer, Zoe 9	2) Leung, Lianna 12
	3) Chokkalingam, Anjani 11	4) Bramwell, Madeline 10
	5) Koch, Gracie 10	6) Torok, Asha 11
	7) Wolf, Ziporah 10	8) Hougan, Magnolia 10
24	Albany	11:05.16
	1) Shishima, Jordin 10	2) Frank, Mattea 10
	3) Renger, Kinley 11	4) Reinhardt, Hailey 9
	5) Dietz, Skya 12	

## NCS Meet of Champions - 5/19/2023 to 5/20/2023

Dublin High School  
Meet Program - Day 1

## Event 34 Boys 4x800 Meter Relay Varsity

Friday 5/19/2023 - 8:31 PM

MOC: 8:02.82 5/26/2017 Dublin

M Kang, H Lampi, C Middleton-Pearson, T Chapman

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Clayton Vall		8:02.96
	1) Messer, Daniel 11	2) Martinez, Daniel 11	
	3) Walker, Alex 12	4) Solari, Alan 12	
	5) Perez, Fernando 11	6) Bartholomew, Ryder 12	
	7) Christy, Ryan 11		
2	Foothill (Nc)		8:09.06
	1) Benard, Elias 11	2) Surridge, Colin 11	
	3) DeCoite, Brennan 10	4) Kachare, Shon 11	
	5) Karnik, Shiven 11	6) Wong, Colin 12	
	7) Chavez, Nolan 10	8) Payne, Zach 10	
3	Dougherty Valley		8:14.88
	1) Boutaleb, Elias 10	2) Sagiraju, Arrin 10	
	3) Bliss, Carter 10	4) Richards, Andrew 12	
	5) Badcock, Shane 12	6) Jones, Nicholas 10	
	7) Municio, Daniel 12	8) TozulAhmad, Noor 10	
4	Granada		8:15.30
	1) Cuevas Gomez, Adrian 11	2) Schade, Aleksander 11	
	3) Soriano, Farin 12	4) Bromley, Erik 11	
	5) Ruckmann-Barnes, Roland 12	6) Gurusamy, Dheeraj 12	
	7) Singh, Eshaan 11	8) Hart, Luther 12	
5	California		8:15.36
	1) Dube, Aiden 10	2) Wijesekara, Bryce 12	
	3) Lemmon, Blake 11	4) Kirrane, Brian 12	
	5) Wedewer, Thomas 12	6) Pokhrel, Dan 12	
	7) Venkatesh, Varun 11	8) Tirrell, Andrew 11	
6	Amador Valley		8:16.38
	1) Mak, Ryken 12	2) Camacho, Jacob 11	
	3) Rajesh, Prithvij 11	4) Versteeg, Aiden 9	
	5) Ilkal, Azim 11	6) Bauman, Kurtis 11	
	7) Gill Gulati, Arran 10	8) Hekl, Thomas 9	
7	Dublin		8:18.62
	1) Choi, Won 11	2) Wong, Kaden 11	
	3) Gan, Tristan 10	4) Stone, Aidan 11	
	5) Mann, Tyler 11	6) Jagannathan, Advait 12	
	7) Dutta, Rahul 11	8) Martinez-Fernandez, Jorge 9	
8	Alhambra		8:21.37
	1) Hussey, Ethan 11	2) Knutson, Ian 11	
	3) Morales, Paolo 11	4) Allan, Tyler 12	
	5) Allan, Daniel 10	6) Ng, Derek 11	
	7) Doughtie, Nathan 11		
9	Albany		8:23.20
	1) Morello, Sean 12	2) Elfenbaum, Jack 12	
	3) McBride, Callum 10	4) Cohen, Lucas 11	
	5) Elfenbaum, Benjamin 12		
10	Las Lomas		8:24.41
	1) Griffin-Yeh, Nate 10	2) Gandhi, Akash 10	
	3) Baxter, Andrew 11	4) Fippin, Jacob 12	
	5) Shargel, Andrew 11	6) Freitag, Porter 10	
11	Redwood		8:25.36
	1) Cutter, Daegan 12	2) Wollenweber, Nathan 12	
	3) Werner, Ethan 11	4) Cavanagh, Gabriel 9	
	5) Momsen, Jonah 11	6) Tudor, Calvin 11	
	7) Peters, Kai 12	8) Niemi, Gunnar 9	

