

NCS Meet of Champions - 5/20/2022 to 5/21/2022

Dublin High School
Meet Program - Day 1**Event 1 Girls 4x100 Meter Relay Varsity****8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/20/2022 - 4:00 PM**MOC: 45.64 1996 James Logan
47.74 CIF At Large

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Del Norte		51.08
	1) McCovey, Alysssa 12	2) Thompson, Tianna 12	
	3) Nunez, Lili 10	4) Taylor, Gianna 11	
2	Berkeley		50.37
	1) Burke, Chloe 12	2) Griffin, Shani 12	
	3) Kim-Turnoff, Hunter 11	4) Bultman, Rosie 12	
	5) McCall, Khania 12	6) Ionescu-Zanetti, Alessandra 11	
3	Alhambra		49.75
	1) Burke, Alana 10	2) Epps, Abigail 12	
	3) Parker, Sadie 11	4) Armstrong, Desie 12	
	5) Adesida, Joy 12	6) Lipary, Marina 11	
4	Castro Valle		49.21
	1) Hodges, Taylor 11	2) Sims, Lynee 11	
	3) Meza, Marissa 10	4) Smith, Hailey 9	
	5) Ayllon, Kiana 9	6) Rufferman, Adina 12	
5	San Leandro		49.23
	1) Pringle Hamilton, Rymiyah 11	2) Campbell, Inaam 12	
	3) Carter, Jayonnah 12	4) Taylor, Maleah 11	
	5) Torrance, Bella 10		
6	Dougherty Valley		49.87
	1) Shaligram, Ananya 11	2) Harris, Shanye 10	
	3) Mathews, Rachel 9	4) Dilbeck, Katelyn 12	
	5) McCormick, Annia 10	6) Peng, Fiona 11	
7	Carondelet		50.41
	1) Abudayeh, Nicole 12	2) David, Paige 11	
	3) Smith-Wick, Rozlyn 10	4) Castagnetto, Carli 11	
	5) Brezac, Haley 11	6) Meredith, Brianna 11	
8	Justin-Siena		51.59
	1) Balmaceda, Isabella 11	2) Spare, Hannah 11	
	3) Pham, Haley 9	4) Davis, Gabriella 11	
	5) Hobough, Liliana 11	6) Thweatt, Sydney 12	

Heat 2 of 3 Prelims

1	St. Helena		50.82
	1) Bowen, Eva 11	2) Desmond, Lily 10	
	3) Williams, Eva 10	4) Hernandez, Mia 10	
	5) Heredia, Karla 10		
2	El Cerrito		50.34
	1) Ferguson, Naomi 12	2) Davis, Dallas 11	
	3) Ruffin, Saqqara 12	4) McCartney, Taliyah 9	
	5) Hairston, Selena 12	6) Young, Kaila 12	
3	Maria Carrillo		49.42
	1) Mulligan, Lily 11	2) Bronston, Bailey 11	
	3) Moore, Sydney 10	4) O'Malley, Kathryn 11	
	5) DeMange, Elianah 11	6) Moore, Emma 10	
4	Deer Valley		49.06
	1) Bryant, Deserey 12	2) Ervin, Teloni 12	
	3) Ervin, Leloni 12	4) Haulcy, Joi-Lyn 10	
	5) Owens, Tamia 9	6) Hall, Keneyia 10	
5	Foothill		49.29
	1) Garcia, Marina 12	2) Meyers-McNerney, Makenna 12	
	3) Lim, Emma 12	4) Anderson, Torre 12	
	5) Gentry, Kaiah 10	6) Kamble, Aditi 11	
6	Dublin		50.02
	1) Champion, Leila 11	2) Garrison, Lanae 11	
	3) Hasni, Aaliyah 9	4) Loo, Caitlyn 12	
	5) Doria, Hannah 9	6) Okwudiafor Johnson, Rachel 11	
7	Clayton Vall		50.44
	1) McDonald, Kimora 10	2) Benjamin, Niya 10	
	3) Ogu, Kellsey 11	4) Lahanas, Zoe 10	
	5) Christy, Ashleigh 12	6) Magu, Vivienne 9	
8	Convent and		51.75
	1) Kenny, Deirdre 10	2) Abernethy, Amelia 12	
	3) Brockway, Phoebe 9	4) Hall, Courtney 10	
	5) Stans, Natalie 12	6) Ong, Shana 12	

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Meet Program - Day 1**Heat 3 of 3 Prelims...(Event 1 Girls 4x100 Meter Relay Varsity)**

1	Redwood	50.69
	1) Greenholz, Maya 11	2) Beauchamp, Jenna 9
	3) Walkeryee, Ava 9	4) McPeek, Tatum 10
	5) Morina, Lea 11	
2	Marin Cathol	50.07
	1) Heathwood, Madeline 12	2) Weitz, Millie 11
	3) Etcheber, Alivia 11	4) Addae, Angelique 9
	5) Stallings Jaber, Zeina 9	6) Domingo, Sydney 12
3	St. Mary's	49.40
	1) Dwyer, Maddie 12	2) Thomas, Anela 12
	3) Dwyer, Brooklyn 9	4) Hedgspeth, Dylan 11
	5) Fettig, Taryn 11	6) Alexander, Julia 12
4	Campolindo	48.57
	1) Testa, Mari 11	2) Wilson, Kyrstin 12
	3) Kennedy, Meagan 11	4) Tabibian, Sara 12
	5) Birdsong, Hanna 10	6) Hatch, Emily 12
5	California	49.39
	1) Lampsas, Mara 12	2) Ziblatt, Mia 11
	3) Lanza, Jasmine 11	4) Bivol, Patricia 12
	5) Rajsekar, Sharanika 11	6) Okorie, Jessica 10
6	Lick-Wilmerd	50.04
	1) Kreutzen, Cate 12	2) Shveyd, Raya 12
	3) Benziger, Henrietta 10	4) Harris, Savannah 9
7	Washington	50.68
	1) Hsieh, Katherine 11	2) Easley, Myla 10
	3) Pineda Aliamus, Paige 11	4) Francisco, Emmalene 11
	5) Tran, Bella 11	6) Razi, Ariana 10
8	Santa Rosa (52.10
	1) Rosc Galisanao, Ysabella 10	2) Fisher-Pappas, Gracie 10
	3) Valencia Dimas, Diana 11	4) Garey, Michela 12
	5) Garey, Julia 12	6) Markoff, Lydia 12

Event 2 Boys 4x100 Meter Relay Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Friday 5/20/2022 - 4:15 PM

MOC: 41.10 1981 Berkeley

41.88 CIF At Large

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Tamalpais		44.62
	1) Engel, Harrison 10	2) Bester, Clark 12	
	3) Phillips, Bryan 12	4) Levy, Ezra 12	
	5) Lyko, Hector 12	6) Sewell, Maximus 11	
2	San Francisc		43.92
	1) Donovan, Dash 10	2) Perkins, Will 10	
	3) Tarm, Trevor 10	4) Huckleberry, Sean 12	
3	Livermore		43.32
	1) Diego, Flores 10	2) Xavier, Gutierrez 12	
	3) Dominic, Johnson 11	4) Justin, York 11	
	5) Noel, Dwayne 10	6) Thomas, Kelleher 12	
4	Dublin		42.49
	1) Burns, Brandon 12	2) Guinther, Sebastian 11	
	3) Kasam, Anish 12	4) Masubuchi, Takehiro 12	
	5) Oliver, Tristan 12	6) Franco, Alexander 11	
5	San Leandro		42.59
	1) Perry, Jamal 10	2) Freeney, Demetrius 12	
	3) Daniels, Devan 11	4) Rushing, Zach 12	
	5) Craft, Jeremy 10	6) Rodgers, Nicholas 11	
6	Rancho Cotat		43.49
	1) Ortiz, Gio 10	2) Vadrawale, Sai 11	
	3) Halle, Tupotu 10	4) Pruitt, Jacob 10	
	5) Petri, Logan 10	6) Martinez, Gio 9	
7	Lick-Wilmerd		43.97
	1) Yusuf, Ramon 12	2) Soriano-Bilal, Sekani 11	
	3) Kawaii, Ikiru 12	4) Liu, Ryan 12	
8	Santa Rosa (44.74
	1) Manning, Alexander 12	2) Winkelman, Elias 12	
	3) Prince, Darius 11	4) Hansen, Elijah 10	
	5) Kovacevich, Curtis 10	6) Schott, Patrick 9	

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Dublin High School
Meet Program - Day 1**Heat 2 of 3 Prelims...(Event 2 Boys 4x100 Meter Relay Varsity)**

