

EBAL Track & Field Championships - 5/3/2024 to 5/4/2024

Livermore High School

Results

Girls 100 Meter Dash Varsity

EBAL: 11.62 R 4/27/2019 Chinyere Okoro
12.50 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Okorie, Jessica	12	California (Nc)	12.47 NCS
2 Kenion, Kiana	10	Carondelet	12.59 -0.6
3 Diekmann, Hope	10	San Ramon Va	12.59 -0.6
4 Grant-Gurganious, Naemah	9	Dublin	12.87 -0.6
5 Caranto, Janika Reese	10	Dougherty Valley	12.93 -0.8
6 Luna, Jaycelyn	10	Carondelet	12.99 -0.6
7 Gonzalez, Sophia	11	San Ramon Va	13.03 -0.8
8 DeCosta, Parker	12	Monte Vista	13.07 -0.8
9 Chee, Kathryn	12	Dublin	13.08 -0.6
10 Margate, Ayla	11	Carondelet	13.12 0.9
11 Hansen, Kyra	10	San Ramon Va	13.16 -0.6
12 Doria, Hannah	11	Dublin	13.19 -0.8
13 Gomes, Angelina	12	Dublin	13.27 0.9
14 Lezine, Aneria	10	Dublin	13.35 -0.8
15 Sehring, Kaelah	11	California (Nc)	13.35 0.9
16 Burstein, Ariel	12	Foothill (Nc)	13.50 0.9
17 Fraher, Elizabeth	11	Foothill (Nc)	13.50 -0.8
18 Coupland, Merryn	10	San Ramon Va	13.54 -0.8
19 Hernandez, Danielle	11	Dougherty Valley	13.56 -0.8
20 Macedo, Lauren	12	Livermore (N)	13.65 0.9
21 Diwan, Reva	12	Foothill (Nc)	13.83 0.9
22 Becerra, Bailey	10	Livermore (N)	13.96 0.9
--- Harvey, India	10	San Ramon Va	FS -0.6

Girls 200 Meter Dash Varsity

EBAL: 24.25 R 4/27/2019 Chinyere Okoro
26.06 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Gomes, Angelica	12	Dublin	24.91 NCS
2 Okorie, Jessica	12	California (Nc)	25.04 NCS
3 Moriyama, Isabella	11	Monte Vista	25.18 NCS
4 Miller, Cate	11	Monte Vista	25.44 NCS
5 McGowan, Natalia	12	Monte Vista	25.49 NCS
6 Harvey, India	10	San Ramon Va	25.76 NCS
7 Kenion, Kiana	10	Carondelet	25.76 NCS
8 Caranto, Janika Reese	10	Dougherty Valley	25.97 NCS
9 Luna, Jaycelyn	10	Carondelet	26.07 1.6
10 Grant-Gurganious, Naemah	9	Dublin	26.29 1.6
11 Lee, Elise	10	California (Nc)	26.41 1.6
12 Chee, Kathryn	12	Dublin	26.46 1.9
13 Fraher, Elizabeth	11	Foothill (Nc)	26.62 1.6
14 Hasni, Aaliyah	11	Dublin	26.70 2.0
15 Love, Lillie	9	California (Nc)	26.76 1.6
16 Nishanth, Nikita	9	Dougherty Valley	27.02 1.9
17 Doria, Hannah	11	Dublin	27.17 1.9
17 Coupland, Merryn	10	San Ramon Va	27.17 1.6
19 Fogarty, Reese	9	Amador Valley	27.30 1.9
20 Gomes, Angelina	12	Dublin	27.46 1.6
21 Chapman, Allison	10	Foothill (Nc)	27.47 1.9

22 Sehring, Kaelah	11	California (Nc)	27.66 1.9
23 Umene, Jolie	10	Dublin	27.72 1.9
24 Macedo, Lauren	12	Livermore (N)	27.75 1.9

Girls 400 Meter Dash Varsity

EBAL: 54.98 R 4/30/2022 Cate Peters
59.85 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Gomes, Angelica	12	Dublin	57.28 NCS
2 Moriyama, Isabella	11	Monte Vista	58.49 NCS
3 Guerrero, Izabella	11	San Ramon Va	58.99 NCS
4 McGowan, Natalia	12	Monte Vista	59.29 NCS
5 Yakaitis, Gretchen	10	Carondelet	59.55 NCS
6 Addison, Jayla	12	Carondelet	59.68 NCS
7 Hernandez, Danielle	11	Dougherty Valley	59.71 NCS
8 Phillips, Kayci	9	Dublin	59.77 NCS
9 Miller, Cate	11	Monte Vista	60.08
10 Hasni, Aaliyah	11	Dublin	60.46
11 Chapman, Allison	10	Foothill (Nc)	60.62
12 Lee, Elise	10	California (Nc)	60.74
13 Hempel, Lanie	10	Livermore (N)	60.78
14 Fraher, Elizabeth	11	Foothill (Nc)	61.71
15 Noden, Holly	11	San Ramon Va	61.89
16 Inamdar, Ria	10	Dublin	62.11
17 Bayer, Josephine	9	Dublin	62.11
18 Umene, Jolie	10	Dublin	62.22
19 Nishanth, Nikita	9	Dougherty Valley	62.56
20 Cervantes, Lola	9	California (Nc)	63.29
21 Tummala, Bhavya	10	Dougherty Valley	63.54
22 Burstein, Ariel	12	Foothill (Nc)	64.09
23 Fogarty, Reese	9	Amador Valley	64.65

Girls 800 Meter Run Varsity

EBAL: 2:09.30 R 1978 Cheri Williams
2:20.95 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Addison, Jayla	12	Carondelet	2:16.56 NCS
2 Dolan, Peyton	12	Monte Vista	2:17.62 NCS
3 Fernandez, Sofia	11	Monte Vista	2:18.08 NCS
4 Barron, Jana	12	Granada	2:18.25 NCS
5 Chapman, Allison	10	Foothill (Nc)	2:18.85 NCS
6 Ruckmann-Barnes, Evelyn	12	Granada	2:18.87 NCS
7 Bellinger, Emily	9	California (Nc)	2:19.60 NCS
8 Lnenicka, Mia	12	Granada	2:20.71 NCS
9 Espino, Katelyn	12	Foothill (Nc)	2:21.50
10 Foxworthy, Kendall	12	Carondelet	2:22.31
11 Yakaitis, Gretchen	10	Carondelet	2:23.97
12 Larson, Katelyn	11	San Ramon Va	2:25.29
13 Prenton, Melia	11	Dublin	2:26.25
14 Hempel, Lanie	10	Livermore (N)	2:26.82
15 Jennings, Tessa	12	Amador Valley	2:30.29
16 Richards, Sara	10	Dougherty Valley	2:30.43
17 Miller, Vivian	10	Foothill (Nc)	2:30.74
18 Ackermann, Audrey	12	California (Nc)	2:32.70

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Finals ... (Girls 800 Meter Run Varsity)

Name	Yr	School	Finals
19 Tsai, Jessica	11	Foothill (Nc)	2:37.91
20 Kelley, Jade	11	Carondelet	2:41.44
21 Rakesh, Janaki	11	Amador Valley	2:51.33
22 Bhakta, Natasha	12	Dublin	3:00.55
23 Mittal, Isha	11	Dublin	3:06.90
24 Maskey, Kaitlyn	11	Dublin	3:08.21

Girls 1600 Meter Run Varsity

EBAL: 4:49.40 R 5/14/2016 Brooke Starn
5:15.62 NCS At-Large

Name	Yr	School	Finals
1 Gunderson, Hailey	11	San Ramon Va	5:03.53 NCS
2 Bumpus, Sade	9	Granada	5:05.30 NCS
3 Smith, Alexandra	10	San Ramon Va	5:05.36 NCS
4 Powell, Alexandra	11	Monte Vista	5:07.92 NCS
5 Foxworthy, Kendall	12	Carondelet	5:11.75 NCS
6 Barron, Jana	12	Granada	5:13.88 NCS
7 Lee, Liana	12	Dougherty Valley	5:15.46 NCS
8 Sauder, Kerrigan	11	Granada	5:23.27
9 Jennings, Tessa	12	Amador Valley	5:23.72
10 Balupari, Laasya	11	Dublin	5:23.95
11 Prenton, Melia	11	Dublin	5:26.18
12 Espino, Katelyn	12	Foothill (Nc)	5:31.30
13 Yu, Alessandra	11	Dublin	5:34.82
14 Kelley, Jade	11	Carondelet	5:40.04
15 Kapur, Abigail	12	Dougherty Valley	5:43.39
16 El-Banna, Norah	12	Dougherty Valley	5:47.31
17 Tsai, Jessica	11	Foothill (Nc)	5:55.92
18 Zachary, Lillian	10	Carondelet	6:00.68
19 Johnson, Sasha	11	Dublin	6:09.07
20 Bhakta, Natasha	12	Dublin	6:13.92
21 Izuhara, Lisa	12	Foothill (Nc)	6:20.38
22 Contos, Athena	11	Dublin	6:42.69
23 Maskey, Kaitlyn	11	Dublin	6:45.77
24 Mittal, Isha	11	Dublin	6:59.50