12	Maria Carrillo		8:32.24
	1) Wilson, Jack 10	2) Sanderson, Grant 11	
	3) Donohue, Jonathan 12	4) Nacouzi, Rami 12	
	5) Dawson, Trenton	6) Rath, Jonathan	
13	College Prep		8:33.05
	1) Panesar, Tegbir 12	2) Skarbinski, Isan 9	
	3) Reiter, Samuel 12	4) Rendall-Jackson, Emiya 10	
	5) Barbosa-Topete, Gabrielle		
14	Tamalpais		8:36.10
	1) Turner, Jack 10	2) Jackson, Soren 11	
	3) Dunmire, Max 11	4) Gardner, Caeden 10	
15	Santa Rosa (Nc)		8:36.33
	1) Ando, Johnny 11	2) Joseph, Adam 11	
	3) Broome, Theodore 12	4) Dethlefsen, Ben 12	
	5) Stevens, Andrew 12	6) Gaspar, Mason 11	
16	Castro Valle		8:36.44
	1) Bull, Jacob 12	2) Chang, Lucas 11	
	3) Biruk, Nahum 10	4) Griffith, Evan 12	
	5) Avery, Conrad 12	6) Choy, Joshua 11	
17	San Francisc		8:36.47
	1) Schneider, Marshall 11	2) Rutter, Wyatt 10	
	3) Nakahata, Dash 12	4) Friel, Pierce 11	
	5) Brilliant, Jack 10	6) Bijur, Jack 12	
	7) Duffin, Ben 10		
18	St. Mary's		8:40.07
	1) Valle, Kai 10	2) Bosio, Brandon 10	
	3) Demissie, Jacob 10	4) Hall, Adrian 9	
	5) Malko-Allen, Mateo 12	6) Tarango, Joaquin 10	
	7) Kopchik, Collin 11		
19	Newark Memor		8:40.53
	1) Tellez, Michael 10	2) Kawabata, Kenji 9	
	3) Linares, Gabriel 10	4) Martinez, Chris 12	
	5) Patel, Sid 11	6) Dhivakaran, Aadhavan 9	
	7) Hernandez, Diego 12	8) Wood, Michael 12	
20	Alameda		8:41.09
	1) Bellotti, Max 11	2) Petersen, Lars 10	
	3) Hartlaub, Theo 12	4) Carter, Nathaniel 11	
	5) Crane, Oscar 12	6) Dawson, Naveen 10	
	7) Scott, Peter 12	8) Liao, Wesley 9	
21	Lick-Wilmerd		8:43.77
	1) Finn, Paul 12	2) Hillis, Liam 11	
	3) Uesugi, Haruto 12	4) Ong, Bruno Kai 12	
	5) Scott, Kai 9		
22	Eureka		8:46.56
	1) Docherty, Everett 10	2) Shaver, Daniel 12	
	3) Jimenez, Chase 10	4) Halve, Zack 12	
	5) Esparza, Erick 11	6) Burger, Jackson 11	
	7) Morris, Sean 9	8) Cuevas, Elijah 11	
23	Washington		8:46.97
	1) Davila, Grant 9	2) Devadhar, Chinmay 12	
	3) Alexander, Evan 10	4) Gopisetty, Aakarsh 12	
	5) Vemula, Varun 12		
24	Casa Grande		8:51.09
	1) Vasquez, Isaac 12	2) Goli, Srihan 10	
	3) Dufour, Jack 9	4) Mainaris, Dylan 10	
	5) Navarro, Jorge 9	6) Hansen, Kevin 9	