1	Clayton Vall	44.40
	1) Woodland, Rahsaan 12	2) Merritt, Gabriel 12
	3) Perez, Fernando 10	4) Avery, Micah 10
	5) Christy, Ryan 10	6) Strange, Emilio 11
2	Salesian	43.66
	1) Turqueza, Marco 10	2) Bey, Gabrael 12
	3) Quick, Alex 12	4) Reed, Elias Ajamu 12
	5) Jimenez, Zander 10	6) Victor, Paul 11
3	De La Salle	43.28
	1) McKoy, Journey 11	2) Udeh, Chukwunonso 11
	3) Meyer, Christian 12	4) Funk, Lucas 10
	5) Trucks, Anthony 12	6) Oledan, Jacob 12
4	El Cerrito	42.28
	1) Woodard, Aaron 11	2) Stitts, Robert 11
	3) Smith, Warren 11	4) Harper, Daniel 10
	5) Bolds, Jayvon 10	6) Calhoun, Dominik 9
5	Freedom	42.66
	1) Edmon, Taylor 10	2) Brooks, Shamond 12
	3) Reed, Tai 11	4) Kalmon, Demi 10
	5) Jordan, Elijah 12	6) Fontenot, Richard 11
6	Campolindo	43.50
	1) Fossen, Kyle 10	2) Fara, Mason 12
	3) Lee, Joshua 11	4) Nelson, Garrett 11
	5) Ahearn, Jacob 11	6) Bonnin, Seth 12
7	Redwood	44.04
	1) Bunch, Baden 11	2) Ghalam, William 10
	3) Cleary, Anthony 10	4) Maher, Alexander 12
	5) Marrero, Joshua 12	6) Grossman, Miles 11
8	St. Helena	44.84
	1) Crean, Clayton 11	2) Carpy, Charlie 12
	3) Smith, Keaton 11	4) Raunegger, Sam 10
	5) Velasco, Andrew 10	

Heat 3 of 3 Prelims

1	California	44.32
	1) Hart, Luke 12	2) Neumann, Sean 12
	3) Love, Devan 10	4) Iordanov, Christopher 12
	5) Shavies, Joshua 12	6) Lee, Patrick 11
2	Piedmont	43.63
	1) Alban, Luke 12	2) Long, Parker 11
	3) Munyan, Quincy 12	4) Riordan, Matthew 11
	5) Zirkelbach-Ngai, Jack 11	6) Jamae, Sina 10
3	Archie Williams	43.13
	1) Karpay-Brody, Nathan 11	2) Henzl, Max 12
	3) Kughn, Jaden 11	4) Steig, Aiden 10
	5) Clementi, Elijah 10	6) McLean, Lochlan 10
4	Pittsburg	42.02
	1) Tezeno, LaRico 10	2) Card, Zach 11
	3) Higgins, Keynan 11	4) Idahosa, Dearen 12
	5) Polk, Israel 11	6) King, Mykel 11
5	James Logan	42.79
	1) Young, Khalil 11	2) Petrov, Eugene 12
	3) Petrov, Victor 12	4) McCothen, Calvin 10
	5) Krishna, Cameron 12	6) Mostajo, Andre 11
6	San Ramon Va	43.59
	1) Johnson, Joshua 12	2) Fernandez, Zach 12
	3) Padrid, Caleb 11	4) Kasthuri, Arjun 11
	5) Chiarelli, Daniel 10	6) Williams, Asa 9
7	Maria Carrillo	44.14
	1) Bocalig, Ethan 12	2) Peralta Fernandez, Fabian 12
	3) Ong, Alexander 11	4) Gray, Jai 11
	5) Jepson, James 10	6) Mello, Donald 10
8	St. Mary's	44.92
	1) Bain, William 11	2) Tanisaki, Logan 11
	3) Young, Malachi 11	4) Gabriel, Ahmad
	5) Alleyne, Micah 11	6) Cross, Amir 12

Event 3 Girls 1600 Meter Run Varsity**12 Advance: Top 4 Each Heat plus Next 4 Best Times****Friday 5/20/2022 - 4:30 PM**MOC: 4:42.79 1997 **Julia Stamps**

4:52.84 CIF At Large

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	McInnis, Brianna	12	Tamalpais	4:53.27
2	Dunmire, Emma	12	Tamalpais	4:54.31
3	Garrity, Hannah	10	Clear Lake	5:09.44
4	Kittelstrom, Seelah	9	Montgomery	5:10.70
5	Trenam, Gracie	10	Maria Carrillo	5:12.08
6	Guinn, Rylee	11	Liberty	5:12.09
7	McCarthy, Ella	12	Amador Valley	5:15.60
8	Edwards, Gabriella	10	Granada	5:16.01
9	Green, Talia	10	College Prep	5:21.89
10	Turns, Allie	9	Monte Vista	5:22.57
11	Schwarz, Jamie	10	Piedmont	5:23.63
12	Hougan, Magnolia	9	Berkeley	5:26.96

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Dublin High School
Meet Program - Day 1**Heat 2 of 2 Prelims...(Event 3 Girls 1600 Meter Run Varsity)**

1	Nordenholz, Sophia	12	Albany	4:48.43	CIF
2	Ryan, Athena	10	Sonoma Acade	4:55.81	
3	Binder, Sally	11	Monte Vista	5:07.55	
4	House, Olivia	12	Santa Rosa (5:11.90	
5	Hoban, Siena	10	Sonoma Valle	5:12.01	
6	Chavez, Madison	12	California	5:12.25	
7	Melcher, Elizabeth	12	Granada	5:14.34	
8	Garrett, Clair	12	Las Lomas	5:17.16	
9	Maltz, Amelie	11	Lick-Wilmerd	5:18.10	
10	Carpenter, Sophia	11	Alameda	5:22.77	
11	Jackson, Milan	10	St. Mary's	5:23.01	
12	Huynh, Cameron	11	Castro Valle	5:34.28	

Event 4 Boys 1600 Meter Run Varsity**12 Advance: Top 4 Each Heat plus Next 4 Best Times**

Friday 5/20/2022 - 4:46 PM

MOC: 4:02.40 1974 Rich Kimball
4:14.91 CIF At Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1	Stein, Jack	12	Piedmont	4:17.93
2	Lamoureux, Alex	11	College Park	4:18.96
3	Patel, Asher	10	Miramonte	4:20.41
4	DePiero, Dominic	12	Heritage	4:21.25
5	Singh, Eshaan	10	Granada	4:21.97
6	Wolford, Nate	12	Archie Williams	4:22.63
7	Foster, Carson	12	San Ramon Va	4:24.53
8	Oakes, Malcolm	10	Convent and	4:24.71
9	Hupke, Jacob	11	Moreau Catho	4:26.50
10	Lorezano, Alexis	12	Roseland Uni	4:27.61
11	Nacco, Ziggy	11	Marin Cathol	4:29.18
12	Grijalba, David	10	Terra Linda	4:30.10

Heat 2 of 2 Prelims

1	Song, David	12	Alameda	4:17.62
2	Miller, Ethan	11	Monte Vista	4:19.31
3	Malko-Allen, Mateo	11	St. Mary's	4:20.30
4	Woolery, James	12	Heritage	4:21.65
5	Gurusamy, Dheeraj	11	Granada	4:21.90
6	Wijesekara, Bryce	11	California	4:23.47
7	Green, Sean	10	Lick-Wilmerd	4:24.50
8	Devries, Jude	11	Montgomery	4:25.25
9	Taylor, Christian	11	Piedmont	4:25.85
10	Carney, Caden	12	Tamalpais	4:27.78
11	Conner, Jack	12	Kennedy-Fremont	4:27.82
12	Lyons, James	11	Tamalpais	4:31.90

Event 5 Girls 100 Meter Hurdles Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Friday 5/20/2022 - 5:02 PM

MOC: 13.38 2011 Trinity Wilson
14.28 CIF At Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Cuthbert, Danielle	12	San Francisc	17.12
2	Lim, Emma	12	Foothill	16.50
3	Russell, Anaya	9	Pittsburg	15.77
4	Lampas, Mara	12	California	15.26
5	Ionescu-Zanetti, Alessandra	11	Berkeley	15.53
6	Garrison, Lanae	11	Dublin	15.80
7	Bui, Annie	10	Washington	16.82
8	Okwudiafor Johnson, Rachel	11	Dublin	17.16

Heat 2 of 3 Prelims

1	Sarao, Isabella	12	Vintage	17.07
2	Rogers, Georgia	11	St. Mary's	16.47
3	Chen, Michelle	12	Dublin	15.76
4	McKamey, Cocome	11	Santa Rosa (15.23
5	Ruffin, Saqqara	12	El Cerrito	15.65
6	Waseq, Erica	12	Washington	16.11
7	McCovey, Alyssa	12	Del Norte	17.06
8	Wilmarth, Natalie	11	Montgomery	17.18