Girls 3200 Meter Run Varsity

EBAL: 10:33.90 R 1978 Cheri Williams
11:11.25 NCS At-Large

Name	Yr	School	Finals
1 Bumpus, Sade	9	Granada	11:07.42 NCS
2 Powell, Alexandra	11	Monte Vista	11:10.19 NCS
3 Smith, Alexandra	10	San Ramon Va	11:14.98
4 Stein, Abby	11	Granada	11:22.20
5 Wong, Kacie	10	Amador Valley	11:24.51
6 Lee, Liana	12	Dougherty Valley	11:25.39
7 Beamon, Susie	10	Granada	11:45.59
8 Schultz, Margot	10	San Ramon Va	11:58.84
9 Espino, Katelyn	12	Foothill (Nc)	12:02.37
10 Larson, Katelyn	11	San Ramon Va	12:11.37
11 Balupari, Laasya	11	Dublin	12:11.44
12 Sauder, Kerrigan	11	Granada	12:23.71

13 Brandeis, Olivia	11	Monte Vista	12:26.85
14 Kapur, Abigail	12	Dougherty Valley	12:36.56
15 Yu, Alessandra	11	Dublin	12:40.09
16 Manley, Audrey	11	Granada	12:41.88
17 El-Banna, Norah	12	Dougherty Valley	12:59.40
18 Johnson, Sasha	11	Dublin	13:01.19
19 Tsai, Jessica	11	Foothill (Nc)	13:09.92
20 Hu, Adah	12	Granada	13:15.19
21 Contos, Athena	11	Dublin	14:39.78

Girls 100 Meter Hurdles Varsity

EBAL: 14.84 R 1999 Simone Brooks
16.35 NCS At-Large

Name	Yr	School	Finals
1 Velasco, Malia	10	Carondelet	15.90 NCS
2 Xu, Alisia	12	Foothill (Nc)	16.24 NCS
3 Osicka, Rachael	10	California (Nc)	16.92 -0.6
4 Lebreton, Lia	11	Amador Valley	17.08 -0.3
5 Oh, Allison	12	Foothill (Nc)	17.26 -0.3
6 McMullen, Riley	9	San Ramon Va	17.66 -0.6
7 Simmons, Samantha	11	California (Nc)	17.69 -0.3
8 Gonzalez, Sophia	11	San Ramon Va	17.76 -0.6
9 Yee, Onessa	11	San Ramon Va	17.82 -1.5
10 Jiang, Raelyn	10	Dougherty Valley	18.06 -0.3
11 Gendron, Brooke	10	Dougherty Valley	18.10 -0.6
12 Bertolo, Sophia	11	Granada	18.22 -0.6
13 Reymann, Jada	12	Dougherty Valley	18.27 -0.6
14 Norman, Sierra	11	San Ramon Va	18.55 -1.5
15 Wu, Sophie	9	Dublin	18.73 -0.6
16 Samara, Lena	9	Granada	18.77 -0.6
17 Rogers, Kaylee	12	California (Nc)	18.89 -1.5
18 Burleson, Kaitlin	11	Amador Valley	18.92 -1.5
19 Kesiakov, Sophia	12	San Ramon Va	18.93 -1.5
20 McAllister, Nola	12	Livermore (N)	19.08 -1.5
21 Colandine, Adriana	12	Granada	19.58 -1.5
22 Dutta, Kria	11	California (Nc)	21.03 -1.5
23 San, Emma	11	Dublin	22.35 -0.3
--- Walston, Savannah	10	Granada	DQ -0.3

Girls 300 Meter Hurdles Varsity

EBAL: 44.77 R 5/14/2016 Avery Avina
48.56 NCS At-Large

Name	Yr	School	Finals
1 Xu, Alisia	12	Foothill (Nc)	45.79 NCS
2 Lebreton, Lia	11	Amador Valley	47.04 NCS
3 Simmons, Samantha	11	California (Nc)	47.65 NCS
4 Velasco, Malia	10	Carondelet	47.95 NCS
5 Reymann, Jada	12	Dougherty Valley	49.01
6 Bertolo, Sophia	11	Granada	49.27
7 Yee, Onessa	11	San Ramon Va	49.68
8 Samara, Lena	9	Granada	50.18
9 Oh, Allison	12	Foothill (Nc)	50.34
10 McMullen, Riley	9	San Ramon Va	50.81
11 Wu, Sophie	9	Dublin	50.93

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Finals ... (Girls 300 Meter Hurdles Varsity)

Name	Yr	School	Finals
12 DeCosta, Parker	12	Monte Vista	51.38
13 Burleson-Billante, Kaitl	--	Amador Valley	51.80
14 Dang, Cassidy	10	Dublin	51.93
15 Roa, Victoria	10	Granada	52.32
16 Osagie, Valerie	11	Dougherty Valley	52.50
17 Rogers, Kaylee	12	California (Nc)	53.12
18 Dutta, Kria	11	California (Nc)	53.13
19 Pradhan, Soumya	11	Dougherty Valley	53.91
20 Colandine, Adriana	12	Granada	54.07
21 Duong, Thanh	9	Dublin	55.98
22 Shah, Dhruvi	11	Amador Valley	56.38
23 Kesiakov, Sophia	12	San Ramon Va	57.51

Girls 4x100 Meter Relay Varsity

EBAL: 47.68 R 5/13/2017 Carondelet

M Avila, M Scott, H Coloma, A Coats

49.79 NCS At-Large

Team	Relay	Finals
1 Dublin (Nc)		48.97 NCS
1) Chee, Kathryn 12	2) Gomes, Angelica 12	
3) Grant-Gurganious, Naeemah 9	4) Hasni, Aaliyah 11	
2 San Ramon Valley (Nc)		49.00 NCS
1) Coupland, Merryn 10	2) Diekmann, Hope 10	
3) Gonzalez, Sophia 11	4) Harvey, India 10	
3 Monte Vista (Nc)		49.17 NCS
1) Ahern, Ava 10	2) Miller, Cate 11	
3) DeCosta, Parker 12	4) Moriyama, Isabella 11	
4 Carondelet (Nc)		49.97
1) Luna, Jaycelyn 10	2) Kenion, Kiana 10	
3) Margate, Ayla 11	4) Velasco, Malia 10	
5 Dougherty Valley (Nc)		50.06
1) Hernandez, Danielle 11	2) Caranto, Janika Reese 10	
3) Koganti, Tanvi 12	4) Nishanth, Nikita 9	
6 California (Nc)		50.39
1) Lee, Elise 10	2) Love, Lillie 9	
3) Sehring, Kaelah 11	4) Okorie, Jessica 12	
7 Foothill (Nc)		51.41
1) Diwan, Reva 12	2) Xu, Alisia 12	
3) Oh, Allison 12	4) Fraher, Elizabeth 11	
8 Livermore (Nc)		52.85
1) Goodwin, Sydney 12	2) Becerra, Bailey 10	
3) Macedo, Lauren 12	4) Johnson, Delainey 9	
9 Granada (Nc)		53.22
1) Clarin, Kayla 11	2) Ogle, Addison 11	
3) Blair, Nora 12	4) Wade, Ainsley 12	
--- Amador Valley (Nc)		DQ
1) Santos, Helen 11	2) Lebreton, Lia 11	
3) Saini, Simran 11	4) Fogarty, Reese 9	

Girls 4x400 Meter Relay Varsity

EBAL: 3:54.13 R 2000

Berkeley

Newman, Keith, Brooks, Margain

4:07.88 NCS At-Large

Team	Relay	Finals
1 California (Nc)		4:00.73 NCS
1) Lee, Elise 10	2) Love, Lillie 9	
3) Cervantes, Lola 9	4) Okorie, Jessica 12	
2 Monte Vista (Nc)		4:01.18 NCS
1) Moriyama, Isabella 11	2) Ahern, Ava 10	
3) Dolan, Peyton 12	4) McGowan, Natalia 12	
3 Dublin (Nc)		4:03.22 NCS
1) Gomes, Angelica 12	2) Hasni, Aaliyah 11	
3) Inamdar, Ria 10	4) Phillips, Kayci 9	
4 San Ramon Valley (Nc)		4:06.06 NCS
1) Noden, Holly 11	2) Diekmann, Hope 10	
3) McGinnis, Katelyn 9	4) Guerrero, Izabella 11	
5 Carondelet (Nc)		4:12.84
1) Yakaitis, Gretchen 10	2) Addison, Jayla 12	
3) Luna, Jaycelyn 10	4) Velasco, Malia 10	
6 Dougherty Valley (Nc)		4:15.03
1) Caranto, Janika Reese 10	2) Jiang, Raelyn 10	
3) Nishanth, Nikita 9	4) Hernandez, Danielle 11	
7 Foothill (Nc)		4:22.28
1) Burstein, Ariel 12	2) Espino, Katelyn 12	
3) Izuhara, Lisa 12	4) Chapman, Allison 10	
8 Amador Valley (Nc)		4:23.88
1) Burleson-Billante, Kaitl --	2) Fogarty, Reese 9	
3) Jennings, Tessa 12	4) Lebreton, Lia 11	
9 Livermore (Nc)		4:24.39
1) Becerra, Bailey 10	2) Goodwin, Sydney 12	
3) Hempel, Lanie 10	4) Macedo, Lauren 12	
10 Granada (Nc)		4:27.23
1) Ogle, Addison 11	2) Aluzzi, Avery 11	
3) De Vera, Rhianna 11	4) Roa, Victoria 10	