## NCS Meet of Champions - 5/19/2023 to 5/20/2023

Dublin High School  
Meet Program - Day 1**Event 19 Girls 4x400 Meter Relay Varsity****8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/19/2023 - 8:45 PM****MOC: 3:43.39 1996 James Logan****3:53.17 CIF At Large**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 3 Prelims</b>			
1	Urban-SF (Nc)		4:19.13
	1) Hoe, Dawson 12	2) Sparks, Page 11	
	3) Ong, Natasha Mei 12	4) Monty, Ellis 11	
	5) Richter, Chiara 10		
2	San Leandro		4:16.55
	1) Donawa, Cayla 10	2) Okoronkwo, Blessing 10	
	3) Lopez, Stephanie 10	4) Horwitz, Eden 9	
	5) Taylor, Maleah 12		
3	San Francisc		4:09.07
	1) Conner, Alison 11	2) Ong, Isabella 11	
	3) Monks, Sammy 10	4) Kambara-Coughlin, Hanae 10	
	5) Yanowitch, Rosie 12	6) Hewitt, Cale	
4	Heritage		4:01.30
	1) O'Neal, Isharie 11	2) Marino, Kayla 11	
	3) Williams, Camille 11	4) Enoru, Eden 10	
	5) Villanueva, Jasper 12	6) Staples, Jasmine 11	
	7) Mclmore, Kimora 12	8) Diaz, Allison 10	
5	Lick-Wilmerd		4:02.53
	1) Spokes, Sophie 12	2) Mogannam, Ella 9	
	3) Choi, Nora 11	4) Harris, Savannah 10	
	5) Benziger, Henrietta 11	6) Moy, Hailey 10	
	7) Kempner, Sona 9		
6	Dougherty Valley		4:09.89
	1) Hernandez, Danielle 10	2) Tummala, Bhavya 9	
	3) Caranto, Janika Reese 9	4) Shaligram, Ananya 12	
	5) Jiang, Raelyn 9	6) Gendron, Brooke 9	
	7) McCormick, Annia 11		
7	Analy (Nc)		4:16.66
	1) King, Elena 12	2) Morasch, Karris 11	
	3) Marquez, Elena 10	4) Avila, Tatiana 12	
	5) Baldwin, Ella 9	6) Harris, Rosemary 11	
8	Santa Rosa (Nc)		4:20.00
	1) Trione, Ruby 11	2) Cena, Cheyann 10	
	3) Cederborg, Leah 12	4) Bardell, Maiya 11	
	5) Geffner, Gavriella 10	6) Smith, Kristi 11	

**Heat 2 of 3 Prelims**

1	Montgomery		4:18.88
	1) Eubanks, Kehlen 11	2) Martin, Hope 12	
	3) Mansfield, Jasmine 10	4) Sanders, Sadie 10	
	5) Rogina, Ariana 10	6) Martin, Mila 9	
2	Redwood		4:13.70
	1) Buck, Maddie 12	2) Farese, Sarah 10	
	3) Lacy, Charlotte 10	4) McKenna, Sophie 12	
	5) Anderson, Hanalei 11	6) Greenholz, Maya 12	
	7) Melbardis, Kelly 11		
3	Carondelet		4:08.34
	1) David, Paige 12	2) Castagnetto, Carli 12	
	3) Addison, Jayla 11	4) DeMartini, Mary 12	
	5) Foxworthy, Kendall 11	6) Orthmann, Jessica 10	
	7) Kelley, Jade 10	8) Margate, Ayla 10	
4	Pittsburg		3:54.40
	1) Rockmore, Janai 10	2) Bell, Milani 11	
	3) Russell, Anaya 10	4) Aganju, Amirat (Temi) 9	
	5) Jenkins, Billie 9	6) Tims, Nyla 10	
	7) Batiste, Jayla 10	8) Martinez-Cruz, Yareli 10	
5	Maria Carrillo		4:03.21
	1) Carra, Mia 11	2) McGarva, Payton 12	
	3) O'Malley, Kathryn 12	4) DeMange, Elianah 12	
	5) Mulligan, Lily 12	6) Moore, Emma 11	
6	Foothill (Nc)		4:12.00
	1) Chapman, Allison 9	2) Diwan, Reva 11	
	3) McHugh, Avery 9	4) Van Horn, Claire 12	
	5) Patterson, Ella 12	6) Espino, Katelyn 11	
	7) Fraher, Elizabeth 10	8) Burstein, Ariel 11	
7	Piedmont		4:17.04
	1) Yasar, Ella 10	2) Schwarz, Jamie 11	
	3) Fitzgerald, Emily 12	4) Best, Skylar 9	
	5) Woltag, Ryo 10	6) Antaya, Quincy	
	7) Kemp-Malone, Mara 9	8) Taylor, Caroline 10	
8	Castro Valle		4:20.29
	1) Ayllon, Kiana 10	2) Louie, Sora 10	
	3) Smith, Hailey 10	4) Li, Zoie 10	
	5) Essien, Idara 9		

NCS Meet of Champions - 5/19/2023 to 5/20/2023

Dublin High School  
Meet Program - Day 1

Heat 3 of 3 Prelims...(Event 19 Girls 4x400 Meter Relay Varsity)