Heat 3 of 3 Prelims

1	Beck, Fayola	12	Montgomery	17.06
2	Mclemore, Kimora	11	Heritage	16.30
3	Herron, Guinn	12	Heritage	15.73
4	Testa, Mari	11	Campolindo	14.85
5	Brooks, Ginny	11	Eureka	15.68
6	Kreutzen, Cate	12	Lick-Wilmerd	16.23
7	Krummel, Elsa	10	Bay School o	17.06
8	Arriola, Ashaunti	10	Vallejo	17.28

Event 6 Boys 110 Meter Hurdles Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Friday 5/20/2022 - 5:14 PM

MOC: 13.4h 1975 Dedy Cooper
14.25 CIF At Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Dang, Evan	10	Washington	16.74
2	Robert, NJ	11	Piner	16.32
3	Tezeno, LaRico	10	Pittsburg	15.60
4	Wright, Adam	12	Monte Vista	14.41
5	Manning, Alexander	12	Santa Rosa (14.65
6	Guibert, Aiden	12	Convent and	15.75
7	Shelton, Zion	10	El Cerrito	16.36
8	Terrill, Parker	12	Piedmont	16.99

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Meet Program - Day 1**Heat 2 of 3 Prelims...(Event 6 Boys 110 Meter Hurdles Varsity)**

1	Holden, Jeffery	11 Vallejo	16.58
2	Dinkel, Chase	12 Foothill	16.29
3	Dierke, Ethan	12 West County	15.58
4	Kasam, Anish	12 Dublin	14.38
5	Nel, Jamie	12 Tamalpais	14.93
6	Ong, Alexander	11 Maria Carrillo	16.22
7	Carpy, Charlie	12 St. Helena	16.44
8	Rush, Brandon	10 Bishop O'Dow	17.16

Heat 3 of 3 Prelims

1	Malmquist, Evan	12 Acalanes	16.49
2	Udeh, Chukwunonso	11 De La Salle	16.26
3	Lyko, Hector	12 Tamalpais	15.38
4	Trucks, Anthony	12 De La Salle	14.37
5	Vadrawale, Sai	11 Rancho Cotat	15.29
7	Faso, Joseph	12 Cloverdale	16.47
8	Arakal, Ryan	11 American	17.33

Event 7 Girls 400 Meter Dash Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Friday 5/20/2022 - 5:26 PM

MOC: 52.69 5/26/2018 Tierra Robinson-Jones
55.67 CIF At Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Harris, Savannah	9	Lick-Wilmerd	61.73
2	Swanson, Mary	12	Northgate	60.94
3	Zibblatt, Mia	11	California	60.17
4	Tabibian, Sara	12	Campolindo	58.19
5	Campbell, Inaam	12	San Leandro	59.30
6	Kennedy, Meagan	11	Campolindo	60.32
7	Bowen, Eva	11	St. Helena	61.47
8	McPeek, Tatum	10	Redwood	62.24

Heat 2 of 3 Prelims

1	King, Elena	11	West County	61.56
2	Aravindhan, Varsha	9	Irvington	60.84
3	Miller, Cate	9	Monte Vista	59.99
4	DeMange, Eliahah	11	Maria Carrillo	58.19
5	Nelson, Sabrina	12	Foothill	59.51
6	Chatter, Victoria	9	Miramonte	60.46
7	Chandrasahana, Jeyashree	12	Irvington	61.50
8	Buck, Madeline	11	Redwood	62.42

Heat 3 of 3 Prelims

1	Torrance, Bella	10	San Leandro	61.55
2	Kambara-Coughlin, Hanae	9	San Francisc	60.69
3	Beiswanger, Elizabeth	11	Montgomery	59.93
4	Lahanas, Zoe	10	Clayton Vall	57.86
5	Hedgspeth, Dylan	11	St. Mary's	59.82
6	Gilbert, Madelyn	12	Monte Vista	60.56
7	Henriquez, Benilda	12	Mt Eden	61.52
8	Pomponio, Mia	12	Marin Cathol	62.48

Event 8 Boys 400 Meter Dash Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Friday 5/20/2022 - 5:38 PM

MOC: 46.89 1995 Corey Nelson
48.57 CIF At Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Fabela, Elijah	10	California S	52.06
2	Lanford, Xavius	10	Montgomery	51.55
3	Redmon, Malachi	12	Hayward	50.76
4	Fara, Mason	12	Campolindo	50.35
5	Yara, Manogya	12	Dublin	50.59
6	Ombougno, Morel	12	Heritage	50.88
7	Moore, Dylan	12	San Rafael	51.59
8	Harris, Nikolai	11	Internationa	52.16

Heat 2 of 3 Prelims

1	Foley, Owen	10	West County	51.82
2	Srivastava, Aryan	11	Dougherty Valley	51.47
3	Maldonado, Jordan	11	Heritage	50.72
4	Franco, Alexander	11	Dublin	50.21
5	Hagedorn, John	12	Northgate	50.65
6	Bugica, Valentino	12	Windsor (Nc)	51.20
7	Tagliaferri, Dominic	12	Marin Cathol	51.68
8	LaMorte, Toby	12	Archie Williams	52.35

Heat 3 of 3 Prelims

1	Orias, Aidan	10	Bishop O'Dow	51.72
2	Rushing, Zach	12	San Leandro	51.43
3	Rajoura, Ranveer	10	Foothill	50.71
4	Thomas, Bryce	11	Moreau Catho	49.82
5	Meyer, Christian	12	De La Salle	50.67
6	Pott, Sebastian	12	Kennedy-Fremont	51.42
7	Bossut-Ugarte, Mateo	10	Bishop O'Dow	51.70
8	Donovan, Dash	10	San Francisc	52.74

Event 9 Girls 100 Meter Dash Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Friday 5/20/2022 - 5:50 PM

MOC: 11.42 1980 Sharon Ware
11.90 CIF At Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Monks, Sammy	9	San Francisc	12.77
2	Taylor, Maleah	11	San Leandro	12.69
3	Armstrong, Desie	12	Alhambra	12.59
4	Testa, Mari	11	Campolindo	12.27
5	Bryant, Deserey	12	Deer Valley	12.31
6	Shveyd, Raya	12	Lick-Wilmerd	12.63
7	Ferguson, Naomi	12	El Cerrito	12.70
8	Hernandez, Mia	10	St. Helena	12.81

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Meet Program - Day 1**Heat 2 of 3 Prelims...(Event 9 Girls 100 Meter Dash Varsity)**

1	Smith, Hailey	9	Castro Valle	12.74
2	Fettig, Taryn	11	St. Mary's	12.69
3	Sims, Lynee	11	Castro Valle	12.57
4	Schroth, Kassidy	12	Santa Rosa (12.26
5	Addae, Angelique	9	Marin Cathol	12.37
6	Meyers-McNerney, Makenna	12	Foothill	12.63
7	Ervin, Leloni	12	Deer Valley	12.70
8	Pringle Hamilton, Rymiyah	11	San Leandro	12.86

Heat 3 of 3 Prelims

1	McKee, Jakayla	11	San Marin	12.73
2	O'Malley, Kathryn	11	Maria Carrillo	12.68
3	Anderson, Torre	12	Foothill	12.52
4	Harris, Shanye	10	Dougherty Valley	12.20
5	Champion, Leila	11	Dublin	12.39
6	Szylko, Sabine	9	Tamalpais	12.66
7	Herron, Guinn	12	Heritage	12.72
8	Greenholz, Maya	11	Redwood	12.88

Event 10 Boys 100 Meter Dash Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Friday 5/20/2022 - 6:02 PM

MOC: 10.40 1980 Ken Robinson
10.68 CIF At Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Engel, Harrison	10	Tamalpais	11.23
2	Udeh, Chukwunonso	11	De La Salle	11.03
3	Doig, Gavin	11	Cardinal New	10.95
4	Kuhner, Paul	10	Acalanes	10.77
5	Card, Zach	11	Pittsburg	10.78
6	Masubuchi, Takehiro	12	Dublin	10.97
7	Fernandez, Zach	12	San Ramon Va	11.03
8	Stewart, Ronen	11	Drew	11.39

Heat 2 of 3 Prelims

1	Bunch, Baden	11	Redwood	11.08
2	Hansen, Elijah	10	Santa Rosa (11.03
3	Pruitt, Jacob	10	Rancho Cotat	10.90
4	Henzl, Max	12	Archie Williams	10.76
5	Burns, Brandon	12	Dublin	10.88
6	Freeney, Demetrius	12	San Leandro	11.00
7	Stitts, Robert	11	El Cerrito	11.04
8	Loller, Michael	9	St. Joseph N	11.41