Girls 4x800 Meter Relay Varsity

EBAL: 9:45.05 R 5/3/2024

Monte Vista (Nc)

M Amare, S Binder, S Fernandez, P Dolan

Team	Relay	Finals
1 Monte Vista (Nc)		10:13.68
1) Fernandez, Sofia 11	2) Tang, Emilyn 10	
3) Madej, Daria 9	4) Dolan, Peyton 12	
2 California (Nc)		10:50.04
1) Bellinger, Emily 9	2) Ackermann, Audrey 12	
3) Nubla, Isabella 11	4) Dutta, Kria 11	
3 San Ramon Valley (Nc)		10:52.83
1) Roesgen, Grace 12	2) Liu, Patricia 12	
3) Jones, Kathleen 11	4) Spezia, Sydney 11	
4 Foothill (Nc)		11:02.47
1) Izuhara, Lisa 12	2) Kiyoi, Kalia 11	
3) Miller, Vivian 10	4) Singh, Arshiya 12	

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Finals ... (Girls 4x800 Meter Relay Varsity)

Team	Relay	Finals
5 Dublin (Nc)		11:49.48
1) Bayer, Josephine 9	2) magana, yarelli 9	
3) Dhaliwal, Jasmine 11	4) Bhakta, Natasha 12	

Girls High Jump Varsity

EBAL: 5-09 R 2009 Celeste Rietveld
5-00.00 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Osicka, Rachael	10	California (Nc)	5-03.00 NCS
2 McMullen, Riley	9	San Ramon Va	5-02.00 NCS
3 Wade, Ainsley	12	Granada	J5-02.00 NCS
4 Young, Olivia	11	California (Nc)	5-00.00 NCS
4 Diekmann, Hope	10	San Ramon Va	5-00.00 NCS
6 Lawson, Kaylee	12	California (Nc)	4-10.00
7 Lim, Chloe	11	Livermore (N	J4-10.00
8 Norman, Sierra	11	San Ramon Va	J4-10.00
8 Hanson, Peighton	9	Livermore (N	J4-10.00
10 Bansal, Annanya	11	California (Nc)	4-08.00
11 Ahuja, Maya	11	Dougherty Valley	J4-08.00
12 Onyema, Onyinyechi	12	California (Nc)	J4-08.00
13 Varo, Ava	12	Dublin	J4-08.00
14 Stubbs, Kera	10	Dougherty Valley	J4-08.00
15 Rajkumar, Shalini	11	Dougherty Valley	4-06.00
16 Salonga, Katherine	12	Foothill (Nc)	J4-06.00
--- Murphy, Kate	11	California (Nc)	NH

Girls Pole Vault Varsity

EBAL: 13-08 R 5/7/2022 Jathiyah Muhammad
10-01.00 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Doyle, Elise	12	San Ramon Va	12-02.00 NCS
2 Wade, Ainsley	12	Granada	9-07.00
3 Howeth, Miranda	10	Dublin	J9-07.00
4 Nudo, Grace	11	California (Nc)	J9-07.00
5 Contreras, Samantha	12	California (Nc)	9-01.00
5 Huo, Sinnie	10	Dublin	9-01.00
7 Schmitz, Mathilde	11	San Ramon Va	8-07.00
8 McMullen, Riley	9	San Ramon Va	J8-07.00
9 Velasquez, Marlo	10	San Ramon Va	J8-07.00
10 Schmidt, Rachel	10	Amador Valley	8-01.00
11 Radwan, Suhaila	11	Dublin	7-07.00
12 Stubbs, Kera	10	Dougherty Valley	J7-07.00
13 Yan, Katrina	12	Dougherty Valley	J7-07.00
14 Patel, Sragvi	11	California (Nc)	J7-07.00
14 Lin, Ella	11	Dublin	J7-07.00
16 Doole, Emma	11	Livermore (N	7-01.00
16 Yeung, Emma	11	Amador Valley	7-01.00
--- Tang, Kaylee	11	Dougherty Valley	NH
--- Arun, Ananya	11	California (Nc)	NH
--- Hari, Vibha	12	California (Nc)	NH
--- Burstein, Ariel	12	Foothill (Nc)	NH
--- Sridar, Monisha	11	Dougherty Valley	NH

--- Coons, Caitlin 11 California (Nc) NH

Girls Long Jump Varsity

EBAL: 18-07.75 R 4/30/2022 Torre Anderson
16-08.75 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Harvey, India	10	San Ramon Va	17-04.75 NCS
2 McCormick, Annia	12	Dougherty Valley	16-11.00 NCS
3 Kenion, Kiana	10	Carondelet	16-05.25 NWI
4 Varo, Ava	12	Dublin	16-03.75 NWI
5 Xu, Alisia	12	Foothill (Nc)	16-01.00 NWI
6 San, Emma	11	Dublin	J16-01.00 NWI
7 Santos, Helen	11	Amador Valley	16-00.25 NWI
8 Hansen, Kyra	10	San Ramon Va	15-10.50 NWI
9 Doyle, Elise	12	San Ramon Va	15-10.00 NWI
10 Norman, Sierra	11	San Ramon Va	15-08.75 NWI
11 Phillips, Kayci	9	Dublin	15-03.75 NWI
12 Williams, Nyla	12	Dublin	15-03.25 NWI
13 Young, Olivia	11	California (Nc)	15-03.00 NWI
14 Tjon, Jenna	12	Dublin	15-02.25 NWI
15 Lawson, Kaylee	12	California (Nc)	14-11.50 NWI
16 Oh, Allison	12	Foothill (Nc)	14-10.50 NWI
17 Duong, Hien	11	Dublin	14-10.00 NWI
18 Smith, Olivia	10	Carondelet	14-09.50 NWI
19 Diwan, Reva	12	Foothill (Nc)	14-09.00 NWI
20 Gonzalez, Sophia	11	San Ramon Va	14-07.75 NWI
21 Margate, Ayla	11	Carondelet	14-07.00 NWI
22 Beck, Elizabeth	11	Granada	14-04.50 NWI
23 Griffin, Callan	11	California (Nc)	14-01.50 NWI

Girls Triple Jump Varsity

EBAL: 40-05 R 5/16/2015 Christina Chenault
35-01.00 NCS At-Large

Name	Yr	School	Finals
Finals			
1 San, Emma	11	Dublin	35-02.50 NCS
2 McCormick, Annia	12	Dougherty Valley	34-06.00 NWI
3 Diwan, Reva	12	Foothill (Nc)	34-02.00 NWI
4 Hansen, Kyra	10	San Ramon Va	34-01.75 NWI
5 Santos, Helen	11	Amador Valley	33-02.25 NWI
6 Beck, Elizabeth	11	Granada	32-09.25 NWI
7 Velasquez, Marlo	10	San Ramon Va	32-08.50 NWI
8 Lawson, Kaylee	12	California (Nc)	31-07.25 NWI
9 Williams, Nyla	12	Dublin	31-03.75 NWI
10 Young, Olivia	11	California (Nc)	31-01.50 NWI
11 Reid, Kamil	12	Carondelet	31-00.50 NWI
12 Griffin, Callan	11	California (Nc)	30-08.75 NWI
13 Tjon, Jenna	12	Dublin	30-01.00 NWI
14 Hsu, Madison	11	Dublin	30-00.00 NWI
15 Bertolo, Sophia	11	Granada	29-04.00 NWI
16 Duong, Thanh	9	Dublin	29-01.00 NWI
17 Duong, Hien	11	Dublin	28-11.00 NWI
18 Chow, Jada	12	Dublin	J28-11.00 NWI
19 Yeung, Emma	11	Amador Valley	28-10.00 NWI
20 Varo, Ava	12	Dublin	28-09.25 NWI

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Finals ... (Girls Triple Jump Varsity)

Name	Yr	School	Finals
21 Rajkumar, Shalini	11	Dougherty Valley	28-09.00 NWI
22 Oka, Yuna	9	California (Nc)	28-06.25 NWI
23 Webber, Corinne	11	Dublin	J28-06.25 NWI
24 Zou, Jiaen	11	Foothill (Nc)	27-10.00 NWI

Girls Shot Put Varsity

EBAL: 39-08 R 5/14/2016 Victoria Palma

EBAL: 39-08 R 2000 Amanda Patteson

34-08.25 NCS At-Large

Name	Yr	School	Finals
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Finals