1	Justin-Siena	4:18.58	
	1) Carey, Samantha 10		2) Wilsey, Blake 10
	3) Smit, Lea 11		4) Reiter, Lainey 9
2	Campolindo	4:12.63	
	1) Kennedy, Meagan 12		2) Graves, Sarah 9
	3) Doane, Eloise 10		4) Worster, Sierra 9
	5) Stankus, Giorgia 10		6) Reyes, Metzli 10
	7) Buckley, Ellie 12		8) Guthrie, Quinn 12
3	California	4:06.65	
	1) Okorie, Jessica 11		2) Zibblatt, Mia 12
	3) Osicka, Rachael 9		4) Lanza, Jasmine 12
	5) Thios, Abigail 11		6) Simmons, Samantha 10
	7) Young, Olivia 10		8) Dutta, Kria 10
4	Monte Vista	3:52.73	CIF
	1) Miller, Cate 10		2) Moriyama, Isabella 10
	3) McGowan, Natalia 11		4) Peters, Cate 12
	5) Stock, Jesse 12		6) Amare, Maraki 11
	7) Binder, Sally 12		8) Dolan, Peyton 11
5	St. Mary's	4:06.07	
	1) Jackson, Sofia 12		2) Lawson, Alexa 10
	3) Dwyer, Brooklyn 10		4) Hedgspeth, Dylan 12
	5) McIntyre, Saniya 10		6) Gant Hatcher, Kira 9
	7) Fettig, Taryn 12		8) Sullivan, Lia 10
6	Deer Valley	4:12.29	
	1) Haulcy, Joi-Lyn 11		2) Wilkins, Jaelyn 9
	3) Pouncil, Sarah 12		4) Hall, Keneyia 11
	5) Flores, Yaretzi 10		6) McAllister, Diyanna 10
	7) Mueller, Kennedy 11		
7	Kennedy-Richmond	4:18.47	
	1) Boozer, Adoriah 12		2) Cook, Ja'Tasiah 10
	3) Washington, Ne'ari 10		4) Evenga, Yolande 12
	5) Wiggins, Ka'Mya 11		
8	Arroyo	4:22.64	
	1) Gutierrez-Zamudio, Maya 12		2) Nguyen, Ngan P 9
	3) Deniz, Yamilet 11		4) Rogers, Tyla 10
	5) Chen, Dalene 10		6) Cisneros, Angelica 11
	7) Rivera, Isabella 10		

Event 20 Boys 4x400 Meter Relay Varsity

8 Advance: Top 1 Each Heat plus Next 5 Best Times

Friday 5/19/2023 - 9:09 PM

MOC: 3:11.70 1981 Berkeley  
3:19.48 CIF At Large

Lane	Team	Relay	Seed Time
<b>Heat 1 of 3 Prelims</b>			
1	Convent and		3:35.93
	1) Urruty, Iban 12	2) Zeitz, Gavin 11	
	3) Rodriguez, Christian 9	4) Lui, John 11	
	5) Perkins, Johnny 12		
2	Piner		3:32.99
	1) Robert, NJ 12	2) Baraka, Dave 12	
	3) Ward, Bryce 12	4) Hayes, Jared 12	
	5) Sadorra, Derek 12	6) Luong, Andrew 10	
	7) Rodriguez, Alexander 11	8) Cuevas-Martinez, Azriel 10	
3	Piedmont		3:28.47
	1) Taylor, Christian 12	2) Long, Parker 12	
	3) Zirkelbach-Ngai, Jack 12	4) Shelby, Sam 10	
	5) Riddell, Ryan 9	6) Ma, Maddox 9	
	7) Sorensen-Wald, Spencer 11	8) Kim, Conor 12	
4	Benicia		3:25.59
	1) Hubbard, Harrison 12	2) Lee, Donavan 12	
	3) Espejo, Logan 10	4) Minnieweather Jr., Truedell 11	
	5) Scott, Emilio 10	6) McCleskey, Tai 10	
5	Clayton Vall		3:25.85
	1) Solari, Alan 12	2) Perez, Fernando 11	
	3) Messer, Daniel 11	4) Christy, Ryan 11	
	5) Watts, Andres 9	6) Walker, Alex 12	
	7) Martinez, Daniel 11	8) Brown, Kilwin 11	
6	Acalanes		3:28.67
	1) Boselli, Jacob 11	2) Rogers, Trevor 11	
	3) Hunt, Tyler 12	4) Kuhner, Paul 11	
	5) Farzan, Logan 11	6) Glick, Collin 11	
	7) Lockwood, River 9	8) Brekke, Benjamin 11	
7	San Francisc		3:34.03
	1) Perkins, Will 11	2) Burton, Luke 10	
	3) Duffin, Ben 10	4) Donovan, Dash 11	
	5) Tarm, Trevor 11	6) Rutter, Wyatt 10	
	7) Fishman, Sean		
8	Archie Willi		3:36.73
	1) Arnold, Calvin 11	2) Minutoli, John 11	
	3) Calegari, Luke 12	4) Finley, William 10	
	5) McLean, Lochlan 11		