Heat 3 of 3 Prelims

1	Reed, Elias Ajamu	12	Salesian	11.08
2	Higgins, Keynan	11	Pittsburg	11.03
3	Idahosa, Dearen	12	Pittsburg	10.89
4	Davis, Cornell	12	Pinole	10.72
5	Harper, Daniel	10	El Cerrito	10.88
6	Bielawski, Kyle	11	Acalanes	11.01
7	Ajose, Ayodeji	9	Bishop O'Dow	11.06
8	Connan, Braeden	11	San Domenico	11.48

Event 11 Girls 800 Meter Run Varsity**12 Advance: Top 3 Each Heat plus Next 3 Best Times**

Friday 5/20/2022 - 6:14 PM

MOC: 2:08.37 5/27/2017 Alyssa Brewer
2:12.72 CIF At Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Mattice, Vivien	12	Maria Carrillo	2:25.47
2	Barron, Jana	10	Granada	2:22.93
3	Ruckmann-Barnes, Evelyn	10	Granada	2:20.99
4	Denver, Kylee	12	Freedom	2:17.35
5	Johnson, Adeline	11	Branson	2:18.25
6	Yee, Megan	10	Acalanes	2:21.49
7	Espino, Katelyn	10	Foothill	2:22.99
8	Chuang, Marianne	12	Mission San	2:26.43

Heat 2 of 3 Prelims

1	Martin, Maizie	12	Fort Bragg	2:25.41
2	Lawson, Alexa	9	St. Mary's	2:22.78
3	Dunmire, Emma	12	Tamalpais	2:20.64
4	Gardner, Emma	9	Tamalpais	2:16.23
5	Chisar, Jessica	11	College Park	2:18.40
6	Jackson, Sofia	11	St. Mary's	2:21.58
7	Greenwald, Alexandra	10	Archie Williams	2:24.21
8	Schwarz, Jamie	10	Piedmont	2:28.56

Heat 3 of 3 Prelims

1	Carra, Mia	10	Maria Carrillo	2:25.10
2	Tiaffay, Madison	12	Alameda	2:21.87
3	Yee, Lauren	12	Acalanes	2:20.50
4	Dawson, Carolina	12	West County	2:15.68
5	DeMartini, Mary	11	Carondelet	2:18.96
6	Dolan, Peyton	10	Monte Vista	2:21.60
7	Sparks, Page	10	Urban-SF (Nc)	2:24.86
8	Rasmussen, Delaney	10	Castro Valle	2:29.18

Event 12 Boys 800 Meter Run Varsity**12 Advance: Top 3 Each Heat plus Next 3 Best Times**

Friday 5/20/2022 - 6:29 PM

MOC: 1:49.36 1995 Aaron Richberg
1:54.52 CIF At Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Williams Jones, Leslie	12	Dougherty Valley	1:59.95
2	Chiappetta, Giuseppe	11	Berkeley	1:58.99
3	Romant, Mason	12	Amador Valley	1:58.74
4	Hayes, Jared	11	Piner	1:57.17
5	Vieyra, Noe	12	Maria Carrillo	1:57.24
6	Solari, Alan	11	Clayton Vall	1:58.75
7	Gibson, Nathan	11	Ukiah	1:59.06
8	Kuglen, Matthew	10	Urban-SF (Nc)	2:01.95

NCS Meet of Champions - 5/20/2022 to 5/21/2022

Dublin High School
Meet Program - Day 1**Heat 2 of 3 Prelims...(Event 12 Boys 800 Meter Run Varsity)**

1	Mendez-Sanchez, Jacobo	12	San Leandro	1:59.85
2	Calegari, Luke	11	Archie Williams	1:58.95
3	Curry, Liam	10	Cardinal New	1:58.72
4	Keller, Timothy	12	Berkeley	1:55.69
5	Badcock, Shane	11	Dougherty Valley	1:57.40
6	McCorquodale, Adam	12	Maria Carrillo	1:58.81
7	Simmons, Derek	11	Salesian	1:59.27
8	Lena, Niccolo	11	Head Royce	2:02.13

Heat 3 of 3 Prelims

1	Alm, Matthew	12	California	1:59.75
2	Mooney, Dylan	12	Santa Rosa (1:58.90
3	Erickson, Wyatt	12	Freedom	1:58.71
4	Downing, Cooper	12	Piedmont	1:55.20
5	Serghine, Elyes	12	Mission San	1:57.98
6	Morgon, Matthew	12	Dublin	1:58.83
7	Frederiksen, Jack	11	Monte Vista	1:59.49
8	Sibbitt, Dylan	12	Lick-Wilmerd	2:02.57

Event 13 Girls 300 Meter Hurdles Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Friday 5/20/2022 - 6:44 PM

MOC: 41.23 1997 Natasha Neal
MOC: 41.23 2007 Jamesha Youngblood
43.96 CIF At Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Busch, Abigail	10	Casa Grande	48.96
2	Christy, Ashleigh	12	Clayton Vall	47.90
3	Beene, Kamryn	12	Bishop O'Dow	47.37
4	Thweatt, Sydney	12	Justin-Siena	46.36
5	Brooks, Ginny	11	Eureka	46.42
6	Lampsas, Mara	12	California	47.52
7	McCovey, Alyssa	12	Del Norte	48.05
8	Chang, Eleanor	11	San Ramon Va	48.98

Heat 2 of 3 Prelims

1	Petrovits, Jessica	12	John Swett	48.85
2	Heathwood, Madeline	12	Marin Cathol	47.87
3	Testa, Mari	11	Campolindo	47.11
4	Ionescu-Zanetti, Alessandra	11	Berkeley	46.34
5	Russell, Anaya	9	Pittsburg	46.51
6	DeMello, Kira	11	Granada	47.55
7	Bui, Annie	10	Washington	48.13
8	Hodges, Taylor	11	Castro Valle	49.23

Heat 3 of 3 Prelims

1	Hall, Courtney	10	Convent and	48.80
2	McDonald, Kimora	10	Clayton Vall	47.85
3	Notaro, Sophia	11	Vintage	46.88
4	Tabibian, Sara	12	Campolindo	45.12
5	Lim, Emma	12	Foothill	46.63
6	Krummel, Elsa	10	Bay School o	47.58
7	Kreutzen, Cate	12	Lick-Wilmerd	48.75
8	Vines, Hailey	12	St. Mary's	49.28

Event 14 Boys 300 Meter Hurdles Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Friday 5/20/2022 - 6:56 PM

MOC: 36.47 2006 David Klech
38.22 CIF At Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

2	Singleton, Marques	11	Encinal	42.96
3	Finkley, Jelani	12	James Logan	41.55
4	Dierke, Ethan	12	West County	40.02
5	Huckleberry, Sean	12	San Francisc	40.02
6	Maldonado, Jordan	11	Heritage	41.76
7	Bey, Gabrael	12	Salesian	43.18
8	Gohres, Joshua	12	Acalanes	43.64

Heat 2 of 3 Prelims

1	Dinkel, Chase	12	Foothill	43.46
2	Kwan, Seth	11	Dublin	42.91
3	Tezeno, LaRico	10	Pittsburg	41.31
4	Guibert, Aiden	12	Convent and	39.95
5	Kasam, Anish	12	Dublin	40.07
6	Robert, NJ	11	Piner	42.01
7	Holden, Jeffery	11	Vallejo	43.23
8	Newman, Xander	10	Montgomery	44.12

Heat 3 of 3 Prelims

1	Lucero, Evan	11	Amador Valley	43.40
2	Ong, Alexander	11	Maria Carrillo	42.67
3	Lyko, Hector	12	Tamalpais	41.06
4	Nel, Jamie	12	Tamalpais	39.88
5	Trucks, Anthony	12	De La Salle	40.88
6	Jimenez, Zander	10	Salesian	42.23
7	Letson, Aiden	11	Encinal	43.28
8	Smith, Lachlan	12	Berean Chris	44.67

Event 15 Girls 200 Meter Dash Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Friday 5/20/2022 - 7:08 PM

MOC: 23.56 5/26/2018 Tierra Robinson-Jones
24.28 CIF At Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Monks, Sammy	9	San Francisc	26.82
2	Mccall, Khandia	12	Berkeley	26.38
3	Ferguson, Naomi	12	El Cerrito	25.89
4	Chatter, Victoria	9	Miramonte	25.15
5	Anderson, Torre	12	Foothill	25.28
6	Shveyd, Raya	12	Lick-Wilmerd	25.92
7	Bivol, Patricia	12	California	26.39
8	King, Elena	11	West County	26.93

NCS Meet of Champions - 5/20/2022 to 5/21/2022

Dublin High School
Meet Program - Day 1**Heat 2 of 3 Prelims...(Event 15 Girls 200 Meter Dash Varsity)**