1 Carlson, Alexys	11	Monte Vista	33-08.50
2 Iselen, Ehinomen	12	Dougherty Valley	32-03.50
3 Helfer, Avery	11	Monte Vista	32-01.00
4 Miller, Cate	11	Monte Vista	J32-01.00
5 De Frenchi, Sophie	10	Granada	J32-01.00
6 Khansa, Nora	12	Amador Valley	31-11.50
7 Horton, Olivia	10	California (Nc)	30-03.50
8 Kraft, Eleanor	11	Granada	29-11.00
9 Chavez-Cuellar, Alexis	11	Dougherty Valley	29-07.50
10 Fender, Hannah Autumn	12	Granada	28-08.50
11 Saxena, Mahi	11	Monte Vista	28-08.00
12 Hertz, Charlie	10	Granada	28-07.00
13 Scott, Jael	12	Dublin	28-00.00
14 Alcaide, Kaitlyn	11	Foothill (Nc)	27-07.00
15 Goldsmith, Ashley	10	California (Nc)	27-02.50
16 McCormick, Annia	12	Dougherty Valley	26-06.00
17 Ohmer, Taya	11	San Ramon Va	26-03.50
18 Kennedy, Katina	12	San Ramon Va	25-09.00
19 Gomes, Isabel	11	Granada	24-06.50
20 Stark, Lola	11	Granada	23-03.50
21 Zou, Jiaen	11	Foothill (Nc)	22-07.00
--- Parker, Laney	11	Amador Valley	FOUL

Girls Discus Throw Varsity

EBAL: 142-02 R 5/5/2018 Emily March

104-01 NCS At-Large

Name	Yr	School	Finals
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Finals

1 Helfer, Avery	11	Monte Vista	111-10.00 NCS
2 Carlson, Alexys	11	Monte Vista	111-04.00 NCS
3 Horton, Olivia	10	California (Nc)	99-02.00
4 Cannizzo, Emerson	11	Carondelet	99-00.00
5 Khansa, Nora	12	Amador Valley	94-02.00
6 Gomes, Isabel	11	Granada	93-03.00
7 Wong, Eliza	11	Monte Vista	88-06.00
8 Saxena, Mahi	11	Monte Vista	87-11.00
9 Chavez-Cuellar, Alexis	11	Dougherty Valley	85-09.00
10 Burdine, Rylee	11	California (Nc)	82-04.00
11 Kraft, Eleanor	11	Granada	80-10.00
12 Goldsmith, Ashley	10	California (Nc)	79-10.00
13 Addiego, Sophie	11	California (Nc)	79-09.00
14 Taulbee, Claire	12	Granada	79-01.00
15 Egbeni, Faith	12	San Ramon Va	75-07.00

16 Weatherton, Shayla	11	California (Nc)	75-01.00
17 Scott, Jael	12	Dublin	71-10.00
18 Spiller, Nicole	10	Granada	71-03.00
19 Hertz, Charlie	10	Granada	71-01.00
20 Zou, Jiakuan	11	Foothill (Nc)	70-01.00
21 Kennedy, Katina	12	San Ramon Va	69-05.00
22 Stark, Lola	11	Granada	68-01.00
23 Ohmer, Taya	11	San Ramon Va	65-05.00
24 Slack, Riley	11	California (Nc)	62-02.00

Girls 1600 Meter Run Frosh/Soph

Name	Yr	School	Finals
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Finals

1 Espinoza, Grace	9	Granada	5:39.48
2 Roesgen, Emily	9	San Ramon Va	5:47.01
3 Mustin, Ila	9	San Ramon Va	5:51.38
4 Long, Alexandra	10	San Ramon Va	5:53.91
5 Joson, Kenadi	10	San Ramon Va	5:55.12
6 Shah, Alyssa	10	Dougherty Valley	5:55.88
7 Nayyar, Kiran	10	Dublin	5:57.25
8 Murray, Hailee	9	Livermore (N)	5:57.40
9 Pombo, Alicia	10	California (Nc)	5:58.23
10 Wong, Sienna	10	Monte Vista	5:58.89
11 Natraj, Anusha	9	Dougherty Valley	6:00.25
12 Alzayyata, Leamar	9	Foothill (Nc)	6:00.47
13 Gadelha, Christina	9	Granada	6:02.57
14 Nuthi, Varshaa	10	Dougherty Valley	6:02.93
15 Reddi, Leila	9	Dublin	6:03.56
16 Condon, Kaitlyn	10	Carondelet	6:03.99
17 Leach, Brooklyn	9	San Ramon Va	6:04.81
18 Krishnan, Ananya	10	Dougherty Valley	6:09.64
19 Patel, Kaavya	10	Granada	6:09.74
20 Martinez, Alyson	10	Dublin	6:15.94
21 Davalle, Sierra	9	San Ramon Va	6:39.28

Girls 4x100 Meter Relay Frosh/Soph

Team	Relay	Finals
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Finals

1 Granada (Nc)		53.39
1) Cheney, Addison 9	2) Miller, Sophia 10	
3) Kowal, Isabella 10	4) Parr, Megan 9	
2 Foothill (Nc)		53.76
1) Claitman, Alison 10	2) McHugh, Avery 10	
3) Mello, Audrey 9	4) Diwan, Mira 9	
3 California (Nc)		54.81
1) Dalmada, Jacqueline 9	2) Hong, Mia 9	
3) Prasad, Karina 9	4) Mahajan, Anya 9	
4 Emerald (Nc)		56.76
1) Nanda, Aastha 9	2) Natochy, Leila 9	
3) Tsang, Carmen 9	4) Kamboj, Shreeya 9	
5 Carondelet (Nc)		57.18
1) Zuniga, Miranda 9	2) Willett, Kira 9	
3) Tomaselli, Grace 9	4) Babby, Patsy 10	
6 Dublin (Nc)		58.22
1) Gupta, Jaanya 9	2) Perez Torres, Sara 10	
3) Siacunco, Audrey 9	4) Zhao, Jenna 9	

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Finals ... (Girls 4x100 Meter Relay Frosh/Soph)

Team	Relay	Finals
7 Dougherty Valley (Nc)		58.56
1) Malali, Diya 9	2) Gupta, Adya 9	
3) Kancharla, Nandini 9	4) Philar, Reva 9	
--- Amador Valley (Nc)		DNF
1) Vemula, Laasya 9	2) Yang, Allyson 9	
3) Gapol, Hunter 10	4) Meonske, Kelena 9	

Girls Long Jump Frosh/Soph

Name	Yr	School	Finals
Finals			
1 DeZao, Alana	10	California (Nc)	13-06.00 NWI
2 Kimball, Rebecca	9	Carondelet	13-04.50 NWI
3 Nguyen, Karen	10	California (Nc)	13-03.00 NWI
4 Nazir, Amaya	9	Dougherty Valley	12-08.00 NWI
5 Jones Katona, Kylie	10	San Ramon Va	12-05.50 NWI
5 Sarwar, Anya	9	Dublin	12-05.50 NWI
7 Chen, Emylee	9	Amador Valley	12-04.25 NWI
8 Darisala, Tamira	10	Granada	12-02.50 NWI
9 Masse, Sierra	9	Emerald (Nc)	11-09.00 NWI
9 Medina-Cuento, Annika	10	Granada	11-09.00 NWI
9 Silz, Scarlett	9	Granada	11-09.00 NWI
12 Gudisay, Apoorva	10	California (Nc)	11-08.00 NWI
13 Yang, Allyson	9	Amador Valley	11-07.50 NWI
14 Zuniga, Miranda	9	Carondelet	11-06.50 NWI
15 Lai, Eunice	9	Dublin	11-05.00 NWI
16 Akkipeddi, Pragnya	10	California (Nc)	11-02.50 NWI
17 Gomez-Aslanian, Amara	10	Granada	11-00.50 NWI

Boys 100 Meter Dash Varsity

EBAL: 10.60 R 2003 D.J. Smith
11.03 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Jefferson, Jaden	10	De La Salle	10.40 NCS
2 Faavae, Toa	11	De La Salle	10.58 NCS
3 Guerrero, Johnathan	12	De La Salle	10.74 NCS
4 Yang, Aaron	12	Dougherty Valley	10.81 NCS
5 Speight, Emery	10	De La Salle	10.81 NCS
6 Jones-Drew, Duece	9	De La Salle	10.87 NCS
7 Taylor, Luke	10	California (Nc)	11.01 NCS
8 Ladner, Matthew	12	Granada	11.04 5.6
9 Wilson, Kai	11	De La Salle	11.31 2.6
10 Rogers, Dylan	10	De La Salle	11.32 2.6
11 Bongiorno, Ryan	12	Foothill (Nc)	11.36 2.6
12 Robinson, Kamarri	11	Livermore (N)	11.36 2.6
13 Dattilo, Landon	11	Granada	11.41 2.6
14 Banzon, Vincent	11	Dougherty Valley	11.43 2.6
15 Scott, Owen	11	San Ramon Va	11.44 2.6
16 Ahmer, Syed Ali	11	Dublin	11.50 -0.3
17 Luckey, Jhadis	10	California (Nc)	11.50 -0.3
18 Srivastava, Ashmit	10	Dougherty Valley	11.58 -0.3
19 Kumar, Nishad	12	San Ramon Va	11.58 2.6
20 Kelley, Dominic	11	De La Salle	11.59 -0.3
21 Bowring, Webber	11	San Ramon Va	11.66 -1.2