## NCS Meet of Champions - 5/19/2023 to 5/20/2023

## Dublin High School

## Meet Program - Day 1

**Heat 2 of 3 Prelims...(Event 20 Boys 4x400 Meter Relay Varsity)**

1	Petaluma	3:35.84
	1) Pologeorgis, Silas 12	2) Breen, Brody
	3) Wilson, Ryder 11	4) Somoff, Raymond 11
2	American	3:31.95
	1) Riffle, Matthew 11	2) Leung, Nathan 11
	3) King, Logan 11	4) Gowda, Samvrat 10
	5) Gupta, Atharv 12	6) Castro, Adrian 10
3	Bishop O'Dow	3:28.04
	1) Vu, Spencer 10	2) Sweeney, Ian 9
	3) Colbert, Christian 11	4) Boussut-Ugarte, Mateo 11
	5) Jones, Cameron 10	6) Rush, Brandon 11
	7) Ajose, Ayodeji 10	8) Kilgallen, Declan 11
4	Heritage	3:25.36
	1) Onyeagucha, Chijioke 12	2) Maldonado, Jordan 12
	3) Campbell, Teyo 12	4) Davis, Brooks 11
	5) Odhiambo, Jordan 12	6) Wilson, Jaxson 10
	7) Tiwari, Aditya 11	
5	Pittsburg	3:26.25
	1) Calhoun, Dominik 10	2) Tezeno, La'Rico 11
	3) Edwards, Tim 10	4) King, Mykel 12
	5) Higgins, Keynan 12	6) Stallworth, Michael 11
	7) Shivers, Tramayne 12	
6	San Ramon Va	3:29.08
	1) Ralston, Liam 11	2) McMullen, Chase 10
	3) LeBeau, Noah 12	4) Williams, Seane 12
	5) Kasthuri, Arjun 12	6) Kumar, Nishad 11
	7) Dellinger, Ashlan 10	8) Koundinya, Shashank 10
7	San Leandro	3:34.33
	1) Pineda, Kevin 10	2) Rodgers, Nicholas 12
	3) Ammons, Justin 9	4) Daniels, Devan 12
	5) Moreno, Carlos 10	6) Jackson, Miles 10
8	Head Royce	3:37.13
	1) Ortiz-Gudeman, Nico 11	2) Strozier, Rowan 10
	3) Coutu, Josh 12	4) Bai, Ian 12
	5) Dawit, Esrom 10	6) Kovecses, Matty 10

**Heat 3 of 3 Prelims**

1	Maria Carrillo	3:34.75
	1) Sitton, Gabriel 11	2) Jepsen, James 11
	3) Ong, Alexander 12	4) Gray, Jai 12
	5) Ferrari, Cohen 12	6) Nacouzi, Rami 12
2	Monte Vista	3:29.90
	1) Spataru, Robert 11	2) Tochilnik, Daniel 11
	3) Pederson, Jake 12	4) Honda, Caden 12
	5) Frederiksen, Jack 12	6) Inocencio, Benjamin 12
	7) Brandeis, Owen 10	8) Sachdeva, Rishab 10
3	Foothill (Ne)	3:26.77
	1) Baesemann, Conor 12	2) Karnik, Shiven 11
	3) Arguello, Matthew 12	4) Payne, Zach 10
	5) Salehi, Yousef 11	6) Wong, Colin 12
	7) Vara, Kieran 12	8) Surridge, Colin 11
4	Dublin	3:23.98
	1) Arevalo, Joshua 11	2) Franco, Alexander 12
	3) Guinther, Sebastian 12	4) Yara, Manyu 12
	5) Pickens, Anthony 10	6) Choi, Hayden 9
	7) Kwan, Seth 12	8) Esomonu, Garrett 11
5	Analy (Ne)	3:26.71
	1) Arendt, Dylan 11	2) Foley, Evan 9
	3) Gaylord, Cormac 10	4) Foley, Owen 11
	5) Voss, William 12	6) Broadbent-Bell, Marin 12
6	Marin Cathol	3:29.28
	1) Bosch, JR 12	2) Tobin, Calvin 12
	3) Barrett, Reece 10	4) Nacco, Ziggy 12
	5) Geissberger, Jarred 9	6) Choung, Brandon 9
7	Berkeley	3:34.40
	1) Naftalin-Kelman, Yair 12	2) Chiappetta, Giuseppe 12
	3) Madjidi, Jalen 12	4) Carter, Aris 12
	5) Brown, Shawn 11	6) Tombs, Khethani 10
	7) Dupaty, Elijah 12	8) Vasquez Acosta, Alejandro 10
8	Mission San	3:37.53
	1) Almahdi, Yoseph 11	2) Bazzone, Kyle 12
	3) Bazzone, Evan 11	4) Swarnkar, Parthdhvaj 11