1	Smith, Nairobi	10	Internationa	26.60
2	Addae, Angelique	9	Marin Cathol	26.23
3	Ervin, Leloni	12	Deer Valley	25.88
4	Champion, Leila	11	Dublin	24.74
5	Harris, Shanye	10	Dougherty Valley	25.54
6	Campbell, Inaam	12	San Leandro	25.98
7	Foster, Kaiyah	9	Salesian	26.40
8	Greenholz, Maya	11	Redwood	26.97

Heat 3 of 3 Prelims

1	Szylko, Sabine	9	Tamalpais	26.53
2	Fettig, Taryn	11	St. Mary's	26.09
3	Taylor, Maleah	11	San Leandro	25.87
4	Bryant, Deserey	12	Deer Valley	24.65
5	Ervin, Teloni	12	Deer Valley	25.84
6	Schroth, Cassidy	12	Santa Rosa (26.02
7	Pringle Hamilton, Rymiyah	11	San Leandro	26.44
8	Ruffin, Kianna	12	Ukiah	27.13

Event 16 Boys 200 Meter Dash Varsity**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Friday 5/20/2022 - 7:20 PM

MOC: 20.92 2007 Jahvid Best
21.73 CIF At Large

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Prelims				
1	Loller, Michael	9	St. Joseph N	23.64
2	Doig, Gavin	11	Cardinal New	22.42
3	Freeney, Demetrius	12	San Leandro	22.26
4	Stitts, Robert	11	El Cerrito	21.83
5	Idahosa, Dearen	12	Pittsburg	21.86
6	Rosenbaum, Kai	11	Las Lomas	22.34
7	McCothen, Calvin	10	James Logan	22.48
Heat 2 of 4 Prelims				
1	Smith, Jakobi	10	Internationa	23.35
2	Meyer, Christian	12	De La Salle	22.40
3	Pruitt, Jacob	10	Rancho Cotat	22.24
4	Burns, Brandon	12	Dublin	21.77
5	Fara, Mason	12	Campolindo	21.93
6	Guinther, Sebastian	11	Dublin	22.34
7	Nelson, Garrett	11	Campolindo	22.52
Heat 3 of 4 Prelims				
1	Stewart, Ronen	11	Drew	23.09
2	Freeman, Anthony	12	De Anza	22.40
3	Minnieweather Jr., Truedell	10	Benicia	22.11
4	Thomas, Bryce	11	Moreau Catho	21.76
5	Higgins, Keynan	11	Pittsburg	21.95
6	Bunch, Baden	11	Redwood	22.35
7	Dessaure, Bryson	11	Moreau Catho	22.54

Heat 4 of 4 Prelims

1	Pologeorgis, Silas	11	Petaluma	22.84
2	Hansen, Elijah	10	Santa Rosa (22.39
3	Carroll, Zachary	12	Heritage	22.03
4	Card, Zach	11	Pittsburg	21.68 CIF
5	Harper, Daniel	10	El Cerrito	22.01
6	Lyons, Taeshaun	11	Tennyson	22.37
7	Bowser, Joseph	11	Montgomery	22.58

NCS Meet of Champions - 5/20/2022 to 5/21/2022

Dublin High School
Meet Program - Day 1**Event 33 Girls 4x800 Meter Relay Exhibition Varsity**

Friday 5/20/2022 - 7:36 PM

MOC: 9:44.02 5/25/2018 Lick-Wilmerding

M Drew, A Savage Brooks, M Terdiman, V Donohoe

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Monte Vista		9:50.00
	1) Vorhauer, Jillian 11	2) Turns, Alyssa 9	
	3) Powell, Alexandra 9	4) Fernandez, Sofia 9	
	5) Leahey, Alexa 9		
2	Campolindo		10:04.00
	1) Pullen, Sloan 9	2) Kabenina, Kate 10	
	3) Penney, Daisy 10	4) McCool, Caroline 11	
	5) Lawrence, Mia 10		
3	San Francisc		10:10.00
	1) Lim, Nadia 12	2) King, Chapel 9	
	3) Wadsworth, Erin 11	4) Lumpkin, Marissa 12	
4	Dublin		10:11.57
	1) Prenton, Melia 9	2) Marquez, Maia 12	
	3) Miyazawa, Ameri 12	4) Gowda, Medha 11	
	5) Delgado, Elissa 11	6) Nguyen, Kassidy 9	
5	Northgate		10:13.00
	1) Kopper, Ella 10	2) Leininger, Lucy 9	
	3) Malloy, Megan 11	4) Saunders, Kristin 12	
	5) Davis, Kiron 12	6) Urmson, Carmen 9	
6	Berkeley		10:19.00
	1) Rawles, Gavi 10	2) Koch, Gracie 9	
	3) Nickolaus, Naomi 11	4) Torok, Asha 10	
	5) Jay, Annabel 12	6) Miles-Wang, Annika 10	
7	Castro Valle		10:29.99
	1) Murry, Hannah 9	2) Chen, Alyssa 10	
	3) Garcia, Hailey 11	4) Veliz, Frida 12	
	5) Frautnik, Mia 12		
8	Granada		10:30.00
	1) Lnenicka, Mia 10	2) Sauder, Kerrigan 9	
	3) Stein, Abby 9	4) Manley, Audrey 9	
	5) May, Natalie 11	6) Eaton, Alyssa 10	
9	Heritage		10:40.00
	1) Wisely, Kylie 9	2) Mendoza, Meleana 11	
	3) Linney, Lauren 10	4) Espinoza, Valeria 11	
	5) Courchesne, Camille 10		
10	Liberty		10:54.00
	1) McWilliams, Kiran 12	2) Peltz, Kelsey 9	
	3) Rodriguez, Lilian 11	4) Redman, Sarah 10	
	5) Luker, Cambree 9	6) Giltner, Zoey 10	
11	Redwood		10:54.00
	1) Strotz, Tawny 11	2) Nacco, Marley 9	
	3) Nogueiro, Sofia 11	4) Stolte, Erin 10	
	5) Fieber, Emily 12		
12	Albany		11:15.00
	1) Dietz, Skya 11	2) Frank, Mattea 9	
	3) Duan, Xinxin 12	4) Shishima, Jordin 9	
	5) Nordenholz, Audrey 9	6) Renger, Kinley 10	

Event 34 Boys 4x800 Meter Relay Exhibition Varsity

Friday 5/20/2022 - 7:52 PM

MOC: 8:02.82 5/26/2017 Dublin

M Kang, H Lampi, C Middleton-Pearson, T Chapman

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Dublin		8:10.37
	1) Turpin, Joshua 12	2) Santhakumar, Sharva 12	
	3) Manesh, Nathan 11	4) Tran, Adrian 12	
	5) Turpin, Cole 12	6) Stone, Aidan 10	
2	Granada		8:20.00
	1) Costello, Samuel 12	2) Bromley, Erik 10	
	3) Hart, Luther 11	4) Soriano, Farin 11	
	5) Sauder, Hudson 11	6) Prasanna, Rahul 9	
3	Northgate		8:22.00
	1) Benard, Robert 10	2) Knisley, Nicholas 10	
	3) Pierce, Gabe 12	4) Sunbury, Aidan 12	
	5) LaVay, Andrew 12	6) Hwang, Injay 12	
4	Berkeley		8:23.00
	1) Koch, Quinn 12	2) Small, Matteo 11	
	3) Diamond, Aaron 12	4) Mullen, Mason 10	
	5) Madjidi, Jalen 11	6) De Valpine, Luke 11	
5	Tamalpais		8:25.00
	1) Dumire, Max 10	2) Sternfels, Thomas 12	
	3) Jackson, Soren 10	4) Lin, Ethan 12	
6	Campolindo		8:32.00
	1) Bergren, Tyler 10	2) Cook, Maxson 9	
	3) Thomasson, Alex 10	4) Webster, Blake 11	
	5) Ngo, Tyler 10	6) Iyer, Siddharth 9	
7	Kennedy-Fremont		8:37.25
	1) Jay, Nathan 11	2) Mehta, Aarav 10	
	3) Moon, Jinsoo 10		
	5) Chan, Zeke 11	6) Mathew, Neil 10	
8	San Francisc		8:41.00
	1) Adair, Allister 10	2) Jones, Ben 9	
	3) Bijur, Jack 11	4) Friel, Pierce 10	
9	Redwood		8:45.00
	1) Peters, Kai 11	2) Tudor, Calvin 10	
	3) Volpentest, Troy 12	4) Martin, Blake 11	
	5) Markovich, Andrew 10		
10	Alhambra		8:45.00
	1) Hussey, Ethan 10	2) Searls, Nolin 12	
	3) Morales, Paolo 10	4) Allan, Tyler 11	
	5) Knutson, Ian 10	6) Taylor, Tommy 10	
11	Antioch		8:50.87
	1) Bean, Noah 12	2) Jimenez, Jose 11	
	3) Castro, Juan 9	4) Perez, Braulio 11	
	5) Williams, Jordan 12		
12	Liberty		8:58.00
	1) Welte, Reid 12	2) Moore, Samuel 12	
	3) Fuentes, Oswaldo 9	4) Baptista, Dylan 11	
	5) Nicholas, Zachary 9	6) Dick, Kevin 12	
13	Acalanes		9:02.00
	1) Dempsey-Fehling, Samuel 9	2) Cronin, Thomas 9	
	3) Windfuhr Durand, Loic 12	4) Buchel, Peter 11	
	5) Hunt, Tyler 11	6) Farzan, Logan 10	
14	Castro Valle		9:04.89
	1) Bull, Jacob 11	2) Avery, Conrad 11	
	3) Chang, Lucas 10	4) Phulps, Logan 12	