22 Pleis, Kaleb	11	San Ramon Va	11.75 -1.2
23 Flores, Diego	12	Livermore (N)	11.75 -0.3
24 Hoffman, Holden	12	Livermore (N)	11.83 -0.3
25 Fasshauer, Nick	12	California (Nc)	11.84 -1.2

Boys 200 Meter Dash Varsity

EBAL: 21.47 R 2003 D.J. Smith
22.50 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Jefferson, Jaden	10	De La Salle	21.12 NCS
2 Peters, Owen	11	Monte Vista	21.48 NCS
3 Nicholas, Jayden	10	De La Salle	21.88 NCS
4 Payne, Zach	11	Foothill (Nc)	21.99 NCS
5 Faavae, Toa	11	De La Salle	22.01 NCS
6 Jones-Drew, Duece	9	De La Salle	22.27 NCS
6 Speight, Emery	10	De La Salle	22.27 NCS
8 Arevalo, Joshua	12	Dublin	22.29 NCS
9 Waiters Jr., Ladell	9	California (Nc)	22.33 NCS
10 Taylor, Luke	10	California (Nc)	22.57 5.0
11 Yang, Aaron	12	Dougherty Valley	22.71 1.9
12 Ladner, Matthew	12	Granada	22.78 5.4
13 Gholson, Wesley	11	De La Salle	22.92 1.9
14 Rogers, Dylan	10	De La Salle	22.93 5.4
15 Kelley, Dominic	11	De La Salle	23.01 5.4
16 Howard, Chase	10	Monte Vista	23.12 1.9
17 Ling, Ethan	11	Amador Valley	23.14 5.4
18 Lee, Joshua	11	Dublin	23.18 5.4
19 Bongiorno, Ryan	12	Foothill (Nc)	23.25 1.9
20 Robinson, Kamarri	11	Livermore (N)	23.42 1.9
21 Dattilo, Landon	11	Granada	23.85 1.9
22 Rajoura, Ranveer	12	Foothill (Nc)	25.48 1.9
--- Guerrero, Johnathan	12	De La Salle	DNF 5.0

Boys 400 Meter Dash Varsity

EBAL: 47.64 R 2006 David Klech
50.69 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Nicholas, Jayden	10	De La Salle	49.28 NCS
2 Payne, Zach	11	Foothill (Nc)	49.55 NCS
3 Peters, Owen	11	Monte Vista	49.68 NCS
4 Karnik, Shiven	12	Foothill (Nc)	49.83 NCS
5 Arevalo, Joshua	12	Dublin	50.59 NCS
6 Ling, Ethan	11	Amador Valley	51.18
7 McMullen, Chase	11	San Ramon Va	51.36
8 Atwal, Ruhaan	11	Granada	51.81
9 Ralston, Liam	12	San Ramon Va	51.89
10 Deitsch, Dylan	11	San Ramon Va	51.94
11 Williams, Aiden	10	California (Nc)	52.21
12 Boyd, Bryce	9	Dublin	52.27
13 Dellinger, Ashlan	11	San Ramon Va	52.31
14 Gholson, Wesley	11	De La Salle	52.39
15 Lane, Logan	9	Dublin	52.72
16 Howard, Chase	10	Monte Vista	52.85
17 Farro, Josh	10	De La Salle	53.30

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Finals ... (Boys 400 Meter Dash Varsity)

Name	Yr	School	Finals
18 Davis, Robert	10	Dublin	53.35
19 Spies, Aidan	12	Dublin	53.78
20 Kumaran, Srivath	10	Dougherty Valley	54.24
21 Surridge, Colin	12	Foothill (Nc)	54.28
22 Ayerdis, Maddox	9	Dublin	54.56
--- Rajoura, Ranveer	12	Foothill (Nc)	FS
--- Udeh, Ikembuchukwu	11	De La Salle	DNF

Boys 800 Meter Run Varsity

EBAL: 1:53.89 R 2009 Kevin Griffith
2:00.16 NCS At-Large

Name	Yr	School	Finals
1 Sagiraju, Arrin	11	Dougherty Valley	1:53.57R NCS
2 Benard, Elias	12	Foothill (Nc)	1:56.47 NCS
3 Camacho, Jacob	12	Amador Valley	1:56.52 NCS
4 Boutaleb, Elias	11	Dougherty Valley	1:57.01 NCS
5 DeCoite, Brennan	11	Foothill (Nc)	1:57.20 NCS
6 Stone, Aidan	12	Dublin	1:58.19 NCS
7 Dube, Aidan	11	California (Nc)	1:58.42 NCS
8 Hekl, Thomas	10	Amador Valley	1:58.66 NCS
9 Schade, Aleksander	12	Granada	1:58.94 NCS
10 Karnik, Shiven	12	Foothill (Nc)	1:59.69 NCS
11 Rajesh, Prithvij	12	Amador Valley	1:59.69 NCS
12 Coats, Duke	10	San Ramon Va	1:59.75 NCS
13 Cuevas Gomez, Adrian	12	Granada	1:59.93 NCS
14 Bliss, Carter	11	Dougherty Valley	2:00.27
15 Gan, Tristan	11	Dublin	2:00.86
16 Zutshi, Tanish	11	Dublin	2:01.04
17 Glueck, Joshua	11	De La Salle	2:02.51
18 Jones, Nicholas	11	Dougherty Valley	2:02.63
19 Prabhu, Ronak	11	Monte Vista	2:02.78
20 Imbo, Jeremy	9	Dublin	2:03.31
21 TozulAhmad, Noor	11	Dougherty Valley	2:03.65
22 Lee, Jake	11	De La Salle	2:04.59
23 Klokkenga, Alex	11	Amador Valley	2:05.51
24 Tozulahmad, Robi	11	Dougherty Valley	2:05.54
25 Tirrell, Andrew	12	California (Nc)	2:06.18
26 Sachdeva, Rishab	11	Monte Vista	2:08.29

Boys 1600 Meter Run Varsity

EBAL: 4:10.44 R 2014 Blair Hurlock
4:25.58 NCS At-Large

Name	Yr	School	Finals
1 Sagiraju, Arrin	11	Dougherty Valley	4:14.07 NCS
2 Schade, Aleksander	12	Granada	4:16.67 NCS
3 Benard, Elias	12	Foothill (Nc)	4:17.39 NCS
4 Bromley, Erik	12	Granada	4:18.86 NCS
5 Stone, Aidan	12	Dublin	4:19.08 NCS
6 Caldwell, Trey	11	De La Salle	4:20.84 NCS
7 DeCoite, Brennan	11	Foothill (Nc)	4:23.96 NCS
8 Singh, Eshaan	12	Granada	4:24.18 NCS
9 Gray, Tanner	12	Granada	4:25.50 NCS

10 Murray, Tadhg	11	De La Salle	4:26.46
11 Brandeis, Owen	11	Monte Vista	4:28.32
12 Pruitt, Andrew	12	California (Nc)	4:29.29
13 Lowe, Cooper	10	Monte Vista	4:29.68
14 Choi, Won	12	Dublin	4:30.33
15 Wogsland, Everett	11	Amador Valley	4:31.23
16 Williams, Jack	11	San Ramon Va	4:31.68
17 Cuevas Gomez, Adrian	12	Granada	4:32.53
18 Mikhael, George	11	Granada	4:33.93
19 Versteeg, Aiden	10	Amador Valley	4:34.28
20 Kumar, Mayank	12	Dublin	4:34.36
21 Raju, Sattvik	10	Amador Valley	4:43.68
22 Rosicker, Edmundas	11	Dougherty Valley	4:44.06
23 Nellis Torres, Gabriel	12	Granada	4:45.00
24 Durban, Josh	11	Granada	4:53.17

Boys 3200 Meter Run Varsity

EBAL: 9:00.50 R 1975 Roy Kissin
9:24.14 NCS At-Large

Name	Yr	School	Finals
1 Caldwell, Trey	11	De La Salle	9:17.33 NCS
2 Sagiraju, Arrin	11	Dougherty Valley	9:32.84
3 Herrerias, Desi	12	San Ramon Va	9:33.29
4 Bromley, Erik	12	Granada	9:33.39
5 Cafaro, Mateo	10	Monte Vista	9:33.72
6 Gill Gulati, Arran	11	Amador Valley	9:36.63
7 Hussain, Eshaan	11	California (Nc)	9:37.51
8 Gray, Tanner	12	Granada	9:37.66
9 Salter, Heath	10	De La Salle	9:39.70
10 Brandeis, Owen	11	Monte Vista	9:43.66
11 Murray, Tadhg	11	De La Salle	9:47.38
12 Singh, Eshaan	12	Granada	9:48.33
13 Versteeg, Aiden	10	Amador Valley	9:48.50
14 Lalani, Zayaan	11	Dublin	9:48.82
15 Mikhael, George	11	Granada	9:49.16
16 Santhiapillai, Daniel	10	Dublin	9:50.03
17 McLaughlin, Jacob	12	Granada	9:54.09
18 Choi, Won	12	Dublin	9:59.34
19 Zutshi, Tanish	11	Dublin	10:07.24
20 TozulAhmad, Noor	11	Dougherty Valley	10:09.98
21 Cuevas Gomez, Adrian	12	Granada	10:17.31
22 Mills-Lawrence, Jonathan	11	California (Nc)	10:18.72
23 Raju, Sattvik	10	Amador Valley	10:26.59
24 Ding, Ethan	12	Amador Valley	10:42.95