**Event 32 Boys Discus Throw Varsity**

Friday 5/19/2023 - 2:00 PM

MOC: 194-02.50 1997

Darrell Elder

171-00 CIF At Large

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 3 Finals</b>					
1	Hall, Jeremy	12	Encinal	117-04.25	
2	Weaver, Caleb	10	Tech HS	123-02.50	
3	Guilbert, Jamin	12	Eureka	123-07	
4	Lopez, Jesse	12	American Can	124-00	
5	McLaverly, Bryce	11	Campolindo	124-03	
6	Moore, Mateo	11	James Logan	126-08.50	
7	Amons, Andrew	11	Piner	128-06	
8	Matteucci, Stefano	12	Granada	128-11	

## NCS Meet of Champions - 5/19/2023 to 5/20/2023

Dublin High School  
Meet Program - Day 1**Flight 2 of 3 Finals...(Event 32 Boys Discus Throw Varsity)**

1	Shanahan, Owen	12	St Bernard C	128-11
2	Hermosillo, Emmanuel	12	Pinole	129-05
3	Jepma, Trenton	10	San Marin	130-02
4	Meyers, Jesse	10	Cardinal New	130-11
5	Kruger, Jacob-Ryan	12	Liberty	133-06
6	Williams, Jullian	11	Vallejo	133-10.50
7	Nunez, Diego	12	California	134-01
8	Fukofuka, James	10	Hayward	134-09

**Flight 3 of 3 Finals**

1	Garcia, Colin	12	San Ramon Va	137-00
2	Skerik, Gavin	12	Del Norte	137-03
3	Gleeson, Beau	11	Maria Carrillo	139-06
4	Gonzalez, Joseph	12	Eureka	140-07
5	Woeber, Thomas	12	San Francisc	144-00.50
6	Zimmerman, Jakob	11	Heritage	145-10
7	Gammal, Ian	12	James Logan	154-09
8	Adan, Santiago	11	Cardinal New	161-07

**Event 21 Girls High Jump Varsity****Friday 5/19/2023 - 3:00 PM**

MOC: 5-11 1981 Maggie VanZeeland  
MOC: 5-11 2005 Mindi Wiley  
5-05.00 CIF At Large

**Pos Name Yr School Seed Mark****Flight 1 of 1 Finals**

1	Gray, Sarah	11	St. Mary's	4-06.00	
2	Chandrasahana, Deepika	9	Irvington	4-06.00	
3	Sims, Scarlett	11	Castro Valle	4-08.00	
4	Rogers, Georgia	12	St. Mary's	4-10.00	
5	Sherman, Lily	11	Del Norte	4-10.00	
6	Jenkins, Amirah	11	Antioch	4-10.00	
7	Mathers, Isabella	12	Monte Vista	4-10.00	
8	Young, Olivia	10	California	4-10.00	
9	Delangle, Sonia	12	Berkeley	4-10.00	
10	Sallee, Pia	10	Windsor (Nc)	4-10.00	
11	Crehan, Catie	10	Urban-SF (Nc)	4-10.00	
12	Weiss, Ruthie	10	Urban-SF (Nc)	4-10.00	
13	Bogdan, Julia	11	San Ramon Va	4-10.00	
14	Sittner, Taylor	12	Maria Carrillo	5-00.00	
15	Townsend, Lesley	12	Foothill (Nc)	5-00.00	
16	Osicka, Rachael	9	California	5-00.00	
17	Hirahara, Kimiko	10	Las Lomas	5-00.00	
18	Mikhailova, Anastacia	12	Rancho Cotat	5-00.00	
19	Pesch, Emily	11	Eureka	5-00.00	
20	Wienert Bardell, Maiya	11	Santa Rosa (Nc)	5-00.00	
21	Chelemados, Haley	10	Acalanes	5-00.00	
22	Sachs, Naomi	12	Castro Valle	5-02.00	
23	Braitberg, Addison	11	Miramonte	5-02.00	
24	Curtin, Tara	11	Branson	5-03.00	
25	Hauth, Ruby	11	Redwood	5-03.00	
26	Collins, Quincy	10	Arcata	5-03.00	
27	Tito, Allison	11	Maria Carrillo	5-03.00	
28	Vail, Dulcinea	10	Acalanes	5-05.00	CIF
29	Hunt, Alexis	12	Maria Carrillo	5-07.00	CIF