NCS Meet of Champions - 5/20/2022 to 5/21/2022

Dublin High School
Meet Program - Day 1

Section 1 of 1 Finals

5) Choy, Joshua 10	6) Griffith, Evan 11
15) Montgomery	9:21.09
1) Brusco, Austin 9	2) Lacefield, Jonathan 11
3) Morthole, Lucas 12	4) Azevedo, Max 10
5) Switzer, Noah 9	6) Finnerty, Bodhi 9

Event 19 Girls 4x400 Meter Relay Varsity

8 Advance: Top 1 Each Heat plus Next 5 Best Times

Friday 5/20/2022 - 8:06 PM

MOC: 3:43.39 1996 James Logan

3:51.56 CIF At Large

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	San Francisc		4:18.77
	1) Oh, Isabelle 11	2) Conner, Alison 10	
	3) Monks, Sammy 9	4) Kambara-Coughlin, Hanae 9	
2	Liberty		4:14.60
	1) Shedd, Mersayis 11	2) Guinn, Rylee 11	
	3) Costanza, Kate 11	4) Cochenour, Kayla 10	
	5) Zimmerman, Sabella 11	6) Oji, Michelle 10	
3	California		4:09.75
	1) Olguin, Ava 11	2) Zibblatt, Mia 11	
	3) Rajsekar, Sharanika 11	4) Lanza, Jasmine 11	
	5) Young, Olivia 9	6) Harris, Maya 11	
4	Monte Vista		4:04.88
	1) Miller, Cate 9	2) Moriyama, Isabella 9	
	3) McGowan, Natalia 10	4) Gilbert, Madelyn 12	
	5) Peters, Cate 11	6) Dolan, Peyton 10	
5	St. Mary's		4:04.92
	1) Dwyer, Maddie 12	2) Lawson, Alexa 9	
	3) Dwyer, Brooklyn 9	4) Hedgspeth, Dylan 11	
	5) Fettig, Taryn 11	6) Jackson, Sofia 11	
6	West County		4:11.21
	1) King, Elena 11	2) Dawson, Carolina 12	
	3) Avila, Tatiana 11	4) Marquez, Elena 9	
	5) Harris, Rosey 10	6) Morasch, Karris 10	
7	Redwood		4:15.19
	1) McPeek, Tatum 10	2) McKenna, Sophie 11	
	3) Buck, Madeline 11	4) Anderson, Hanalei 10	
	5) Novia, Olivia 11	6) Perez, Lucy 9	
8	James Logan		4:19.74
	1) Jones, Lena 10	2) Parikh, Simryn 12	
	3) Vuong, Heidi 11	4) Austria, Rebecca 11	
	5) Castro, Kayla 10	6) Mendoza, Michaelah 9	

Heat 2 of 3 Prelims...(Event 19 Girls 4x400 Meter Relay Varsity)

1	Lick-Wilmerd	4:18.29
	1) Kreutzen, Cate 12	2) Choi, Nora 10
	3) Benziger, Henrietta 10	4) Harris, Savannah 9
2	Carondelet	4:14.53
	1) DeMartini, Mary 11	2) David, Paige 11
	3) Castagnetto, Carli 11	4) Foxworthy, Kendall 10
	5) Addison, Jayla 10	6) Brezac, Haley 11
3	Clayton Vall	4:09.10
	1) Christy, Ashleigh 12	2) Bennett, Skylar 10
	3) McDonald, Kimora 10	4) Lahanas, Zoe 10
	5) Magu, Vivienne 9	6) Pelcastre, Jocelyn 10
4	Heritage	4:03.34
	1) Marino, Kayla 10	2) Williams, Camille 10
	3) Enoru, Eden 9	4) Rogers, Sabrina 12
	5) Gascie, Ciara 10	6) O'Neal, Isharie 10
5	Deer Valley	4:06.29
	1) Bryant, Deserey 12	2) Ervin, Teloni 12
	3) Crabtree, Melanie 11	4) Hall, Keneyia 10
	5) Pouncil, Sarah 11	6) Ervin, Leloni 12
6	Montgomery	4:12.46
	1) Lacefield, Amrie 9	2) Martin, Hope 11
	3) Thomsen, Hanne 9	4) Beiswanger, Elizabeth 11
	5) Kittelstrom, Seelah 9	6) Wilmarth, Natalie 11
7	Tamalpais	4:15.21
	1) Gardner, Emma 9	2) Wong, Mia 9
	3) Kosek, Ruby 9	4) Concannon, Alana 12
	5) Steel, Annabel 10	6) Harrosh, Jordan 9
8	Urban-SF (Nc)	4:22.72
	1) Wu, Caroline 12	2) Hoe, Dawson 11
	3) Sparks, Page 10	4) Monty, Ellis 10
	5) Crahan, Catie 9	6) Richter, Chiara 9

NCS Meet of Champions - 5/20/2022 to 5/21/2022

Dublin High School

Meet Program - Day 1

Heat 3 of 3 Prelims

1	Irvington	4:17.71
	1) Vu, Mary 9	2) Chandrahasan, Jeyashree 12
	3) Aravindhan, Varsha 9	4) Zhao, Clara 9
	5) Brahan, Natalie 9	
2	Marin Cathol	4:13.99
	1) Heathwood, Madeline 12	2) Lacy, Charlotte 9
	3) Domingo, Sydney 12	4) Pomponio, Mia 12
	5) Etcheber, Alivia 11	6) Seymore, Elizabeth 9
3	Santa Rosa (4:07.97
	1) McKamey, Cocome 11	2) Cook, Lola 12
	3) Wienert Bardell, Maiya 10	4) Schroth, Kassidy 12
	5) Garey, Michela 12	6) Alapa, Jasmine 12
4	Foothill	4:03.00
	1) Galvez, Kayla 12	2) Van Horn, Claire 11
	3) Nelson, Sabrina 12	4) Lim, Samantha 12
	5) Espino, Katelyn 10	6) Diwan, Reva 10
5	Campolindo	4:07.83
	1) Kennedy, Meagan 11	2) Wilson, Kyrstin 12
	3) Birdsong, Hanna 10	4) Tabibian, Sara 12
	5) Hatch, Emily 12	6) Arnswald, Charlotte 11
6	San Leandro	4:12.76
	1) Torrance, Bella 10	2) Campbell, Inaam 12
	3) Taylor, Maleah 11	4) Pringle Hamilton, Rymiyah 11
	5) Carter, Jayannah 12	
7	Bishop O'Dow	4:17.06
	1) Senn, Katie 12	2) Beene, Kamryn 12
	3) Chukwu, Simdi 9	4) Bauerlein, Tonia 11
	5) Davis, Jordan 9	6) Kwamilele, Khailey 10
8	American	4:24.13
	1) Purohit, Kunjal 9	2) Rodriguez, Natasha 12
	3) Sampath, Srinidhi 10	4) Luthra, Anokhi 10
	5) Yao, Faith 10	6) Taylor, Shekinah 12