Boys 110 Meter Hurdles Varsity

EBAL: 13.99 R 2006 David Klech
15.55 NCS At-Large

Name	Yr	School	Finals
1 Maddox, Nathaniel	11	Dublin	14.86 NCS
2 Cenido, Darrell	12	De La Salle	15.22 NCS
3 Boeschstein, Ej	11	Foothill (Nc)	15.49 NCS
4 Young, Chase	9	De La Salle	15.64 -0.4
5 Featherstone, Jordan	12	Livermore (N)	15.75 -0.4

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Finals ... (Boys 110 Meter Hurdles Varsity)

Name	Yr	School	Finals
6 Adamos, Aaron	11	Dublin	15.80 -0.4
7 Bridgeman, Devyn	11	De La Salle	15.85 -0.4
8 Finn, Desmond	11	Amador Valley	16.73 -0.8
9 Tochilnik, Daniel	12	Monte Vista	16.89 -0.8
10 Ranjit, Dhruv	9	Amador Valley	17.00 -0.8
11 Raja, Karthikram	12	Foothill (Nc)	17.02 -0.8
12 Chaudhary, Muhammad Hass:	12	Foothill (Nc)	17.14 -0.8
13 Chu, Alex	12	Dougherty Valley	17.20 -0.8
14 bennett, cayden	10	Dublin	17.21 -0.8
15 Manjrekar, Shriyan	11	Dublin	17.22 -0.8
16 Brown, Garrett	9	Amador Valley	17.89 -1.9
17 Wineinger, Wesley	11	California (Nc)	17.99 -1.9
18 Jinkoji, Kyto	10	Granada	18.21 -1.9
19 Rekabi, Matteen	11	California (Nc)	18.32 -1.9
20 Le, Mason	9	Dublin	18.40 -1.9
21 Roxas, Shawn	12	Dougherty Valley	18.53 -1.9
22 Carter, Luke	10	Amador Valley	18.55 -1.9
23 Balla, Vishwas	12	California (Nc)	18.95 -1.9
--- King, Markese	11	De La Salle	DNF -0.4

Boys 300 Meter Hurdles Varsity

EBAL: 36.63 R 2005 David Klech
41.43 NCS At-Large

Name	Yr	School	Finals
1 Boeschstein, Ej	11	Foothill (Nc)	39.05 NCS
2 Young, Chase	9	De La Salle	40.38 NCS
3 Cenido, Darrell	12	De La Salle	40.48 NCS
4 Tochilnik, Daniel	12	Monte Vista	41.24 NCS
5 Wineinger, Wesley	11	California (Nc)	41.37 NCS
6 King, Markese	11	De La Salle	41.93
7 Zong, Weston	12	Amador Valley	42.34
8 Raja, Karthikram	12	Foothill (Nc)	42.43
9 Manjrekar, Shriyan	11	Dublin	42.69
10 Bridgeman, Devyn	11	De La Salle	43.10
11 Adamos, Aaron	11	Dublin	43.44
12 Ahmer, Syed Ali	11	Dublin	43.54
13 Maddox, Nathaniel	11	Dublin	43.57
14 Balla, Vishwas	12	California (Nc)	43.77
15 Neirmeyer, Brandon	12	Granada	44.00
16 Brown, Garrett	9	Amador Valley	44.01
17 Chaudhary, Muhammad Hass:	12	Foothill (Nc)	44.56
18 Jinkoji, Kyto	10	Granada	44.67
19 bennett, cayden	10	Dublin	44.70
20 Finn, Desmond	11	Amador Valley	45.59
21 Ranjit, Dhruv	9	Amador Valley	45.69
22 Le, Mason	9	Dublin	45.85
23 Roxas, Shawn	12	Dougherty Valley	46.97

Boys 4x100 Meter Relay Varsity

EBAL: 41.71 R 2013 Amador Valley
White, Charles, Slaton, Roberson
43.34 NCS At-Large

Team	Relay	Finals
Finals		
1 De La Salle (Nc)		41.71R NCS
1) Jefferson, Jaden 10	2) Nicholas, Jayden 10	
3) Guerrero, Johnathan 12	4) Faavae, Toa 11	
2 California (Nc)		43.09 NCS
1) Williams, Aiden 10	2) Taylor, Luke 10	
3) Luckey, Jhadis 10	4) Waiters Jr., Ladell 9	
3 Granada (Nc)		43.09 NCS
1) Dattilo, Landon 11	2) Hahn, Haven 11	
3) Atwal, Ruhaan 11	4) Ladner, Matthew 12	
4 San Ramon Valley (Nc)		43.36
1) Garibaldi, Matthew 11	2) Scott, Owen 11	
3) Deitsch, Dylan 11	4) Bowring, Webber 11	
5 Foothill (Nc)		43.74
1) Salehi, Yousef 12	2) Bongiorno, Ryan 12	
3) Karnik, Shiven 12	4) Payne, Zach 11	
6 Dougherty Valley (Nc)		44.39
1) Yang, Aaron 12	2) Srivastava, Ashmit 10	
3) Sun, Chris 11	4) okere, ernest 9	
7 Amador Valley (Nc)		44.85
1) Ling, Ethan 11	2) Stout, Benjamin 11	
3) Harrington, Anthony 10	4) Samanta, Reyansh 11	
8 Monte Vista (Nc)		44.89
1) Howard, Chase 10	2) Tochilnik, Daniel 12	
3) Dash, Rohit 9	4) Peters, Owen 11	
--- Livermore (Nc)		DNF
1) Flores, Diego 12	2) Hoffman, Holden 12	
3) Robinson, Kamarri 11	4) Valverde, Diego 11	
--- Dublin (Nc)		DQ
1) Ahmer, Syed Ali 11	2) Addala, Srivishnu 11	
3) Lee, Joshua 11	4) Adamos, Aaron 11	

Boys 4x400 Meter Relay Varsity

EBAL: 3:16.91 R 2013 Amador Valley
Charles, McKinnon, Roberson, Slaton
3:27.67 NCS At-Large

Team	Relay	Finals
Finals		
1 De La Salle (Nc)		3:28.12
1) Rogers, Dylan 10	2) Young, Chase 9	
3) Kelley, Dominic 11	4) Gholson, Wesley 11	
2 San Ramon Valley (Nc)		3:28.67
1) Dellinger, Ashlan 11	2) Ralston, Liam 12	
3) Coats, Duke 10	4) McMullen, Chase 11	
3 Amador Valley (Nc)		3:29.60
1) Camacho, Jacob 12	2) Hekl, Thomas 10	
3) Ling, Ethan 11	4) Samanta, Reyansh 11	
4 Foothill (Nc)		3:29.62
1) Karnik, Shiven 12	2) Turkhan, Devin 11	
3) Surridge, Colin 12	4) Payne, Zach 11	

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Results

Finals ... (Boys 4x400 Meter Relay Varsity)

Team	Relay	Finals
5 Dublin (Nc)		3:31.03
1) Arevalo, Joshua 12	2) Lane, Logan 9	
3) Boyd, Bryce 9	4) Spies, Aidan 12	
6 Monte Vista (Nc)		3:33.16
1) Howard, Chase 10	2) Tochilnik, Daniel 12	
3) Dash, Rohit 9	4) Peters, Owen 11	
7 California (Nc)		3:37.27
1) Taylor, Luke 10	2) Wineinger, Wesley 11	
3) Williams, Aiden 10	4) Henderson, Noah 12	
8 Dougherty Valley (Nc)		3:40.29
1) Kumaran, Srivath 10	2) Boutaleb, Elias 11	
3) Bliss, Carter 11	4) Krishna, Rohit 12	
9 Livermore (Nc)		3:53.28
1) Benson, Matthew 11	2) Indrebo, Joel 12	
3) Valverde, Diego 11	4) Robinson, Kamarri 11	

Boys 4x800 Meter Relay Varsity
EBAL: 8:15.22 R 5/3/2024 **Dougherty Valley (Nc)**
S Badcock, A Richards, A Sagiraju, C Bliss

Team	Relay	Finals
Finals		
1 Foothill (Nc)		8:18.28
1) Benard, Elias 12	2) DeCoite, Brennan 11	
3) Rosado, Diego 12	4) Chavez, Nolan 11	
2 Dublin (Nc)		8:22.71
1) Gan, Tristan 11	2) Wong, Kaden 12	
3) Imbo, Jeremy 9	4) Kumar, Mayank 12	
3 Amador Valley (Nc)		8:28.69
1) Ilkal, Azim 12	2) Klokkenga, Alex 11	
3) Rajesh, Prithvij 12	4) Gondkoff, Jared 12	
4 Monte Vista (Nc)		8:31.04
1) Lowe, Cooper 10	2) Prabhu, Ronak 11	
3) Sachdeva, Rishab 11	4) Tieu, Leo 11	
5 Granada (Nc)		8:45.85
1) Chen, Hastin 11	2) Durban, Josh 11	
3) Eichenberger, Matthew 11	4) Nellis Torres, Gabriel 12	
6 San Ramon Valley (Nc)		9:04.80
1) Benhamida, Abbas 11	2) Morales, Nicolas 9	
3) Sadur, Brandon 12	4) Williams, Jack 11	
7 California (Nc)		9:13.88
1) Lemmon, Blake 12	2) Tirrell, Andrew 12	
3) Pruitt, Andrew 12	4) Dube, Aidan 11	