**Event 30 Boys Triple Jump Varsity****Friday 5/19/2023 - 3:00 PM**

MOC: 50-04 2013 Jeffrey Prothro  
45-11.00 CIF At Large

**Pos Name Yr School Seed Mark****Flight 1 of 3 Finals**

1	Miller, James-Paul	10	Tech HS	40-08.25
2	Erickson, Gunnar	11	Windsor (Nc)	41-01.50
3	Ruffin, Jeremiah	12	Heritage	41-03.50
4	Hazer, Jackson	10	Bishop O'Dow	41-05.00
5	Devries, Caden	11	Montgomery	41-05.25
6	Rodriguez, Angelo	10	El Cerrito	41-05.50
7	Peterson, Quincy	12	Tamalpais	41-06.00
8	Kahlon, Sarven	12	Washington	41-07.50

**Flight 2 of 3 Finals**

1	Cloughley, Andrew	12	Archie Willi	41-09.00
2	Pascascio, Russell	11	Fortuna	41-09.00
3	Long, Miguel	10	Piedmont	41-10.75
4	Tai, Nathaniel	10	Berkeley	42-02.75
5	Hargraves, Jermaine	11	El Cerrito	42-04.50
6	Kasthuri, Arjun	12	San Ramon Va	42-07.00
7	Holiday, Nehemiah	11	Maria Carrillo	42-09.50
8	Jones, Cameron	10	Bishop O'Dow	42-10.75

**Flight 3 of 3 Finals**

1	Cruz, Frankie	12	Liberty	43-00.00
2	Reed, Tai	12	Freedom	43-00.75
3	Meonske, Landen	12	Foothill (Nc)	43-01.50
4	Dicovski, Nadav	12	Middletown	43-04.50
5	Nunes, Carl	12	St Bernard C	43-07.50
6	Quilon, John	12	American Can	44-01.50
7	Dean, Anthony	10	De La Salle	44-10.00
8	Rush, Brandon	11	Bishop O'Dow	45-02.50

## NCS Meet of Champions - 5/19/2023 to 5/20/2023

Dublin High School  
Meet Program - Day 1**Event 28 Boys Pole Vault Varsity**

Friday 5/19/2023 - 4:00 PM

MOC: 17-00 1987 Brent Burns

15-00.00 CIF At Large

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>					
1	Caviness, Bryton	10	Middletown		9-06.00
2	Sanchez, Bryan	10	Middletown		10-00.00
3	Beddingfield, Nathaniel	12	American		10-06.00
4	Iversen, Alex	11	Fort Bragg		10-09.00
5	Sorensen-Wald, Spencer	11	Piedmont		11-06.00
6	Robert, NJ	12	Piner		11-08.00
7	Miller, Townsend	11	Casa Grande		11-08.00
8	Rigden, Lyon	10	Del Norte		11-08.00
9	Stewart, John	12	San Marin		11-10.00
10	Yang, Aaron	11	Dougherty Valley		12-00.00
11	Kim, Conor	12	Piedmont		12-00.00
12	Colley, Elijah	12	Dublin		12-00.00
13	Hayes, Jared	12	Piner		12-02.00
14	Bayon, Antonio	10	Redwood		12-02.00
15	Maher, Griffin	12	San Ramon Va		12-06.00
16	Mitchell, Michael	11	Washington		12-06.00
17	Loo, Matthew	10	Dublin		12-06.00
18	Pedrotti-Jacobs, Max	11	Petaluma		12-08.00
19	Madrigal, Cruz	11	American		13-00.00
20	Duncan, William	12	Foothill (Nc)		13-00.00
21	Aceret, Reimius	12	Moreau Catho		13-06.00
22	Ballard, Griffith	12	Terra Linda		13-08.00
23	Miller, Drake	12	Tamalpais		13-11.00
24	Lo, Derek	12	San Ramon Va		14-06.00