Event 20 Boys 4x400 Meter Relay Varsity

8 Advance: Top 1 Each Heat plus Next 5 Best Times

Friday 5/20/2022 - 8:30 PM

MOC: 3:11.70 1981 Berkeley

3:18.60 CIF At Large

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Montgomery		3:36.74
	1) LaFrance, Ryan 9	2) Gunter, Austin 11	
	3) Bowser, Joseph 11	4) Lanford, Xavius 10	
	5) Brusco, Ryder 9	6) Devries, Jude 11	
2	California		3:33.28
	1) Love, Devan 10	2) Neumann, Sean 12	
	3) Gandhi, Saahil 12	4) Arnett, Nicholas 11	
	5) Shavies, Joshua 12	6) Williams, Robinson 12	
3	Dougherty Valley		3:30.35
	1) Yee, Brandon 11	2) Srivastava, Aryan 11	
	3) Sattley, Wyatt 11	4) Williams Jones, Leslie 12	
	5) Yang, Aaron 10	6) Sapida, Lance 11	
4	Berkeley		3:27.92
	1) Lu, Oliver 12	2) Chiappetta, Giuseppe 11	
	3) Keller, Timothy 12	4) Williams henderson, Jalen 11	
	5) Escalante, Elliott 11	6) Metcalfe, Aidan 12	
5	Piedmont		3:27.92
	1) Taylor, Christian 11	2) Zirkelbach-Ngai, Jack 11	
	3) Alban, Luke 12	4) Downing, Cooper 12	
	5) Terrill, Parker 12	6) Long, Parker 11	
6	St. Mary's		3:31.58
	1) Tanisaki, Logan 11	2) Young, Malachi 11	
	3) Bain, William 11	4) Alleyne, Micah 11	
	5) Higley, Charlie 10	6) Malko-Allen, Mateo 11	
7	Maria Carrillo		3:33.99
	1) Ong, Alexander 11	2) Vieyra, Noe 12	
	3) Gray, Jai 11	4) Peralta Fernandez, Fabian 12	
	5) McCorquodale, Adam 12	6) Mello, Donald 10	
8	Lick-Wilmerd		3:38.27
	1) Liu, Ryan 12	2) Yusuf, Ramon 12	
	3) Finn, Paul 11	4) Gibson, Spence 11	
	5) Sibbitt, Dylan 12	6) Kawaii, Ikiru 12	

NCS Meet of Champions - 5/20/2022 to 5/21/2022

Dublin High School
Meet Program - Day 1

Heat 2 of 3 Prelims

1	James Logan	3:34.78
	1) Finkley, Jelani 12	2) Krishna, Cameron 12
	3) Petrov, Victor 12	4) Gama, Nino 12
	5) Tang, Harry 11	6) Young, Khalil 11
2	Archie Williams	3:33.25
	1) Calegari, Luke 11	2) LaMorte, Toby 12
	3) Wolford, Nate 12	4) Overaa, Eric 12
	5) Wilcox, Ryan 12	6) Spielman, Demetri 11
3	Heritage	3:30.33
	1) Carroll, Zachary 12	2) Van Den Oudenaller, Hayden 11
	3) Green, Jordan 9	4) Maldonado, Jordan 11
	5) DePiero, Dominic 12	6) Ombougnou, Morel 12
4	Amador Valley	3:27.55
	1) Seo, Matthew 10	2) Romant, Mason 12
	3) McPherson, Declan 11	4) Lester, Timothy 12
	5) Kim, Thomas 11	6) Sitter, Robert 12
5	Monte Vista	3:28.96
	1) Leslie, Aiden 12	2) Honda, Caden 11
	3) Frederiksen, Jack 11	4) Bosica, Cole 12
	5) Wright, Adam 12	6) Pederson, Jake 11
6	Irvington	3:32.07
	1) Stasi, Jake 12	2) Ford, Nicholas 12
	3) Jerish, Bryan 12	4) George, Priyan 12
	5) Doering, William 12	6) Zhao, Jerry 12
7	Marin Cathol	3:34.05
	1) Bosch, JR 11	2) Tobin, Calvin 11
	3) Nacco, Ziggy 11	4) Tagliaferri, Dominic 12
	5) Barrett, Reece 9	6) Lyon, Jackson 9
8	San Francisc	3:38.93
	1) Nakahata, Dash 11	2) Perkins, Will 10
	3) Rutter, Wyatt 9	4) Donovan, Dash 10

Heat 3 of 3 Prelims...(Event 20 Boys 4x400 Meter Relay Varsity)

1	Santa Rosa (3:34.68
	1) Schott, Patrick 9	2) Winkelman, Elias 12
	3) Dethlefsen, Ben 11	4) Mooney, Dylan 12
	5) Prince, Darius 11	6) Ouimette, Cole 10
2	San Leandro	3:32.46
	1) Daniels, Devan 11	2) Mendez-Sanchez, Jacobo 12
	3) Caisse, Tyler 12	4) Rushing, Zach 12
	5) Rodgers, Nicholas 11	6) Freeney, Demetrius 12
3	Encinal	3:30.30
	1) Cerna, Diego 11	2) Oduor, Davis 12
	3) Cole, Kameron 12	4) Rainey, Quinton 12
	5) Howey, Kenji 11	6) Coss, Isaiah 12
4	Dublin	3:26.11
	1) Burns, Brandon 12	2) Franco, Alexander 11
	3) Kasam, Anish 12	4) Yara, Manogya 12
	5) Yara, Manyu 11	6) Masubuchi, Takehiro 12
5	Moreau Catho	3:29.58
	1) Ramirez, Ignacio 12	2) Lowe, Jamir 10
	3) Hupke, Jacob 11	4) Thomas, Bryce 11
	5) Sathianathen, Johann 12	6) Lopez, Christian 11
6	Bishop O'Dow	3:32.23
	1) Bossut-Ugarte, Mateo 10	2) Jones, Cameron 9
	3) Orias, Aidan 10	4) Ajose, Ayodeji 9
	5) Moreno, Vince 12	6) Colbert, Christian 10
7	Tamalpais	3:34.34
	1) Lyko, Hector 12	2) Kneafsey, Emmet 12
	3) Nel, Jamie 12	4) Vandien, Hunter 11
	5) Wanger, Nate 9	6) Williges, Creig 10
8	St. Joseph N	3:42.70
	3) Kohler, Samuel 10	2) Arellano, Jason 11
	5) Rucker, Arlo 12	4) McCue, Thomas 12

Event 26 Girls Discus Throw Varsity

Friday 5/20/2022 - 1:30 PM

All get 3 attempts. Top 98 after 3 get 3 more attempts

MOC: 165-02 2002 Kamiya Warren

144-05 CIF At Large

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 3 Finals					
1	Guerrero, Emma	11	Irvington		83-04
2	Lousi, Nofelina	10	Washington		85-11
3	Worku, Phoebe	10	Berkeley		87-04
4	Tran, Kim	12	San Lorenzo		87-04
5	Gutierrez, Avril	12	San Lorenzo		90-09
6	Price, Arianna	10	San Francisc		90-09
7	Britton-Dalson, Samantha	11	Fort Bragg		93-01
8	Jones, Tristan	12	Fortuna		95-00

NCS Meet of Champions - 5/20/2022 to 5/21/2022

Dublin High School
Meet Program - Day 1**Flight 2 of 3 Finals**

1	Shanahan, Madelyn	10	St Bernard C	96-04
2	Perez, Lyla	11	California	97-03
3	Hofer, Ella	12	California	97-05
4	Kennedy, Ellie	11	Vintage	97-06
5	Ikenaga, Jean	11	Benicia	98-01
6	Reynolds, Rachel	11	Maria Carrillo	99-00
7	Tinnon, Sofia	12	Napa	99-09
8	Henriquez, Hannah	12	Mt Eden	100-06

Flight 3 of 3 Finals

1	Zimmerman, Chloe	12	Heritage	101-05
2	Clark, Jena	12	San Marin	104-00
3	Moghalu, Uche	11	Freedom	105-10
4	Stubbington, Anna	11	Campolindo	105-11
5	Richardson, Hannah	12	California	114-01
6	Kane, Sydney	12	San Ramon Va	118-10
7	Lemire, Lauren	11	Pittsburg	120-05
8	Roan, Ellie	12	West County	131-00

Event 27 Boys High Jump Varsity

Friday 5/20/2022 - 1:30 PM

Opening Height 5-10, 2" increments to 6-4, then 1" increments

MOC: 7-00 1989 Gabe Manville

6-06.00 CIF At Large

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Letson, Aiden	11	Encinal	5-06.00	
2	Deboda, Johann	9	Arroyo	5-06.00	
3	Elfenbaum, Benjamin	11	Albany	5-06.00	
4	Mccoy, Fenner	12	Berkeley	5-08.00	
5	Calleja, Juan	11	Fort Bragg	5-08.00	
6	Jordan, Featherstone	10	Livermore	5-10.00	
7	Rogers, Trevor	10	Acalanes	5-10.00	
8	Wachob, Grady	9	Benicia	5-10.00	
9	Cleary, Asher	11	Justin-Siena	5-10.00	
10	Duncan, Luke	11	Miramonte	5-10.00	
11	Whipple, Sam	11	Campolindo	5-10.00	
12	Maddalone, Xavier	12	Justin-Siena	5-10.00	
13	Leng, Kevin	12	San Domenico	5-10.00	
14	da Cunha, Kieran	11	Miramonte	5-10.00	
15	Lazon, Matias	12	California	5-10.00	
16	McCoy, Nathaniel	12	Berkeley	5-10.00	
17	Borromeo, Riven	10	Dougherty Valley	5-10.00	
18	Hansen, Elijah	10	Santa Rosa (6-00.00	
19	Cross, Amir	12	St. Mary's	6-00.00	
20	Fifer, Nathan	11	Montgomery	6-00.00	
21	Solinsky-Duryea, Frankie	12	Lick-Wilmerd	6-02.00	
22	Udeh, Chukwunonso	11	De La Salle	6-02.00	
23	Baraka, Dave	11	Piner	6-02.00	
24	Hightower, Travis	11	Justin-Siena	6-04.00	
25	Miller, Drake	11	Tamalpais	6-05.00	
26	Noel, Dwayne	10	Livermore	6-06.00	CIF