Boys High Jump Varsity
EBAL: 6-11.25 R 2006 **Brendon Adams**
6-00.00 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Noel, Dwayne	12	Livermore (N)	6-02.00 NCS
2 Tse, Jourdan	11	Dougherty Valley	6-00.00 NCS
3 Borromeo, Riven	12	Dougherty Valley	J6-00.00 NCS
4 Featherstone, Jordan	12	Livermore (N)	J6-00.00 NCS
5 Pleis, Kaleb	11	San Ramon Va	5-10.00
5 Stout, Benjamin	11	Amador Valley	5-10.00

7 Ricketts, Leo	12	De La Salle	J5-10.00
8 Baugh, Tyson	11	San Ramon Va	5-08.00
8 Indrebo, Joel	12	Livermore (N)	5-08.00
10 Martz, Alessandro	11	Livermore (N)	J5-08.00
11 Valverde, Diego	11	Livermore (N)	5-06.00
11 Chui, Colton	11	Dougherty Valley	5-06.00
13 Surridge, Colin	12	Foothill (Nc)	J5-06.00
13 Chiu, Preston	12	Dublin	J5-06.00
13 Benson, Matthew	11	Livermore (N)	J5-06.00
--- Amare, Brook	12	Foothill (Nc)	NH
--- Zavala, Sebastian	11	Dublin	NH
--- Light, Jeremy	10	Amador Valley	NH
--- Lininger, Zachary	10	Livermore (N)	NH
--- Roe, Tyler	12	Livermore (N)	NH
--- Phan, Daveian	11	Livermore (N)	NH

Boys Pole Vault Varsity
EBAL: 16-03 R 2008 **Justin Miller**
12-08.00 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Loo, Matthew	11	Dublin	13-02.00 NCS
2 Sun, Chris	11	Dougherty Valley	J13-02.00 NCS
3 Gilbert, Nathaniel	11	Monte Vista	12-08.00 NCS
4 Buskirk, Andrew	10	San Ramon Va	J12-08.00 NCS
5 Chang, Leo	10	Dublin	J12-08.00 NCS
6 Passey, Drew	11	San Ramon Va	12-02.00
7 Brown, Nikolas	9	San Ramon Va	J12-02.00
8 Lo, Curtis	11	San Ramon Va	11-08.00
9 Hong, Jeremiah	11	Monte Vista	11-02.00
10 Tibunsay, Cameron	10	Dublin	J11-02.00
11 Eftekhar, Amir	10	Dublin	J11-02.00
12 Tieu, Tyson	11	Dougherty Valley	J11-02.00
13 Houston, Noah	11	San Ramon Va	J11-02.00
14 Shabazian, Michael	12	Dougherty Valley	J11-02.00
15 Accornero, Nicholas	10	Amador Valley	10-08.00
15 Rakapali, Rishit	10	Amador Valley	10-08.00
17 Dickson, Sam	11	Monte Vista	J10-08.00
18 Stavrianaopoulo, Christian	11	San Ramon Va	J10-08.00
19 Kogoma, Spencer	11	California (Nc)	10-02.00
20 Balla, Suhas	11	California (Nc)	J10-02.00
21 Reyes, Dylan	11	Monte Vista	J10-02.00
22 Gray, Chris	9	Dublin	J10-02.00
22 McGowan, Miles	11	Dublin	J10-02.00
24 Chee, William	12	Dublin	J10-02.00
--- Lee, Anderson	11	Monte Vista	NH
--- Tsui, Albert	12	Monte Vista	NH
--- Colley, Ethan	11	Dublin	NH

Boys Long Jump Varsity
EBAL: 23-03 R 1971 **Emil Shatter**
21-06.75 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Boeschstein, Ej	11	Foothill (Nc)	22-01.00 NCS
2 Maddox, Nathaniel	11	Dublin	21-07.75 NCS

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Finals ... (Boys Long Jump Varsity)

Name	Yr	School	Finals
3 Pleis, Kaleb	11	San Ramon Va	21-06.00 NWI
4 okere, Ernest	9	Dougherty Valley	20-09.50 NWI
5 Dean, Anthony	11	De La Salle	20-04.50 NWI
6 Ricketts, Leo	12	De La Salle	J20-04.50 NWI
7 O'Donoghue, Mikey	11	Foothill (Nc)	19-11.00 NWI
8 Shen, Jeffery	11	Dougherty Valley	19-10.75 NWI
9 Luckey, Jhadis	10	California (Nc)	19-09.25 NWI
10 Srivastava, Ashmit	10	Dougherty Valley	19-06.50 NWI
11 Baugh, Tyson	11	San Ramon Va	19-06.25 NWI
12 Mathis, Connor	10	Granada	19-04.75 NWI
13 Chiu, Preston	12	Dublin	19-03.50 NWI
14 Shapiro, Scott	11	San Ramon Va	18-11.75 NWI
15 Cole, Adonis	12	De La Salle	18-09.50 NWI
16 Ortiz, John	12	Dublin	18-09.25 NWI
17 Liao, Anderson	11	Granada	18-09.00 NWI
18 Manjrekar, Shriyan	11	Dublin	18-07.75 NWI
19 Bongiorno, Ryan	12	Foothill (Nc)	18-07.50 NWI
20 Raja, Karthikram	12	Foothill (Nc)	18-06.50 NWI
21 Brown, Nikolas	9	San Ramon Va	18-04.75 NWI
22 Ranjit, Dhruv	9	Amador Valley	18-03.00 NWI
23 Chui, Colton	11	Dougherty Valley	J18-03.00 NWI
24 Scott, Owen	11	San Ramon Va	17-09.25 NWI
25 Bowring, Webber	11	San Ramon Va	17-07.50 NWI
26 Amare, Brook	12	Foothill (Nc)	17-02.00 NWI
27 Le, Mason	9	Dublin	16-09.25 NWI
28 Zavala, Sebastian	11	Dublin	16-07.75 NWI
29 Ayerdis, Maddox	9	Dublin	16-05.25 NWI

Boys Triple Jump Varsity

EBAL: 47-01.25 R 1983 John Sheck
42-09.50 NCS At-Large

Name	Yr	School	Finals
1 Dean, Anthony	11	De La Salle	46-08.00 NCS
2 Maddox, Nathaniel	11	Dublin	43-06.25 NCS
3 Baugh, Tyson	11	San Ramon Va	42-01.50 NWI
4 Cole, Adonis	12	De La Salle	41-09.25 NWI
5 Shen, Jeffery	11	Dougherty Valley	41-04.75 NWI
6 Ricketts, Leo	12	De La Salle	41-04.25 NWI
7 Chiu, Preston	12	Dublin	40-10.75 NWI
8 Tippit, Kevin	10	Foothill (Nc)	40-04.75 NWI
9 Manjrekar, Shriyan	11	Dublin	39-09.25 NWI
10 Raja, Karthikram	12	Foothill (Nc)	J39-09.25 NWI
11 Mathis, Connor	10	Granada	39-07.50 NWI
12 Shapiro, Scott	11	San Ramon Va	39-03.00 NWI
13 Zavala, Sebastian	11	Dublin	37-06.50 NWI
14 Brown, Garrett	9	Amador Valley	37-01.75 NWI
15 Islas, Gustavo	12	Amador Valley	36-09.75 NWI
16 Avalos, Sammy	11	San Ramon Va	36-07.50 NWI
17 Liang, Ethan	11	Amador Valley	36-02.50 NWI
18 Olebe, Anthony	11	Amador Valley	35-10.00 NWI
19 Le, Mason	9	Dublin	35-02.00 NWI
20 Kwan, Stuart	11	Dublin	34-05.75 NWI