**Event 25 Girls Shot Put Varsity**

Friday 5/19/2023 - 4:30 PM

MOC: 50-03.25 1993 Kristin Heaston

41-05.00 CIF At Large

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 3 Finals</b>					
1	Owens, Nia	11	Washington		29-05.50
2	Thompson, Neiyah	10	St. Mary's		29-06.00
3	Pole, Amelia	10	James Logan		31-05.00
4	Sapp-Beito, Azsiyah	11	Bishop O'Dow		32-02.50
5	Shaw, Grace	10	Windsor (Nc)		32-08.75
6	Koch-Bergen, Ayla	10	Tamalpais		32-09.50
7	Hart, Amanda	11	Middletown		32-11.25
8	Hackett, Addison	12	Maria Carrillo		32-11.75
<b>Flight 2 of 3 Finals</b>					
1	Emana, Mariel	11	Justin-Siena		33-00.00
2	Beiswanger, Elizabeth	12	Montgomery		33-01.00
3	Vaitafa, Meliana	10	Hayward		33-02.00
4	Taufa, Sisilia	11	James Logan		33-05.50
5	Adams, Airiana	12	Ukiah		33-07.25
6	Lemire, Lauren	12	Pittsburg		34-03.50
7	Britton-Dalson, Samantha	12	Fort Bragg		34-08.50
8	Perez, Lila	12	California		34-10.50

**Flight 3 of 3 Finals**

1	Claros, Kalyssa	12	McKinleyville		35-07.50
2	Lua, Siolo	12	Rancho Cotat		36-00.75
3	Walls, Damysia	10	San Francisc		36-04.25
4	Stubbington, Anna	12	Campolindo		37-09.50
5	Mclemore, Kimora	12	Heritage		37-11.00
6	Schnayer, Pinkie	11	Campolindo		39-02.00
7	Brown, Erin	12	Amador Valley		39-07.00
8	Rosati, Ash	12	Monte Vista		39-11.50

**Event 24 Girls Triple Jump Varsity**

Friday 5/19/2023 - 6:00 PM

MOC: 42-08 2007 KeNayia Richardson

38-06.00 CIF At Large

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 3 Finals</b>					
1	Menon, Sophie	11	Mission San		32-11.25
2	Sanders, Sadie	10	Montgomery		32-11.25
3	Silverstien, Maple	11	San Domenico		33-01.50
4	Young Harriman, Carly	12	Acalanes		33-01.50
5	Meredith, Brianna	12	Carondelet		33-01.50
6	Mclemore, Kimora	12	Heritage		33-01.75
7	Gorauskas, Leyna	11	Maria Carrillo		33-02.00
8	Weiss, Ruthie	10	Urban-SF (Nc)		33-04.25
<b>Flight 2 of 3 Finals</b>					
1	Hong, Michelle	12	Dublin		33-07.00
2	Reed, Jaiden	10	St. Mary's		33-09.00
3	Ballard, Callie	10	St. Mary's		33-10.50
4	Walker, Elizabeth	11	Kelseyville		33-11.50
5	McCormick, Annia	11	Dougherty Valley		33-11.75
6	Morasch, Karris	11	Analy (Nc)		34-01.75
7	Connelly, Alyssa	12	Archie Willi		34-02.50
8	Avila, Tatiana	12	Analy (Nc)		34-03.25
<b>Flight 3 of 3 Finals</b>					
1	Martin, Kendall	11	James Logan		34-03.50
2	Shanahan, Madelyn	11	St Bernard C		34-09.00
3	Mitchell, Lanai	9	Bishop O'Dow		34-10.25
4	Weitz, Millie	12	Marin Cathol		35-06.00
5	Ionescu-Zanetti, Alessandra	12	Berkeley		35-08.25
6	Brown, Kennedy	12	American Can		35-11.50
7	DeFlorimonte, Amaya	9	Bishop O'Dow		36-00.75
8	Gant Hatcher, Kira	9	St. Mary's		36-06.00
9	Ali, Santia	10	Clayton Vall		37-02.25