Event 30 Boys Triple Jump Varsity

Friday 5/20/2022 - 1:30 PM

All get 3 attempts. Top 8 after 3 get 3 more attempts

MOC: 50-04 2013 Jeffrey Prothro

46-01.00 CIF At Large

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 3 Finals					
1	Leng, Kevin	12	San Domenico	40-04.00	
2	Sheppard, Dylan	12	Dublin	40-08.50	
3	Atkinson, Luke	12	Amador Valley	40-09.25	
4	Kasthuri, Arjun	11	San Ramon Va	40-11.00	
5	Steig, Aiden	10	Archie Williams	40-11.00	
6	Dicovski, Nadav	11	Middletown	40-11.50	
7	Rush, Brandon	10	Bishop O'Dow	41-00.00	
8	Jones, Bernard	11	Bishop O'Dow	41-02.00	
Flight 2 of 3 Finals					
1	Dinkel, Chase	12	Foothill	41-04.25	
2	Kairkari, Joel	12	Rancho Cotat	41-07.00	
3	Kelleher, Ayden	12	Livermore	41-08.25	
4	Ruffin, Jeremiah	11	Heritage	41-09.50	
5	Lu, Oliver	12	Berkeley	41-09.75	
6	Quilon, John	11	American Can	41-11.00	
7	Pascascio, Russell	10	Fortuna	42-00.00	
8	Phillips, Bryan	12	Tamalpais	42-00.00	
Flight 3 of 3 Finals					
1	George, Priyan	12	Irvington	42-04.25	
2	Lyons, Taeshaun	11	Tennyson	42-06.50	
3	Zepeda, Edwin	12	Del Norte	42-11.00	
4	Hug, Tristan	12	Napa	43-03.50	
5	Watts, Jacob	12	James Logan	43-05.75	
6	Jordan, Elijah	12	Freedom	44-10.00	
7	Huckleberry, Sean	12	San Francisc	44-11.00	
8	Hernandez, Jorge	12	Antioch	44-11.50	

NCS Meet of Champions - 5/20/2022 to 5/21/2022

Dublin High School
Meet Program - Day 1**Event 22 Girls Pole Vault Varsity**

Friday 5/20/2022 - 4:00 PM

Opening Height X-X, 6" increments to 11-0, then 4" increments

MOC: 13-04 5/17/2019 Kelly Kern

12-03.00 CIF At Large

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Lavoie, Jeanette	12	Campolindo	8-06.00	
2	Rickart-Webb, Lucy	11	Berkeley	8-06.00	
3	Bhat, Alisha	11	Irvington	8-06.00	
4	Johnson, Claudia	11	Berkeley	8-06.00	
5	Martinez, Teresa	12	Del Norte	8-08.00	
6	Dyogi, Faith	12	Lick-Wilmerd	8-08.00	
7	Menon, Sophie	10	Mission San	9-00.00	
8	Johnson, Ashlynn	12	Fort Bragg	9-00.00	
9	Birt, Alison	12	Washington	9-00.00	
10	Mao, Fern	10	Moreau Catho	9-00.00	
11	Sandoval, Elizabeth	11	Moreau Catho	9-00.00	
12	Saha, Tiana	10	Mission San	9-00.00	
13	Youn, Jessica	10	Miramonte	9-00.00	
14	Buske, Ava	11	Redwood	9-02.00	
15	Allen, Kyra	12	San Rafael	9-08.00	
16	Recker, Lindsay	12	College Prep	9-10.00	
17	Kapustka, Allison	9	Maria Carrillo	9-11.00	
18	Bashant-coon, Lauren	12	Carondelet	10-00.00	
19	Alapa, Jasmine	12	Santa Rosa (10-02.00	
20	Loe, Ruby	12	Piner	10-05.00	
21	Bertch, Rachael	12	Foothill	10-06.00	
22	Bradley, Victoria	11	Dublin	11-00.00	
23	Chan, Alexa	11	Moreau Catho	11-01.00	
24	Doyle, Elise	10	San Ramon Va	11-06.00	
25	Muhammad, Jathiyah	10	Dublin	13-00.00	CIF
26	Mulligan, Lily	11	Maria Carrillo	13-02.50	CIF

Event 31 Boys Shot Put Varsity

Friday 5/20/2022 - 4:30 PM

All get 3 attempts. Top 8 after 3 get 3 more attempts

MOC: 66-04 5/27/2016 Nathan Esparza

56-04.00 CIF At Large

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 3 Finals					
1	Breeden, Brody	12	Middletown	41-09.00	
2	Howell, Weilan	11	American	43-03.00	
3	Woerber, Thomas	11	San Francisc	43-11.50	
4	Dunn, Kezian	12	San Domenico	44-03.25	
5	Watts, Jacob	12	James Logan	44-04.00	
6	Young, Robert	12	St. Mary's	44-05.00	
7	Adams, Max	12	Maria Carrillo	44-09.50	
8	Merryman, Christian	12	Freedom	44-10.00	

Flight 2 of 3 Finals...(Event 31 Boys Shot Put Varsity)

1	Magann, Will	12	Granada	45-03.00
2	Gammal, Ian	11	James Logan	45-06.00
3	Ray, Derrick	11	McKinleyvill	46-00.00
4	Bosica, Cole	12	Monte Vista	46-04.00
5	Gonzalez, Joseph	11	Eureka	46-04.50
6	Matteucci, Stefano	11	Granada	47-03.00
7	McCormack, Matthew	12	Cardinal New	47-05.25
8	Golden, Khalil	12	San Leandro	47-07.00

Flight 3 of 3 Finals

1	Porter, Jacobi	12	Tennyson	48-00.00
2	Zamora, Jordan	12	Santa Rosa (48-07.25
3	Feldstein, Benjamin	12	Vintage	49-00.50
4	Martinez, Aaron	12	Freedom	50-00.50
5	Gilbert, Jamin	11	Eureka	50-02.50
6	Mitchell, Matteo	12	Clayton Vall	50-03.50
7	Beerbower, Albert	12	Cardinal New	50-09.50
8	Mahle, Josh	12	Eureka	52-07.75

Event 24 Girls Triple Jump Varsity

Friday 5/20/2022 - 5:30 PM

All get 3 attempts. Top 8 after 3 get 3 more attempts

MOC: 42-08 2007 KeNayia Richardson

39-02.00 CIF At Large

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 3 Finals					
1	Ramirez, Natalie	11	Kennedy-Fremont	32-02.00	
2	Hancock, Jamie	11	Washington	32-03.50	
3	House, Roxy	12	Head Royce	32-04.50	
4	Shanahan, Madelyn	10	St Bernard C	32-08.25	
5	Lam, Megan	11	Foothill	33-00.00	
6	Heffernan, Katherine	12	Justin-Siena	33-00.50	
7	Takaoka, Emi	12	Terra Linda	33-02.50	
8	Set, Thadar	12	Irvington	33-03.00	
Flight 2 of 3 Finals					
1	Sherman, Lily	10	Del Norte	33-09.25	
2	Cesko, Sally	12	San Marin	34-00.00	
3	Morasch, Karris	10	West County	34-01.25	
4	Lum, Kiana	12	Amador Valley	34-05.00	
5	Schneider, Maika	12	Bishop O'Dow	34-06.50	
6	Chen, Michelle	12	Dublin	34-08.00	
7	Kasalanati, Namratha	12	Campolindo	34-11.25	
8	Petrovits, Jessica	12	John Swett	34-11.50	
Flight 3 of 3 Finals					
1	Brown, Kennedy	11	American Can	35-02.75	
2	McKamey, Cocome	11	Santa Rosa (35-10.00	
3	Avila, Tatiana	11	West County	35-10.50	
4	Wilson, Kyrstin	12	Campolindo	36-01.00	
5	Jones, Marie	12	Terra Linda	36-01.50	
6	Cuthbert, Danielle	12	San Francisc	36-06.50	
7	Sarwar, Aiza	12	Dublin	36-06.75	
8	Thomas, Anela	12	St. Mary's	36-11.50	