Boys Shot Put Varsity

EBAL: 65-02.50 R 5/7/2016 Nathan Esparza
48-00.00 NCS At-Large

Name	Yr	School	Finals
1 Kerezi, Dawson	11	Granada	49-02.50 NCS
2 Thorpe, Xavier	12	Livermore (N)	46-03.50
3 Robinson, Ace	11	De La Salle	44-04.50
4 Smoak, Chandler	11	Livermore (N)	43-06.50
5 Kapadia, Aarav	12	Amador Valley	43-01.00
6 Strait, Kyle	11	Granada	42-03.50
7 Yang, Christopher	12	Foothill (Nc)	42-03.00
8 Bruce, Zach	10	California (Nc)	41-05.00
9 Hernan, Connor	12	Foothill (Nc)	J41-05.00
10 Houston, Noah	11	San Ramon Va	41-03.00
11 Williams, Colton	11	Granada	40-08.00
12 Armas, Emmanuel	9	Dublin	40-06.00
13 Viliami, Fisiiahi	12	Granada	40-05.00
14 Hydrick, Joshua	11	Granada	40-04.00
15 Soares, Shane	11	Amador Valley	39-11.50
16 Ouzounian, Anthony	11	Monte Vista	39-10.50
17 Asiasi, DJ	11	De La Salle	39-02.00
18 Mendell, Brandon	11	Monte Vista	39-01.00
19 White, Mitchell	11	California (Nc)	38-01.00
20 Gray, Tyler	10	Dublin	38-00.50
21 West, John	11	Livermore (N)	37-04.50
22 Rodriguez, Alejandro	11	San Ramon Va	37-01.00
23 McCord, Aaron	11	California (Nc)	36-10.50
24 Lorenzini, Jess	12	California (Nc)	36-08.50
25 Carlson, Magnus	10	California (Nc)	36-05.00
26 Jennings, Colin	11	Amador Valley	36-00.00
27 Wassie, Ali	11	Dougherty Valley	35-02.50
28 Hodges, Travis	11	Monte Vista	34-11.00
29 McCarn, Quinn	12	Foothill (Nc)	34-08.00
30 Mock, Evan	12	San Ramon Va	34-00.00
31 Dang, Derrick	10	California (Nc)	32-06.00

Boys Discus Throw Varsity

EBAL: 185-11.50 R 5/14/2016 Nathan Esparza
134-08 NCS At-Large

Name	Yr	School	Finals
1 Smoak, Chandler	11	Livermore (N)	150-03.00 NCS
2 Bruce, Zach	10	California (Nc)	144-08.00 NCS
3 Asiasi, DJ	11	De La Salle	137-07.00 NCS
4 Viri, Joseph	12	Granada	130-10.00
5 Mock, Evan	12	San Ramon Va	130-02.00
6 Thorpe, Xavier	12	Livermore (N)	125-00.00
7 Kapadia, Aarav	12	Amador Valley	124-06.00
8 Soares, Shane	11	Amador Valley	119-05.00
9 Hernan, Connor	12	Foothill (Nc)	118-09.00
10 Petlansky, Justin	12	Monte Vista	118-06.00
11 Gray, Tyler	10	Dublin	118-00.00
12 Williams, Colton	11	Granada	117-11.00
13 Lorenzini, Jess	12	California (Nc)	117-10.00

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Finals ... (Boys Discus Throw Varsity)

Name	Yr	School	Finals
14	Dang, Derrick	10 California (Nc)	117-02.00
15	Strait, Kyle	11 Granada	115-10.00
16	McCord, Aaron	11 California (Nc)	113-07.00
17	Freitas, Joseph	12 Granada	113-04.00
18	Rodriguez, Alejandro	11 San Ramon Va	112-06.00
19	Beltran, Emilio	11 California (Nc)	111-05.00
20	Price, Connor	12 Monte Vista	110-03.00
21	Hydrick, Joshua	11 Granada	108-08.00
22	Kerezsi, Dawson	11 Granada	103-02.00
23	Harris, Lael	11 Amador Valley	101-03.00
24	Mendell, Brandon	11 Monte Vista	98-00.00
25	White, Mitchell	11 California (Nc)	96-06.00
26	Houston, Noah	11 San Ramon Va	95-08.00
27	Eltho, Jeremy	12 San Ramon Va	95-02.00
28	Ahmed, Zafir	10 California (Nc)	93-09.00
29	Garcia, Luke	11 San Ramon Va	89-07.00
30	Hodges, Travis	11 Monte Vista	88-05.00
31	Bumpus, Soren	11 Granada	82-06.00
32	Yang, Christopher	12 Foothill (Nc)	80-04.00
33	McCarn, Quinn	12 Foothill (Nc)	75-09.00
---	Chiarelli, Daniel	12 San Ramon Va	FOUL
---	Carlson, Magnus	10 California (Nc)	FOUL
---	Jennings, Colin	11 Amador Valley	FOUL

Boys 1600 Meter Run Frosh/Soph

Name	Yr	School	Finals
1	Burleson, Ben	10 San Ramon Va	4:43.13
2	Gaber, Dillon	10 De La Salle	4:43.88
3	Accardo, Danny	10 De La Salle	4:44.42
4	Bertrand, Matthew	10 Granada	4:49.62
5	Pringle, Alex	9 De La Salle	4:51.00
6	Jain, Akash	10 Dublin	4:51.36
7	Lloyd, Noah	9 Livermore (N	4:51.56
8	Buscho, Connor	9 Foothill (Nc)	4:51.60
9	Mendes de Oliveira, Gustavo	10 California (Nc)	4:52.71
10	Janyavula, Srikar	10 Dublin	4:53.17
11	Spinka, Joseph	10 Livermore (N	4:55.06
12	Hidalgo, Athaniel	10 San Ramon Va	4:55.24
13	Massa, Leonardo	10 De La Salle	4:57.05
14	Dasovich, Peter	9 Dougherty Valley	4:58.30
15	Mendoza, Brody	10 San Ramon Va	4:58.58
16	Lynn, Jacob	10 Foothill (Nc)	4:59.63
17	Kingston, Seamus	10 Monte Vista	5:02.46
18	Dasovich, Philip	9 Dougherty Valley	5:03.85
19	Meezan, Aaron	10 Granada	5:04.52
20	Cancilla, Hayden	10 Monte Vista	5:06.17
21	Lin, Jacob	10 Dougherty Valley	5:07.59
22	Lee, Zachary	10 Dougherty Valley	5:10.25
23	Garcia Diaz de Vivar, Jair Art	10 Dougherty Valley	5:24.69
24	Kamboj, Laksh	9 Dougherty Valley	5:24.91

Boys 4x100 Meter Relay Frosh/Soph

Team	Relay	Finals
Finals		
1	California (Nc)	45.61
	1) Varanini, Elijah 9	2) Balanay, Ayden 10
	3) Prabhu, Rohan 10	4) Brown, Darius 9
2	Granada (Nc)	47.61
	1) Silva, Sean 10	2) Duenas, Ismael 10
	3) De Vera, Gian 9	4) McCune, Amauri 10
3	Foothill (Nc)	47.76
	1) Shuga, Max 9	2) Misra, Viraj 10
	3) Lynn, James 10	4) Yamashita, Landon 9
4	Dublin (Nc)	47.79
	1) Poon, Ethan 9	2) Rahman, Umer 10
	3) calander, Gabriel 10	4) Wan, Rex 9
5	Dougherty Valley (Nc)	48.17
	1) Ung, Bryce 9	2) Nguyen, Matthew 10
	3) Aiyer, Aditya 10	4) Okwuegbe, Tobechei 10
6	Emerald (Nc)	48.97
	1) Pulanco, Daniel 9	2) Reddy Jukanti, Pranav 9
	3) Nadendla, Saipardhu 9	4) Young, Kapono 9
---	San Ramon Valley (Nc)	DNF
	1) Eichten, Cole 10	2) Dommies, Graham 10
	3) O'Guinn, Xavier 9	4) Scram, Ryan 10
---	Amador Valley (Nc)	DQ
	1) Munir, Muhriz 9	2) Kundu, Shriyan 10
	3) Samanta, Ekansh 9	4) Smiley, Ryan 10

Boys Discus Throw Frosh/Soph

Name	Yr	School	Finals
Finals			
1	Alltizer, Zane	10 San Ramon Va	89-07
2	Dhingra, Samarth	9 Foothill (Nc)	89-00
3	Raymond, Trevor	10 California (Nc)	87-01
4	Garcia, Ryan	9 San Ramon Va	83-02
5	Aumua, Nico	9 Granada	82-01
6	Leaverton, Ian	10 Granada	79-04
7	Montalvo, Vincent	10 Dublin	78-01
8	Cassiere, Zayan	10 Foothill (Nc)	76-03
9	Burrows, Temuulen	10 Dublin	76-02
10	Chojar, Sohun	9 Foothill (Nc)	73-06
11	Emett, Grady	9 San Ramon Va	71-05
12	Burkert, Finley	10 San Ramon Va	71-01
13	Srou, Julian	10 California (Nc)	70-11
14	Kothari, Krish	10 Granada	70-05
15	Castro, Grady	10 Livermore (N	69-08
16	Dunford, Cole	10 De La Salle	63-08

Boys 100 Meter Dash Unified

Name	Yr	School	Finals
Finals			
1	Ramirez, Diego	11 Livermore (N	J16.72 0.4
1	Valenton, Karl-Ioseph	11 Livermore (N	J16.86 0.4
2	Islas, Gustavo	12 Amador Valley	J16.76 0.4
2	Vathul, Anuraag	10 Amador Valley	J19.87 0.4

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Results

Boys Long Jump Unified

	Name	Yr	School	Finals
Finals				
1	Bocage, Jacob	11	Livermore (N	J6-07.00 NWI
1	Valenton, Karl-Ioseph	11	Livermore (N	J5-05.00 NWI
2	Olebe, Anthony	11	Amador Valley	J7-04.00 NWI
2	Vathul, Anuraag	10	Amador Valley	J3-05.00 NWI